


Traumatic Brain Injury

Have you ever?

- Fallen and hit your head 
- Been in an accident (automobile, bicycle, four-wheeler, motorcycle, etc.)



- Been assaulted or abused
- Had a sports injury



- Been told you have a concussion
- Had a workplace accident
- Been hit by a bullet or blast



- Served in active duty military in a war zone

If you answered yes to any of these questions, you may have experienced a brain injury. The Adult Head Injury Program may be able to help.

Missouri Department of Health and Senior Services
Special Health Care Needs
Adult Head Injury Program
930 Wildwood Drive
P.O. Box 570
Jefferson City, MO 65102

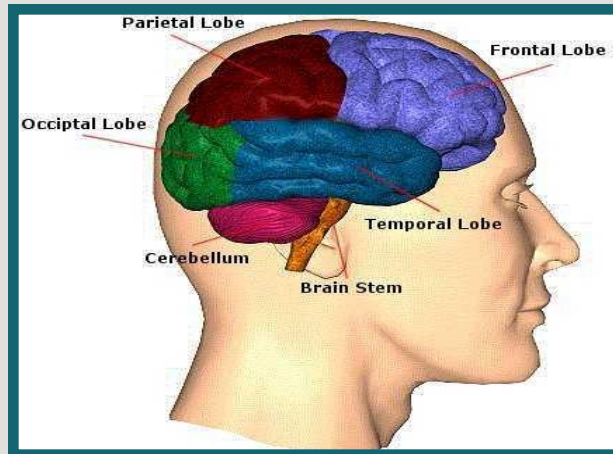
Phone: 573-751-6246

Fax: 573-751-6237

Toll Free: 1-800-451-0669

Website:

www.dhss.mo.gov/SHCN/HeadInjury



Symptoms of mild traumatic brain injury:

Do you have:

- Headaches
- Dizziness
- Seizures

My brain hurts!



- Excessive fatigue (tiredness)
- Mood Swings (easily frustrated, anxious, angry, depressed, low self-esteem)

- Ringing in the ears
- Vision change
- Weakness or paralysis



Consequences of mild traumatic brain injury:

Do you have difficulty with:

- Balance and coordination
- Concentration
- Forgetting things (memory problems)
- Learning new things
- Sleep
- Speech and language (expressing thought or not understanding what is said)
- Physical disabilities
- Paying attention
- Problem solving



Don't let yourself feel this way another minute.

Don't wait.

Brain Injury is the farthest thing on your mind until it is the only thing on your mind.

Please call:

1-800-451-0669

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