

Title of Intervention: A "Driving Under the Influence" Class

Intervention Strategies: Group Education

Purpose of the Intervention: To improve driving under the influence (DUI) knowledge, attitudes and behavior

Population: Juveniles convicted of DUI

Setting: Contra Costa County, California; community-based

Partners: Contra Costa County Juvenile Probation Officers, Contra Costa Alcohol and Drug Abuse Council

Intervention Description:

- Group Education: An 18-hour educational series, The "Driving Under the Influence" class was held for three consecutive Saturdays for six hours each day. The curriculum included information on laws and consequences of DUI, alternatives to replace DUI and general and specific skills necessary to resist peer pressure for DUI.

Theory: Not mentioned

Resources Required:

- Staff/Volunteers: Not mentioned
- Training: Not mentioned
- Technology: Not mentioned
- Space: Room for education classes
- Budget: Not mentioned
- Intervention: Educational materials, teachers/facilitators
- Evaluation: Juvenile records, knowledge test, attitude scale, behavioral self report index

Evaluation:

- Design: Randomized Controlled Trial
- Methods and Measures:
 - A knowledge test dealing with impairment of driving performance, risk of injury, and legal consequences of DUI was given to the class participants.
 - DUI attitudes were measured by a scale developed specifically for this evaluation.
 - A reduction in repeat DUI convictions was assessed using data obtained from juvenile records.
 - Modification of DUI behavior was measured by a behavioral self report index.

Outcomes:

- Short Term Impact: A significant increase in DUI knowledge as a result of class participation was measured. Attitude results showed significant comparisons.
- Long Term Impact: The findings showed that class participation was associated with a substantial reduction in repeated DUI offenses.

Maintenance: Not mentioned

Lessons Learned: The findings demonstrate that the DUI education program likely had a substantial impact on reducing DUI offenses.

Citation(s):

Kooler, J. M. and W. H. Bruvold (1992). "Evaluation of an educational intervention upon knowledge, attitudes, and behavior concerning drinking/drugged driving." J Drug Educ 22(1): 87-100.