**Whole Person Health Subcommittee Meeting**

**2/14/2024**

* Subcommittee goal will be to determine how to measure the recommendations and show process over time
* The group discussed available data in the following areas:
* Healthy Eating
  + AAA risk assessment - "DETERMINE your Nutritional Health" - 10 question assessment required by ACL for home delivered meal recipients; offered to congregant meal recipients. Only surveys a portion of this population. (<https://acl.gov/sites/default/files/nutrition/NSI_checklist_508%20with%20citation.pdf>)
  + DHHS epidemiologists (Andy Hunter) can give information on this list and understand the list of databases
  + Workforce (access/training a workforce working with adults)
    - # vacant position
    - # days a position remains vacant
    - Dr. Miller also has dental data that can be useful
  + Access
    - There is access to broadband data
    - Access to resources: There are several pieces of legislation on reducing geographic limitations for psychiatric nurse practitioners - their association would have data and a subcommittee member will find out more
  + Maintenance
    - Health literacy - main focus of an extension arm at University of Missouri. This data could be available in 5-10 years; a subcommittee member will find out more
    - There is also a nonprofit collecting this type of information
  + Equity
    - Equity regarding services are available in multiple languages: OMHHE is working on taking an inventory of health education and information materials that are available in multiple languages at DHSS; a subcommittee member will find out more
* Cognitive Health
  + The subcommittee will consult with epidemiologists from the Department of Mental Health – DMH; a subcommittee member will find out more
* Behavioral Health
* Can also look at SNAP numbers - through the AAAs
* Can they get some aggregate data from CMS about how many older adults utilize their programs and benefits. This may be difficult but can be attempted

* Will divide into subgroups to break up the research to see what data is available and then be able to determine what gaps there are in data collection
* The subcommittee decided to break out into small groups and talk through the validated tools
* Next Steps
  + Subcommittee members will send information about databases they use to co-chairs (by 2/28)
  + Co-chairs will draft an evaluation matrix for datasets to include:
    - Website
    - Frequency of data collection
    - How individuals are chosen
    - How data is evaluated
  + Co-chairs will then divide up the datasets and create assignments for members. Members will conduct research on their assigned datasets and fill in the evaluation matrix.
  + The groups will report out at the 3/13 meeting
* The group will meet monthly in 2024