

Intensive Outpatient Program (IOP)

IOP is an outpatient treatment program providing half day or evening group therapy and medication management affording many patients the flexibility to maintain their daily responsibilities. Patients at this level of care are working toward continuing improvement and successful management of their symptoms. CenterPointe provides Intensive Outpatient treatment for adolescents and adults.



Transcranial Magnetic Stimulation (TMS)

CenterPointe offers TMS to its outpatient treatment options for depression. TMS uses magnetic fields to stimulate nerve cells in the brain and improve symptoms of depression.

This FDA-approved therapy is designed to help depressed individuals who have not achieved relief through pharmacotherapy return to their routine activities and feel like themselves again. During this 4-6 week treatment course, patients receive outpatient treatment Monday through Friday in the comfort of a physician's office.

CenterPointe
HOSPITAL
of COLUMBIA



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of COLUMBIA

BEHAVIORAL
HEALTH TREATMENT



Hope

for a bright future

*Mental Health and
Addiction Treatment for
Adults and Adolescents*

CRISIS STABILIZATION • INPATIENT CARE
INTENSIVE OUTPATIENT • PARTIAL HOSPITALIZATION
DUAL DISORDERS

CenterPointe Hospital of Columbia

1201 International Drive
Columbia, Missouri 65202

For more information
or to schedule an assessment
at no cost call:

573-615-2001 Main
855-623-7016 Toll Free

CenterPointe Hospital of Columbia does not discriminate against any person on the basis of race, color, national origin, disability or age in admission, treatment or participation in its programs, services and activities, or in employment.

CenterPointe Hospital of Columbia is

a private, free-standing psychiatric hospital providing crisis stabilization and inpatient care for adults and adolescents.

Outpatient treatment services are also provided to adults and adolescents.



CenterPointe is a premier provider of behavioral health services delivered with compassion for patients and their families.

CenterPointe has established itself as a leader in mental health and addiction treatment and maintains a reputation for providing a continuum of quality care.



Crisis Stabilization and Inpatient Care

CenterPointe's inpatient psychiatric care provides psychiatric stabilization with emphasis on identifying crisis symptoms, stabilizing behaviors, identifying environmental supports and increasing coping skills for each patient.

Once stabilized and prior to discharge, patients are evaluated to determine if additional treatment is required and may be referred to outpatient treatment.

Stepping Stones Adolescent Services

CenterPointe offers a comprehensive range of behavioral health services for adolescents, ages 12-17. Our continuum of inpatient and outpatient treatment options address a wide range of adolescent treatment needs, including:

- Comprehensive evaluation
- Crisis stabilization
- Group and individual therapies
- Medication management
- Coping skills training
- Expressive therapies (including art & music therapies)



Outpatient Treatment Services

Outpatient psychiatric and dual diagnosis treatment (psychiatric and substance use) is provided for patients who are experiencing moderately severe symptoms that do not require inpatient hospitalization.

Patients appropriate for these levels of care demonstrate reliable medication compliance, the ability to

maintain home, work or school commitments and have support from their home and other social environments.



Partial Hospitalization Program (PHP)

PHP is an outpatient treatment program for adults, providing five full days of group therapy and medication management Monday through Friday. Patients appropriate for this level of care have reduced the crisis level in their lives and may utilize PHP as either a "step-down" following acute inpatient care or as the point of entry for treatment.

For additional admission information or to schedule an assessment at no cost, contact

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855-623-7016 Toll Free

SERVICES

CenterPointe provides treatment for a wide range of mental health and substance use issues, including but not limited to:

- mood disorders (depression and bipolar)
- anxiety disorders
- thoughts or plans of harm to self or others
- trauma and PTSD
- dual diagnosis (psychiatric & substance use)
- medical detoxification and treatment for addiction to alcohol and other drugs