

**Title 19- DEPARTMENT OF HEALTH AND SENIOR SERVICES**  
**Division 30 – Division of Regulation and Licensure**  
**Chapter 40 – Comprehensive Emergency Medical Services Systems Regulations**

**PROPOSED AMENDMENT**

**19 CSR 30-40.600 Outside the Hospital Do-Not-Resuscitate (OHDNR).** The department is amending sections (1), (2), (3), (4), and adding section (5).

*PURPOSE: This amendment adds patients under the age of eighteen (18), patient representatives for patients under eighteen (18) years of age, individuals authorized to sign an outside the hospital do-not-resuscitate order form for patients under eighteen (18) years of age, and individuals authorized to revoke an outside the hospital do-not-resuscitate order form for patients under eighteen (18) years of age. This amendment adds when emergency medical services shall not comply with outside the hospital do-not-resuscitate orders and outside the hospital do-not-resuscitate protocol for patients under eighteen (18) years of age. This amendment also adds advanced emergency medical technicians and paramedics to the definition of emergency personnel. The amendment authorizes emergency medical services personnel to comply with the outside the hospital do-not-resuscitate protocol to withhold or withdraw cardiopulmonary resuscitation from the patient in the event of a cardiac or respiratory arrest when presented with the forms included herein for Alaska, Arkansas, Georgia, Indiana, New Mexico, and the Kansas-Missouri Transportable Physician Orders for Patient Preferences (TPOPP/POLST). The amendment also allows the attending physician to electronically sign the outside the hospital do-not-resuscitate order form. The amendment authorizes the properly executed outside the hospital do-not-resuscitate order form to be saved electronically. The amendment updates the outside the hospital do-not-resuscitate order form and instruction form that are included herein in the rule. The amendment also updates the revision date of the State Operations Manual Appendix V.*

(1) As used in this rule, the following terms shall mean:

(D) “Emergency medical services personnel,” paid or volunteer firefighters, law enforcement officers, first responders, emergency medical technicians, **advanced emergency medical technicians, paramedics**, or other emergency service personnel acting within the ordinary course and scope of their professions, but excluding physicians;

(J) “Patient,” a person eighteen (18) years of age or older who is not incapacitated, as defined in section 475.010, RSMo, and who is otherwise competent to give informed consent to an outside the hospital do-not-resuscitate order at the time such order is issued, and who, with his or her attending physician, has executed an outside the hospital do-not-resuscitate order under sections 190.600 to 190.621, RSMo. A person who has a patient’s representative shall also be a patient for the purposes of sections 190.600 to 190.621, RSMo, if the person or the person’s patient’s representative has executed an outside the hospital do-not-resuscitate order under sections 190.600 to 190.621, RSMo. **A person under eighteen (18) years of age shall also be a patient for purposes of sections 190.600 to 190.621, RSMo if the person has had a do-not-resuscitate order issued on his or her behalf under the provisions of section 191.250, RSMo;** and

(K) “Patient’s representative”—

1. An attorney-in-fact designated in a durable power of attorney for health care for a patient determined to be incapacitated under sections 404.800 to 404.872, RSMo; or

2. A guardian or limited guardian appointed under Chapter 475, RSMo, to have responsibility for an incapacitated patient.

**3. A patient under the age of eighteen (18) years may have an OHDNR order signed by at least one (1) parent; by at least one (1) of the patient's legal guardian(s); or by a juvenile or family court under the provisions of section 191.250, RSMo, if the patient is under juvenile court jurisdiction under section 211.031, RSMo.**

(2) A properly executed OHDNR order—

(A) Shall be completed on an OHDNR order form with an optional instruction form. The OHDNR order form and instruction form are included herein and available at the Emergency Medical Services Bureau office, online at [www.dhss.mo.gov/EMS](http://www.dhss.mo.gov/EMS), or obtained by mailing a written request to the Missouri Department of Health and Senior Services, EMS Bureau, PO Box 570, Jefferson City, MO 65102-0570. The instruction form may be photocopied on the back side of the OHDNR order form or attached as a separate page to the OHDNR order form;

(F) Shall be signed and dated by the patient or the patient's legal representative and the patient's attending physician. **A patient's attending physician may electronically sign his/her name to the OHDNR order form. A patient under the age of eighteen (18) years shall not sign and date an OHDNR order form for himself or herself. A patient under the age of eighteen (18) years may have an OHDNR order signed by at least one (1) parent; by at least one (1) of the patient's legal guardian(s); or by a juvenile or family court under the provisions of section 191.250, RSMo, if the patient is under juvenile court jurisdiction under section 211.031, RSMo;**

(H) May be photocopied, [or] faxed, **or saved as an electronic copy**, and this photocopy, [or] **electronic copy, or** other complete facsimile of the original OHDNR order may be used for any purpose for which the original OHDNR order may be used;

(I) May be revoked at anytime **by a patient** [*A patient*] or a patient's representative. [*may revoke an OHDNR order by:*] **If a patient is under the age of eighteen (18), an OHDNR order may be revoked by the patient under the age of eighteen (18), by either parent; by the patient's legal guardian; or by a juvenile or family court under the provisions of section 191.250, RSMo, if the patient is under juvenile court jurisdiction under section 211.031, RSMo. An OHDNR order may be revoked by:**

1. Signing in the box on the OHDNR order form labeled revocation provision. The revocation provision box shall remain unsigned in order for the OHDNR order to remain in effect;

2. Expressing to emergency medical services personnel in any manner, before or after the onset of a cardiac or respiratory arrest, the desire to be resuscitated; or

3. Destroying a patient's original OHDNR order form and any applicable OHDNR identification such as an identification card, bracelet, or necklace; and

(3) Emergency medical services personnel are authorized to comply with the OHDNR protocol when presented with OHDNR identification or an OHDNR order **meeting the requirements in subsection (2) above. The department also authorizes emergency medical services personnel to comply with the OHDNR protocol when presented with the following forms which do not have to be purple in color, which are in compliance with the provisions of sections 190.600 to 190.621, RSMo, and which are included herein:**

(A) **Alaska POLST (Physician Orders for Life Sustaining Treatment) Form- Emergency medical services personnel and anyone listed in section 190.606, RSMo as immune from liability are only authorized to comply with the specific do-not-resuscitate section in Alaska's POLST Form;**

**(B) State of Arkansas Emergency Medical Services Do Not Resuscitate Order;**

**(C) Georgia Physician Orders for Life-Sustaining Treatment (POLST) Form- Emergency medical services personnel and anyone listed in section 190.606, RSMo as immune from liability are only authorized to comply with the specific do-not-resuscitate section in Georgia's POLST Form;**

**(D) State of Indiana Out of Hospital Do Not Resuscitate Declaration and Order Form;**

**(E) New Mexico Emergency Medical Services (EMS) Do Not Resuscitate (DNR) Form;**

**(F) Kansas- Missouri Transportable Physician Orders for Patient Preferences (TPOPP/POLST)- This form shall be signed in compliance with Missouri law by the patient's attending physician as defined in subsection (1)(A) above and the patient defined in subsection (1)(J) above or the patient's representative in subsection (1)(K) above. Emergency medical services personnel and anyone listed in section 190.606, RSMo as immune from liability are only authorized to comply with the specific do-not-resuscitate section in the Kansas-Missouri TPOPP/POLST as long as the physician and patient or patient's representative have signed the form in accordance with Missouri law.**

**(4) The outside the hospital do-not-resuscitate (OHDNR) protocol includes the following standardized methods or procedures:**

**(A) An OHDNR order shall only be effective when the patient has not been admitted to or is not being treated within a hospital or has not yet come to the emergency department as defined in the Emergency Medical Treatment and Active Labor Act (EMTALA), 42 U.S.C. section 1395dd, and the regulation 42 C.F.R. section 489.24(a) and referenced in the Centers for Medicare and Medicaid Services State Operations Manual Appendix V – Interpretive Guideline – Responsibilities of Medicare Participating Hospitals in Emergency Cases ([Rev. 1, 05-21-04] Rev. 191, 07-19-19);**

**(B) Emergency medical services personnel shall not comply with an OHDNR order or the OHDNR protocol when the patient or patient's representative expresses to such personnel in any manner, before or after the onset of a cardiac or respiratory arrest, the desire to be resuscitated;**

**(C) Emergency medical services personnel shall not comply with a OHDNR order or the OHDNR protocol when the patient under eighteen (18) years of age, either parent of such patient, the patient's legal guardian, or the juvenile or family court if the patient is under juvenile court jurisdiction under section 211.031, RSMo expresses to such personnel in any manner, before or after the onset of a cardiac or respiratory arrest, the desire for the patient to be resuscitated;**

**(D) [(C)] An OHDNR order shall not be effective during such time as the patient is pregnant;**

**(E) [(D)] A properly executed OHDNR order authorizes emergency medical services personnel to withhold or withdraw cardiopulmonary resuscitation from the patient in the event of cardiac or respiratory arrest. Emergency medical services personnel shall not withhold or withdraw other medical interventions, such as intravenous fluids, oxygen, or therapies other than cardiopulmonary resuscitation such as those to provide comfort care or alleviate pain. Nothing in this regulation shall prejudice any other lawful directives concerning such medical interventions and therapies;**

**(F) [(E)] If any doubt exists about the validity of the OHDNR identification or an OHDNR order, resuscitation shall be initiated and medical control shall be contacted;**

**(G) [(F)] If the OHDNR order or OHDNR identification is presented after basic or advanced life support procedures have started, the emergency medical services personnel shall honor the form and withhold or withdraw cardiopulmonary resuscitation from a patient who is suffering cardiac or respiratory arrest;**

**(H)** [(G)] After noting the properly executed OHDNR order or OHDNR identification, no cardiac monitoring is necessary and no medical control contact is necessary; and

**(I)** [(H)] Emergency medical services personnel shall document review of the OHDNR order and/or OHDNR identification in the patient care record.

**(5)** [(4)] Single Color, Form, and Design for Additional/Optional OHDNR Identification.

**(A)** The OHDNR identification card—

1. Shall be signed and dated by the patient or the patient’s legal representative and the patient’s attending physician;

2. Shall be printed on card stock that is purple in color; and

3. Shall be three and seven sixteenth by four and one eighth ( $3 \frac{7}{16} \times 4 \frac{1}{8}$ ) inches in size and may be folded and/or laminated.

**(B)** The OHDNR bracelet—

1. Shall contain a representation of the geographical shape of Missouri with the word “STOP” etched in purple, imposed over the geographical shape of Missouri on the face of the bracelet; and

2. Shall contain the inscription “MO OHDNR order” on the back of the bracelet.

**(C)** The OHDNR necklace—

1. Shall include a medallion containing a representation of the geographical shape of Missouri with the word “STOP” etched in purple, imposed over the geographical shape of Missouri on the face of the medallion; and

2. Shall contain the inscription “MO OHDNR order” on the back of the medallion.

**(D)** OHDNR bracelet and necklace vendors shall obtain approval from the department prior to manufacturing and distributing an initial OHDNR bracelet and necklace for a Missouri resident. To obtain approval from the department, OHDNR bracelet and necklace vendors shall submit to the department—

1. A document expressing an interest in manufacturing and distributing OHDNR bracelets and necklaces for Missouri residents;

2. A document stating that the OHDNR vendor understands and agrees to manufacture and distribute the OHDNR bracelet and necklace for each patient only after being shown an OHDNR order issued by the patient’s attending physician for the patient requesting the OHDNR bracelet or necklace. This OHDNR order must be executed by the patient or patient’s representative and the patient’s attending physician and on the form created by the department, included herein;

3. A document stating that the OHDNR vendor understands and agrees to send with the OHDNR bracelet or necklace a statement with the words, “Pursuant to sections 190.600–190.621, RSMo, this OHDNR identification shall only be worn by a person who has executed an effective OHDNR order”; and

4. A prototype of the necklace and/or bracelet that meets the specifications as described herein in subsection (4)(B) or (4)(C).

**(E)** After review of the required documentation and prototype from an OHDNR vendor, the department may approve the OHDNR vendor to manufacture and distribute OHDNR bracelets and necklaces. A list of approved OHDNR bracelet or necklace vendors is available at the EMS Bureau office, online at [www.dhss.mo.gov/EMS](http://www.dhss.mo.gov/EMS) or may be obtained by mailing a written request to the Missouri Department of Health and Senior Services, EMS Bureau, PO Box 570, Jefferson City, MO 65102-0570.

(F) Department-approved OHDNR vendors shall be shown, for each patient requesting an OHDNR bracelet or necklace, an effective OHDNR order issued by the patient's attending physician for the patient requesting the OHDNR bracelet or necklace. To be effective, this OHDNR order must be executed by the patient or patient's representative and the patient's attending physician and on the form created by the department, included herein.

(G) Department-approved OHDNR vendors shall send with each OHDNR necklace or bracelet manufactured and distributed to a Missouri resident a statement with the words, "Pursuant to sections 190.600–190.621, RSMo, this OHDNR identification shall only be worn by a person who has executed an effective OHDNR order."

*AUTHORITY: section 190.618, RSMo 2016 and section 190.613, RSMo Supp. [2008] 2023.\* Original rule filed Jan. 9, 2009, effective Aug. 30, 2009. Amended: Filed May 22, 2024.*

*\*Original authority: 190.618, RSMo 2007.*

*PUBLIC COST: This proposed amendment will not cost state agencies or political subdivisions more than five hundred dollars (\$500) in the aggregate.*

*PRIVATE COST: This proposed amendment will not cost private entities more than five hundred dollars (\$500) in the aggregate.*

*NOTICE TO SUBMIT COMMENTS: Anyone may file a statement in support of or in opposition to this proposed amendment with George Miller at [George.Miller@health.mo.gov](mailto:George.Miller@health.mo.gov) or Missouri Department of Health and Senior Services, P.O. Box 570, Jefferson City, Missouri 65101-0570. To be considered, comments must be received within thirty (30) days after publication of this notice in the **Missouri Register**. No public hearing is scheduled.*

## OUTSIDE THE HOSPITAL DO-NOT-RESUSCITATE (OHDNR) ORDER

I, \_\_\_\_\_, authorize emergency medical services personnel to  
 (name)  
 withhold or withdraw cardiopulmonary resuscitation from me in the event I suffer cardiac or respiratory arrest. Cardiac arrest means my heart stops beating and respiratory arrest means I stop breathing.

I understand that in the event that I suffer cardiac or respiratory arrest, this OHDNR order will take effect and no medical procedure to restart breathing or heart functioning will be instituted.

I understand this decision will **not** prevent me from obtaining other emergency medical care and medical interventions, such as intravenous fluids, oxygen or therapies other than cardiopulmonary resuscitation such as those deemed necessary to provide comfort care or to alleviate pain by any health care provider (e.g. paramedics) and/or medical care directed by a physician prior to my death.

I understand I may revoke this order at any time.

I give permission for this OHDNR order to be given to outside the hospital care providers (e.g. paramedics), doctors, nurses, or other health care personnel as necessary to implement this order.

I hereby agree to the "Outside The Hospital Do-Not-Resuscitate" (OHDNR) Order.

Patient – Printed or Typed Name	Date
Patient's Signature or Patient Representative's Signature	Date
<b>REVOCAION PROVISION</b>	
I hereby revoke the above declaration.	
Patient's Signature or Patient Representative's Signature	Date
<b>I AUTHORIZE EMERGENCY MEDICAL SERVICES PERSONNEL TO WITHHOLD OR WITHDRAW CARDIOPULMONARY RESUSCITATION FROM THE PATIENT IN THE EVENT OF CARDIAC OR RESPIRATORY ARREST.</b>	
I affirm this order is the expressed wish of the patient/patient's representative, medically appropriate and documented in the patient's permanent medical record.	
Attending Physician's Signature ( <b>Mandatory</b> )	Date
Attending Physician – Printed or Typed Name	Attending Physician's License No.
	Attending Physician's Telephone No.
Address – Printed or Typed	Facility or Agency Name

**THIS OHDNR ORDER SHALL REMAIN WITH THE PATIENT WHEN TRANSFERRED OUTSIDE THE HEALTH CARE FACILITY.**  
 Emergency Medical Services personnel shall not comply with an outside the hospital do-not-resuscitate order when the patient or the patient's representative expresses to such personnel in any manner, before or after the onset of a cardiac or respiratory arrest, the desire to be resuscitated or if the patient is or is believed to be pregnant. Emergency medical services personnel shall not comply with a OHDNR order or the OHDNR protocol when the patient under eighteen (18) years of age, either parent of such patient, the patient's legal guardian, or the juvenile or family court if the patient is under juvenile court jurisdiction under section 211.031, RSMo expresses to such personnel in any manner, before or after the onset of a cardiac or respiratory arrest, the desire for the patient to be resuscitated.

## Outside the Hospital Do-Not Resuscitate Order Definitions and Protocol

### DEFINITIONS OF KEY TERMS FOR THE OUTSIDE THE HOSPITAL DO-NOT RESUSCITATE (DNR) ORDER

Attending physician	(1) A physician licensed under Chapter 334, RSMo, selected by or assigned to a patient who has primary responsibility for treatment and care of the patient; or (2) If more than one physician shares responsibility for the treatment and care of a patient, one such physician who has been designated the attending physician by the patient or the patient's representative shall serve as the attending physician.
Cardiopulmonary resuscitation (CPR)	Emergency medical treatment administered to a patient in the event of the patient's cardiac or respiratory arrest, and shall include cardiac compression, endotracheal intubation and other advanced airway management, artificial ventilation, defibrillation, administration of cardiac resuscitation medications, and related procedures.
Emergency medical services personnel	Paid or volunteer firefighters, law enforcement officers, first responders, emergency medical technicians, advanced emergency medical technicians, paramedics, or other emergency service personnel acting within the ordinary course and scope of their professions but excluding physicians.
Outside the hospital do-not resuscitate identification	A standardized identification card, bracelet, or necklace of a single color, form and design as set forth in 19 CSR 30-40.600 that signifies that the patient's attending physician has issued an outside the hospital do-not resuscitate order for the patient and has documented the grounds for the order in the patient's medical file.
Outside the hospital do-not resuscitate order	A written physician's order signed by the patient and the attending physician, or the patient's representative and the attending physician, which authorizes emergency medical services personnel to withhold or withdraw cardiopulmonary resuscitation from the patient in the event of cardiac or respiratory arrest.
Patient	A person eighteen years of age or older who is not incapacitated, as defined in section 475.010, RSMo, and who is otherwise competent to give informed consent to an outside the hospital do-not-resuscitate order at the time such order is issued, and who, with his or her attending physician, has executed an outside the hospital do-not-resuscitate order under sections 190.600 to 190.621, RSMo. A person who has a patient's representative shall also be a patient for the purposes of sections 190.600 to 190.621, RSMo, if the person or the person's patient's representative has executed an outside the hospital do-not-resuscitate order under sections 190.600 to 190.621, RSMo. A person under eighteen (18) years of age shall also be a patient for purposes of sections 190.600 to 190.621, RSMo if the person has had a do-not-resuscitate order issued on his or her behalf under the provisions of section 191.250, RSMo
Patient's representative	(1) An attorney in fact designated in a durable power of attorney for health care for a patient determined to be incapacitated under sections 404.800 to 404.872, RSMo; or (2) A guardian or limited guardian appointed under Chapter 475, RSMo, to have responsibility for an incapacitated patient. A patient under the age of eighteen (18) years may have an OHDNR order signed by at least one (1) parent; by at least one (1) of the patient's legal guardian(s); or by a juvenile or family court under the provisions of section 191.250, RSMo, if the patient is under juvenile court jurisdiction under section 211.031, RSMo.

#### OUTSIDE THE HOSPITAL DO-NOT- RESUSCITATE (OHDNR) PROTOCOL

**Emergency medical services personnel are authorized to comply with the OHDNR protocol when presented with OHDNR identification or an OHDNR order. The Outside the Hospital Do Not Resuscitate (OHDNR) protocol includes the following standardized methods or procedures:**

- (1) An OHDNR order shall only be effective when the patient has not been admitted to or is not being treated within a hospital or has not yet come to the emergency department as defined in the Emergency Medical Treatment and Active Labor Act (EMTALA), 42 U.S.C. 1395dd, and the regulation 42 C.F.R. 489.24(a) and referenced in the Centers for Medicare and Medicaid Services State Operations Manual Appendix V – Interpretive Guideline – Responsibilities of Medicare Participating hospitals in Emergency Cases (Rev. 191, 07-19-19);
- (2) Emergency medical services personnel shall not comply with an OHDNR order or the OHDNR protocol when the patient or patient's representative expresses to such personnel in any manner, before or after the onset of a cardiac or respiratory arrest, the desire to be resuscitated;
- (3) Emergency medical services personnel shall not comply with a OHDNR order or the OHDNR protocol when the patient under eighteen (18) years of age, either parent of such patient, the patient's legal guardian, or the juvenile or family court if the patient is under juvenile court jurisdiction under section 211.031, RSMo expresses to such personnel in any manner, before or after the onset of a cardiac or respiratory arrest, the desire for the patient to be resuscitated;
- (4) An OHDNR order shall not be effective during such time as the patient is pregnant;
- (5) A properly executed OHDNR order authorizes emergency medical services personnel to withhold or withdraw cardiopulmonary resuscitation from the patient in the event of cardiac or respiratory arrest. Emergency medical services personnel shall not withhold or withdraw other medical interventions, such as intravenous fluids, oxygen, or therapies other than cardiopulmonary resuscitation such as those to provide comfort care or alleviate pain. Nothing in this regulation shall prejudice any other lawful directives concerning such medical interventions and therapies;
- (6) If any doubt exists about the validity of the OHDNR identification or an OHDNR order, resuscitation shall be initiated and medical control shall be contacted;
- (7) If the OHDNR order or OHDNR identification is presented after Basic or Advanced Life Support procedures have started, the emergency medical services personnel shall honor the form and withhold or withdraw cardiopulmonary resuscitation from a patient who is suffering cardiac or respiratory arrest;
- (8) After noting the properly executed OHDNR order or OHDNR identification, no cardiac monitoring is necessary and no medical control contact is necessary; and
- (9) Emergency medical services personnel shall document review of the OHDNR order and/or OHDNR identification in the patient care record.

# Alaska POLST (Physician Orders for Life Sustaining Treatment) Form

Health care providers should complete this form only after a conversation with their patient or the patient's representative. The POLST decision-making process is for patients who are at risk for a life-threatening clinical event because they have a serious life-limiting medical condition, which may include advanced frailty.

## Patient Information.

Having a POLST form is always voluntary.

This is a medical order,  
not an Advance Directive.

Patient First Name: \_\_\_\_\_

Middle Name/Initial: \_\_\_\_\_ Preferred name: \_\_\_\_\_

Last Name: \_\_\_\_\_ Suffix (Jr, Sr, etc): \_\_\_\_\_

DOB (mm/dd/yyyy): \_\_\_\_/\_\_\_\_/\_\_\_\_ State where form was completed: \_\_\_\_\_

Gender:  M  F  X Social Security Number's last 4 digits (optional): xxx-xx-\_\_\_\_

## A. Cardiopulmonary Resuscitation Orders. Follow these orders if patient has no pulse and is not breathing.

**Pick 1**  YES CPR: Attempt Resuscitation, including mechanical ventilation, defibrillation and cardioversion. (Requires choosing Full Treatments in Section B)

NO CPR: Do Not Attempt Resuscitation. (May choose any option in Section B)

## B. Initial Treatment Orders. Follow these orders if patient has a pulse and/or is breathing.

Reassess and discuss interventions with patient or patient representative regularly to ensure treatments are meeting patient's care goals. Consider a time-trial of interventions based on goals and specific outcomes.

**Pick 1**

Full Treatments (required if choose CPR in Section A). Goal: Attempt to sustain life by all medically effective means. Provide appropriate medical and surgical treatments as indicated to attempt to prolong life, including intensive care.

Selective Treatments. Goal: Attempt to restore function while avoiding intensive care and resuscitation efforts (ventilator, defibrillation and cardioversion). May use non-invasive positive airway pressure, antibiotics and IV fluids as indicated. Avoid intensive care. Transfer to hospital if treatment needs cannot be met in current location, unless another treatment preference is documented in Section C of this form.

Comfort-focused Treatments. Goal: Maximize comfort through symptom management; allow natural death. Use oxygen, suction and manual treatment of airway obstruction as needed for comfort. Avoid treatments listed in full or select treatments unless consistent with comfort goal. Transfer to hospital **only** if comfort cannot be achieved in current setting.

## C. Additional Orders or Instructions. These orders are in addition to those above (e.g., blood products, dialysis).

[EMS protocols may limit emergency responder ability to act on orders in this section.]

## D. Medically Assisted Nutrition (Offer food by mouth if desired by patient, safe and tolerated)

**Pick 1**  Provide feeding through new or existing surgically-placed tubes  No artificial means of nutrition desired  
 Trial period for artificial nutrition but no surgically-placed tubes  Discussed but no decision made (standard of care provided)

## E. SIGNATURE: Patient or Patient Representative (optional)

I understand this form is voluntary. I have discussed my treatment options and goals of care with my provider. If signing as the patient's representative, the treatments are consistent with the patient's known wishes and in their best interest.

(optional)

If other than patient, print full name of person consenting (or non-opposition in instance of guardian)

Authority:

## F. SIGNATURE: Health Care Provider (required, eSigned documents are valid) Verbal orders are acceptable with follow up signature.

I have confirmed that this order was discussed with the patient or his/her representative. The orders reflect the patient's known wishes, to the best of my knowledge. [Note: Only licensed health care providers authorized by law to sign POLST form in Alaska may sign this order.]

(required)

Date (mm/dd/yyyy): Required

Phone # :

/ /

Printed Full Name:

License/Cert. #:

Patient Full Name:

**Form Completion Information (required)**

Reviewed patient’s advance directive to confirm no conflict with POLST orders: (A POLST form does not replace an advance directive or living will)

- Yes; date of the document reviewed: \_\_\_\_\_
- Conflict exists, notified patient (if patient lacks capacity, noted in chart)
- Advance directive not available
- No advance directive exists

Check everyone who participated in discussion:  Patient with decision-making capacity  Court Appointed Guardian  Parent of Minor  Legal Surrogate / Health Care Agent  Other: \_\_\_\_\_

Professional Assisting Health Care Provider w/ Form Completion (if applicable): Full Name:	Date (mm/dd/yyyy): / /	Phone #: ( )
-----------------------------------------------------------------------------------------------	---------------------------	-----------------

This individual is the patient’s:  Physician’s Assistant  Social Worker  Nurse  Clergy  Other:

**Contact Information (optional)**

Patient’s Emergency Contact. (Note: Listing a person here does not grant them authority to be a legal representative. Only an advance directive or state law can grant that authority.)

Full Name:	<input type="checkbox"/> Legal Representative <input type="checkbox"/> Other emergency contact	Phone #: Day: ( ) Night: ( )
------------	---------------------------------------------------------------------------------------------------	------------------------------------

Primary Care Provider Name:	Phone: ( )
-----------------------------	---------------

Patient is enrolled in hospice  
 Name of Agency:  
 Agency Phone: ( )

**Form Information & Instructions**

- **Completing a POLST form:**
  - Provider should document basis for this form in the patient’s medical record notes.
  - Patient representative is determined by Alaska Statute, and in accordance with state law, may be able execute or void this POLST form only if the patient lacks decision-making capacity.
  - Only licensed health care providers authorized to sign POLST forms in Alaska (M.D./D.O.) can sign this form.
  - Original (if available) is given to patient; provider keeps a copy in medical record.
  - Last 4 digits of SSN are optional but can help identify / match a patient to their form.
  - If a translated POLST form is used during conversation, attach the translation to the signed English form.
  - The most recently completed valid POLST form supersedes all previously completed POLST forms.
- **Using a POLST form:**
  - Any incomplete section of POLST creates no presumption about patient’s preferences for treatment. Provide standard of care.
  - No defibrillator (including automated external defibrillators) or chest compressions should be used if “No CPR” is chosen.
  - For all options, use medication by any appropriate route, positioning, wound care and other measures to relieve pain and suffering.
- **Reviewing a POLST form:** This form does not expire but should be reviewed whenever the patient:
  - (1) is transferred from one care setting or level to another;
  - (2) has a substantial change in health status;
  - (3) changes primary provider; or
  - (4) changes his/her treatment preferences or goals of care.
- **Modifying a POLST form:** This form cannot be modified. If changes are needed, void form and complete a new POLST form.
- **Voiding a POLST form:**
  - **If a patient or patient representative (for patients lacking capacity) wants to void the form:** destroy paper form and contact patient’s health care provider to void orders in patient’s medical record (and POLST registry, if applicable).
  - **For health care providers:** destroy patient copy (if possible), note in patient record form is voided and notify registries (if applicable).
- This form may be added to a secure electronic registry so health care providers can find it.

For Barcodes / ID Sticker

**STATE OF ARKANSAS  
EMERGENCY MEDICAL SERVICES  
DO NOT RESUSCITATE ORDER**

Patient's Full Name: \_\_\_\_\_

\_\_\_\_\_  
Signature of Patient or Health Care Proxy or Legal Guardian

\_\_\_\_\_  
Date

**ATTENDING PHYSICIAN'S ORDER**

I, the undersigned, state that I am the physician for the patient named above.

I hereby direct any and all qualified Emergency Medical Services personnel, commencing on the effective date noted below, to withhold cardiopulmonary resuscitation (cardiac compression, endotracheal intubation and other advanced airway management, artificial ventilation, defibrillation, administration of cardiac resuscitation medications, and related procedures) from the patient in the event of the patient's cardiac or respiratory arrest. I further direct such personnel to provide to the patient other medical interventions such as intravenous fluids, oxygen, or other therapies deemed necessary to provide comfort care or alleviate pain.

\_\_\_\_\_  
Signature of Attending Physician

\_\_\_\_\_  
Physician's Telephone number (emergency #)

\_\_\_\_\_  
Physician's Printed/Typed Name

\_\_\_\_\_  
Date Order Written



**PHYSICIAN ORDERS FOR LIFE- SUSTAINING TREATMENT (POLST)**

This is a Physician Order guided by the patient’s medical condition and based upon personal preferences verbalized to the Physician or expressed in an Advance Directive.

Patient’s Name \_\_\_\_\_ (First) \_\_\_\_\_ (Middle) \_\_\_\_\_ (Last)

Last four digits of SSN: \_\_\_\_\_ Date of Birth \_\_\_\_\_ Gender: Male  Female

<b>A</b> <b>CODE</b> <b>STATUS</b> Check all that apply	<p align="center"><b>CARDIOPULMONARY RESUSCITATION (CPR): Patient has no pulse and is not breathing.</b></p> <input type="checkbox"/> <b>Attempt Resuscitation (CPR).</b> <input type="checkbox"/> <b>Allow Natural Death (AND) - Do Not Attempt Resuscitation.</b> <input type="checkbox"/> Resuscitation Orders are to remain in effect during any surgical or invasive procedure. When not in cardiopulmonary arrest, follow orders in <b>B, C and D.</b>
------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<b>B</b> Check One	<p align="center"><b>MEDICAL INTERVENTIONS: Patient has pulse and /or is breathing.</b></p> <input type="checkbox"/> <b>Comfort Measures:</b> Use medication by any route, positioning, wound care, and other measures to relieve pain and suffering. Use oxygen, suction, and manual treatment of airway obstruction as needed for comfort. <i>Do not transfer to hospital for life-sustaining treatment.</i> <input type="checkbox"/> <b>Limited Additional Interventions:</b> Includes <b>Comfort Measures</b> and medical treatment, IV fluids, and cardiac monitor as indicated. Does not include intubation or mechanical ventilation. <i>Avoid intensive care. Transfer to hospital if indicated.</i> <input type="checkbox"/> <b>Additional Treatment:</b> Includes <b>Limited Additional Interventions</b> , lab tests, blood products. <i>Transfer to hospital if indicated.</i> <input type="checkbox"/> <b>Full Treatment:</b> Includes <b>Additional Treatment</b> and intubation, mechanical ventilation, and cardioversion as indicated. <i>Includes intensive care. Transfer to hospital if indicated.</i> <input type="checkbox"/> Additional Orders (e.g. dialysis):
-----------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<b>C</b> Check One	<p align="center"><b>ANTIBIOTICS</b></p> <input type="checkbox"/> No antibiotics: Use other measures to relieve symptoms. <input type="checkbox"/> Determine use or limitation of antibiotics when infection occurs. <input type="checkbox"/> Use antibiotics if life can be prolonged. <input type="checkbox"/> Additional Orders:
-----------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<b>D</b> Check One In Each Column	<p><b>ARTIFICIALLY ADMINISTERED NUTRITION/FLUIDS</b>  <b>Where indicated, always offer food or fluids by mouth if feasible</b></p>	
	<input type="checkbox"/> No artificial nutrition by tube. <input type="checkbox"/> Defined trial period of artificial nutrition by tube. <input type="checkbox"/> Long-term artificial nutrition by tube. <input type="checkbox"/> Additional Orders:	<input type="checkbox"/> No IV fluids. <input type="checkbox"/> Defined trial period of IV fluids. <input type="checkbox"/> Long-term IV fluids.

<b>E</b> Check All That Apply	<p align="center"><b>REASON FOR ORDERS AND SIGNATURES</b></p> To the best of my knowledge these orders are consistent with the patient’s current medical condition and preferences as indicated by: <input type="checkbox"/> My discussion with the Patient <input type="checkbox"/> My discussion with the Patient’s Authorized Representative <input type="checkbox"/> My review of the Patient’s Advance Directive <input type="checkbox"/> Verbal consent was given for an “allow natural death” order
----------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Physician’s Printed Name	Physician’s Signature	Date	Phone
License No.                      State			
Patient’s Printed Name	Patient’s Signature	Date	Phone
Patient Authorized Representative’s Printed Name (if patient lacks decision making capacity )	Representative’s Signature (if patient lacks decision making capacity)	Date	Phone

### DIRECTIONS FOR HEALTH CARE PROFESSIONALS

- This form should be completed by a health care professional based on the patient’s medical condition, and on the patient’s wishes, as expressed to the physician by the patient while in a competent condition, or in the patient’s advance directive, or by a representative of the patient acting with legal authority.
- This form should be signed by a physician, **and** also by the patient **or**, if the patient lacks decision making capacity, a representative acting with legal authority on behalf of the patient.
- Use of original form is strongly encouraged. Photocopies and faxes of signed POLST forms are valid.
- **Any incomplete section of POLST implies full treatment for that section.**
- Do not use a defibrillator (including AEDs) on a person who has chosen “allow natural death.”
- Always offer fluids and nutrition by mouth if medically feasible.
- Transfer the patient to a setting better able to provide comfort when it cannot be achieved in the current care setting (*e.g.*, treatment of a hip fracture).
- A patient with capacity, or the authorized representative of a patient without capacity, may request alternative treatment.
- **Treatment of dehydration is a measure which prolongs life. A patient who desires IV fluids should indicate “Limited Additional Intervention” or higher level of care.**

### SUBSEQUENT REVIEW OF THE POLST FORM

This form should be reviewed when (i) the patient is transferred from one care setting or care level to another (ii) released to return home (iii) there is substantial change in the patient’s health status, or (iv) the patient’s treatment preferences change. **If this POLST is voided, replaced, or becomes invalid, then draw a line through sections A through D, write “VOID” in large letters with date and time, and sign by the line.** After voiding the form, a new form may be completed. *If no new form is completed, full treatment and resuscitation may be provided.*

Date/Time of Review	Location of Review	Print Name of Reviewer	Outcome of Review	Physician Signature
			<input type="checkbox"/> No Change <input type="checkbox"/> Form Voided, new form completed <input type="checkbox"/> Form Voided, no new form	
			<input type="checkbox"/> No Change <input type="checkbox"/> Form Voided New Form Completed <input type="checkbox"/> Form Voided, no new form	

**This form was prepared by the Georgia Department of Public Health pursuant to Official Code of Georgia Section 29-4-18(l). O.C.G.A. § 29-4-18(k)(3) provides:** *“Any person who acts in good faith in accordance with a Physician Order for Life-sustaining treatment developed pursuant to subsection (l) of this Code section shall have all of the immunity granted pursuant to Code Section 31-32-10.” O.C.G.A. § 31-32-10 provides, in pertinent part: “Each health care provider, health care facility, and any other person who acts in good faith reliance ... shall be protected and released to the same extent as though such person had interacted directly with the [patient] as a fully competent person.”*



**STATE OF INDIANA  
OUT OF HOSPITAL DO NOT RESUSCITATE DECLARATION AND ORDER**

State Form 49559 (R / 9-11)



**This declaration and order is effective on the date of execution and remains in effect until the death of the declarant or revocation.**

**OUT OF HOSPITAL DO NOT RESUSCITATE DECLARATION**

Declaration made this \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_, being of sound mind and at least eighteen (18) years of age, willfully and voluntarily make known my desires that my dying shall not be artificially prolonged under the circumstances set forth below.

**I declare:**

My attending physician has certified that I am a qualified person, meaning that I have a terminal condition or a medical condition such that, if I suffer cardiac or pulmonary failure, resuscitation would be unsuccessful or within a short period I would experience repeated cardiac or pulmonary failure resulting in death.

I direct that, if I experience cardiac or pulmonary failure in a location other than an acute care hospital, cardiopulmonary resuscitation procedures be withheld or withdrawn and that I be permitted to die naturally. My medical care may include any medical procedure necessary to provide me with comfort care or to alleviate pain.

I understand that I may revoke this Out of Hospital Do Not Resuscitate Declaration at any time by a signed and dated writing, by destroying or canceling this document, or by communicating to health care providers at the scene the desire to revoke this declaration.

**I understand the full import of this declaration**

Signature of declarant

Printed name of declarant

City and state of residence

The declarant is personally known to me, and I believe the declarant to be of sound mind. I did not sign the declarant's signature above, for, or at the direction of, the declarant. I am not a parent, spouse, or child of the declarant. I am not entitled to any part of the declarant's estate or directly financially responsible for the declarant's medical care. I am competent and at least eighteen (18) years of age.

Signature of witness

Printed name

Date (month, day, year)

Signature of witness

Printed name

Date (month, day, year)

**OUT OF HOSPITAL DO NOT RESUSCITATE ORDER**

I, \_\_\_\_\_, the attending physician of \_\_\_\_\_, have certified the declarant as a qualified person to make an Out Of Hospital Do Not Resuscitate Declaration, and I order health care providers having actual notice of this Out Of Hospital Do Not Resuscitate Declaration and Order not to initiate or continue cardiopulmonary resuscitation procedures on behalf of the declarant, unless the Out Of Hospital Do Not Resuscitate Declaration is revoked.

Signature of attending physician

Printed name of attending physician

Medical license number

Date (month, day, year)



# EMS DNR

## INSTRUCTIONS

### Purpose

This standardized **EMS-DNR Order (Order)** has been developed by the EMS Bureau within the Epidemiology and Response Division of the New Mexico Department of Health (DOH). It is in compliance with Section 24-10B-4I, NMSA 1978 which directs the EMS Bureau to develop a program to authorize EMS providers to honor advance directives to withhold or terminate care. The program is described fully in NMAC 7.27.6. A copy may be obtained by calling the EMS Bureau at 505-476-8200 or online at [www.nmems.org](http://www.nmems.org).

For covered persons in cardiac or respiratory arrest, resuscitative measures to be withheld include external chest compressions, intubation, defibrillation, administration of cardiac medications and artificial respiration. The **Order** does not effect the provision of other emergency medical care, including oxygen administration, suctioning, control of bleeding, administration of analgesics and comfort care.

### Applicability

This **Order** applies only to resuscitation attempts by health care providers in the **prehospital** setting --i.e., in patients' homes, in a long term care facility, during transport to or from a health care facility, or in other locations outside acute care hospitals.

### Instructions

Any adult person may execute an **Order** in conjunction with a physician. The physician, or physician's designee, shall explain to the person the full meaning of the **Order**, the available alternatives and how the **Order** may be revoked. Both the physician, or the physician's designee upon a verbal order from the physician, and the person for whom the **Order** is executed, shall sign the **Order**.

If the person for whom the **Order** is contemplated is unable to give informed consent, or is a minor, the physician, or physician's designee, shall provide the same explanation of the **Order**, the available alternatives, and how the **Order** may be revoked to an authorized health care decision maker. If the authorized health care decision maker gives informed consent, both the physician, or the physician's designee upon a verbal order from the physician, and the authorized health care decision maker shall sign the document

**ONE SIGNED COPY** of the **Order** should be retained by the patient and placed in an envelope. Staple the Envelope Cover Sheet (which is included in this PDF document) "**EMS DNR Order inside**" to the envelope. The completed form (and/or the approved EMS bracelet or neck medallion) must

be readily available to EMS personnel in order for the **Order** to be honored. Resuscitation attempts may be initiated until the form (or EMS bracelet/medallion) is presented and the identity of the patient is confirmed by the EMS personnel. It is recommended that the white envelope containing the **Order** be located in an obvious place that is readily available to emergency responders.

**ONE SIGNED COPY** should be retained by the physician and made part of the patient's permanent medical record. Additional copies should be made so that the **Order** can be maintained in all of the appropriate medical records.

**ONE SIGNED COPY** of the form may be used by the patient to order an *optional* EMS bracelet or neck medallion inscribed with the words "DO NOT RESUSCITATE - EMS" The MedicAlert Foundation (2323 Colorado Avenue, Turlock, CA 95382) is the EMS Bureau approved supplier of the medallions, which will be issued only upon receipt of the properly completed **Order** (together with an enrollment form and the appropriate fee). If a MedicAlert enrollment form is needed, call 1.888.633.4298 and ask for an EMS-DNR form. The fee can be waived for patients who cannot afford it, as certified by the physician or the physician's designee. Although optional, use of an EMS-DNR bracelet facilitates prompt identification of the patient and therefore is strongly encouraged.

### Revocation

An **Order** may be revoked at any time orally or by performing an act such as burning, tearing, canceling, obliterating or by destroying the order or any part of it by the person on whose behalf it was executed or by the persons' authorized health care decision maker. If an **Order** is revoked, the patient's physician should be notified immediately and all copies of the form should be destroyed, including any copies on file with MedicAlert Foundation. All medallions and associated wallet cards should be destroyed.

### Additional Resources available

To obtain a New Mexico Durable Power of Attorney for Health Care Decision Form or a Values History Form, contact the Center for Health Law and Ethics, 1111 Stanford, N.E., Albuquerque NM 87131 or call 505-277-5006. The cost for the Values form is \$3.00 and may be requested in English or Spanish.

**EMS-DNR forms may be downloaded from the EMS Bureau's website, [www.nmems.org](http://www.nmems.org). For DNR program implementation questions, please call the EMS Bureau at 505-476-8200 .**

---

# ENVELOPE COVER SHEET

---



---

# ORDER INSIDE

---

*Note: Staple this cover sheet to the envelope containing the signed EMS-DNR Order.*



# EMS DNR

## EMERGENCY MEDICAL SERVICES (EMS) DO NOT RESUSCITATE (DNR) FORM

### AN ADVANCE DIRECTIVE TO LIMIT THE SCOPE OF EMS CARE

*NOTE: THIS ORDER TAKES PRECEDENCE OVER A DURABLE HEALTH CARE POWER OF ATTORNEY FOR EMS TREATMENT ONLY*

I, \_\_\_\_\_, request limited EMS care as described in this document. If my heart stops beating or if I stop breathing, no medical procedure to restore breathing or heart functioning will be instituted, by any health care provider, including but not limited to EMS personnel.

I understand that this decision will not prevent me from receiving other EMS care, such as oxygen and other comfort care measures.

I understand that I may revoke this Order at any time.

I give permission for this information to be given to EMS personnel, doctors, nurses and other health care professionals. I hereby agree to this DNR order.

\_\_\_\_\_  
Signature

OR

\_\_\_\_\_  
Signature/Authorized  
Health Care Decision Maker

I affirm that this patient/authorized health care decision maker is making an informed decision and that this is the expressed directive of the patient. I hereby certify that I or my designee have explained to the patient the full meaning of the Order, available alternatives, and how the Order may be revoked. I or my designee have provided an opportunity for the patient/authorized health care decision maker to ask and have answered any questions regarding the execution of this form. A copy of this Order has been placed in the medical record. In the event of cardiopulmonary arrest, no chest compressions, artificial ventilations, intubation, defibrillation, or cardiac medications are to be initiated.

\_\_\_\_\_  
Physician's Signature/Date

\_\_\_\_\_  
Physician's Name—PRINT

\_\_\_\_\_  
Physician's Address/Phone

*Note: please print three (3) copies*

ONE SIGNED COPY: To be kept by patient in white envelope and immediately available to Emergency Responders

ONE SIGNED COPY: To be kept in patient's permanent medical record

ONE SIGNED COPY: If DNR Bracelet/Medallion is desired send to MedicAlert with enrollment form

**Kansas – Missouri Transportable Physician Orders for Patient Preferences (TPOPP/POLST)**

This Medical Order set is based on the patient's current medical condition and preferences. Any section not completed indicates default treatment for that section. The original form need not be present at the time of emergency. A copied, faxed or electronic version of this form is valid.

Last Name:	First Name, MI:	
Date of Birth:	Last 4 SSN or Patient ID#:	

<b>A.</b> CHECK ONE	<b>CARDIOPULMONARY RESUSCITATION (CPR): Person has no pulse and is not breathing. If patient is not in cardiopulmonary arrest, follow orders in B and C.</b>
	<input type="checkbox"/> <b>Attempt Resuscitation/CPR</b> <i>(Selecting CPR in Section A requires selecting Full Treatment in Section B)</i> <input type="checkbox"/> <b>Do Not Attempt Resuscitation</b> <i>(DNAR/no CPR/Allow Natural Death)</i>

<b>B.</b> CHECK ONE	<b>INITIAL TREATMENT ORDERS: Follow these orders if patient has a pulse and/or is breathing.</b>
	<p>Reassess and discuss treatments with patient and/or representative regularly to ensure patients care goals are met.</p> <input type="checkbox"/> <b>Full Treatments (required if CPR chosen in Section A). GOAL: Attempt to sustain life by all medically effective means.</b> Provide appropriate medical treatments as indicated in an attempt to prolong life, including intubation, advanced airway interventions, mechanical ventilation, and defibrillation/cardioversion, including intensive care. <input type="checkbox"/> <b>Selective Treatments. GOAL: Attempt to restore functions while avoiding intensive care and resuscitation efforts (i.e., ventilator, defibrillation, and cardioversion).</b> May use non-invasive positive airway pressure, antibiotics and IV fluids as indicated. Avoid intensive care. Transfer to hospital if treatment needs cannot be met in current location. <input type="checkbox"/> <b>Comfort-focused Treatments. GOAL: Attempt to maximize comfort through symptom management only; allow natural death.</b> Use oxygen, suction and manual treatment of airway obstruction as needed for comfort. Avoid treatments listed in full or selective treatments unless consistent with comfort goal. Transfer to hospital if comfort cannot be achieved in current setting.

<b>C.</b> CHECK ONE	<b>MEDICALLY ADMINISTERED NUTRITION: Offer food by mouth if desired by patient, is safe and tolerated.</b>
	<input type="checkbox"/> Provide feeding through new or existing surgically-placed tubes <input type="checkbox"/> Trial period for medically assisted nutrition but no surgically-placed tubes <input type="checkbox"/> No medically assisted means of nutrition desired <input type="checkbox"/> Not discussed or no decision made

<b>D.</b>	<b>ADDITIONAL ORDERS OR INSTRUCTIONS FOR SECTIONS B AND C: Includes e.g., time trials, blood products, and other orders. [EMS Protocols may limit emergency responder ability to act on orders in this section.]</b>

<b>E.</b> CHECK ALL THAT APPLY	<b>INFORMATION AND SIGNATURES (E-Signed documents are valid)</b>			
	<b>Discussed with:</b>			
	<input type="checkbox"/> Patient	<input type="checkbox"/> Agent/DPOA Health Care	<input type="checkbox"/> Parent of minor	<input type="checkbox"/> Legal guardian
	<input type="checkbox"/> Patient Representative	<input type="checkbox"/> Other (specify): _____		
	<b>Signature of patient or recognized decision maker (all fields required):</b> By signing this form, the patient/recognized decision maker voluntarily acknowledges that this treatment order is consistent with the known desires and/or best interest of the patient.			
	Print name:	Signature:	The most recently completed valid TPOPP/ POLST form supersedes all previously completed TPOPP/POLST forms.	
	Address:	Relationship:	Phone:	
<b>Signature of authorized healthcare provider (all fields required):</b> My signature below indicates to the best of my knowledge that these orders are consistent with the person's medical condition and preferences. (verbal orders are acceptable with follow up signature)				
Print name of authorized provider and/or Physician:			Phone:	
Signature of authorized provider:			Date:	

**FORM SHALL ACCOMPANY PERSON WHEN TRANSFERRED OR DISCHARGED**

Patient Last Name:	First Name, MI:	DOB:	Last 4 SSN/Patient ID#:
--------------------	-----------------	------	-------------------------

**ADVANCE CARE DIRECTIVES & EMERGENCY CONTACTS**

**Review of Advance Directives (Check all that apply)**

- |                                                                                                                |                                                          |
|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> Healthcare Directive (Living Will)                                                    | <input type="checkbox"/> Other Instructions or Documents |
| <input type="checkbox"/> Advance Directives Unavailable                                                        | <input type="checkbox"/> No Advance Directives Exist     |
| <input type="checkbox"/> Appointment of Durable Power of Attorney for Health Care (Name): _____ (Phone): _____ |                                                          |

**Patient's Emergency Contact (if other than person signing form) and Provider(s)**

Full Name: \_\_\_\_\_ Phone (voice \_\_ text \_\_): \_\_\_\_\_

Primary Care Provider Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Hospice Care Agency (If Applicable) Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Health Care Providers and Others Assisting with Form Preparation Process (Check all that apply)**

- |                                            |                                          |                                        |                                                       |
|--------------------------------------------|------------------------------------------|----------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Social Worker     | <input type="checkbox"/> Nurse           | <input type="checkbox"/> Clergy        | <input type="checkbox"/> Palliative Care Provider     |
| <input type="checkbox"/> Health Care Agent | <input type="checkbox"/> Parent of Minor | <input type="checkbox"/> Family Member | <input type="checkbox"/> "Person of Care and Concern" |
| <input type="checkbox"/> Patient Advocate  | <input type="checkbox"/> Legal Guardian  | <input type="checkbox"/> Other: _____  |                                                       |

**Instructions for Completing TPOPP/POLST**

- Completing a TPOPP/POLST form is always voluntary. TPOPP/POLST is a useful tool for the understanding of and implementation of physicians' orders that are reflective of the current medical condition and preferences of a patient. The orders are to be respected by all receiving providers in compliance with institutional policy. On admission to the hospital setting, a physician who will issue appropriate orders for that inpatient setting will assess the patient.
- TPOPP/POLST is a physician order set and as such does not replace Advance Directives but should serve to clarify them.
- TPOPP/POLST must be completed by a health care provider based on patient preferences and medical indications. Upon completion it must be signed by a physician, APRN, or PA in compliance with state law, regulation, and scope of practice; and by patient (*or representative*) to be valid.
- Photocopies and Faxes of signed TPOPP/POLST forms are valid. Use of original form is strongly encouraged. A copy shall be retained in patient's medical record and accompany the patient to all settings.

**Using TPOPP/POLST**

(Any incomplete section of TPOPP/POLST implies full treatment for that section).

- **SECTION A:**
  - If found pulseless and not breathing, no defibrillator (*including automated external defibrillators*) or chest compressions should be used on a person if "Do Not Attempt Resuscitation" is selected.
- **SECTION B:**
  - When comfort cannot be achieved in the current setting, the person, including someone with "Comfort-focused Treatments" should be transferred to a setting able to provide comfort (*e.g., treatment of a hip fracture*).
  - Non-invasive positive airway pressure includes continuous positive airway pressure (*CPAP*), bi-level positive airway pressure (*BiPAP*), and bag valve mask (*BVM*) assisted respirations.

**Reviewing TPOPP/POLST**

- TPOPP/POLST form should be reviewed when:
  - The person is transferred from one care setting or care level to another, or
  - There is a substantial change in the person's health status, or
  - The person's treatment preferences change, or
  - The care provider changes.

**Modifying and Voiding TPOPP/POLST**

- A patient with capacity can, at any time, request alternative treatment or revoke a TPOPP/POLST by any means that indicates intent to revoke. It is recommended that revocation be documented by drawing a line through Sections A through D, writing "VOID" in large letters, and signing and dating.
- A legally recognized decision-maker may request to modify the orders, in collaboration with the physician/APRN/PA, based on the known desires of the patient or, if unknown, the patient's best interests.

**For information, clinical guidance resources or to obtain more forms, contact: [TPOPP@practicalbioethics.org](mailto:TPOPP@practicalbioethics.org)**

HIPAA PERMITS DISCLOSURE TO HEALTH CARE PROFESSIONALS AND PROXY DECISION MAKERS AS NECESSARY FOR TREATMENT