

# **DIVISION OF SENIOR AND DISABILITY SERVICES**

# 4.10 EXPLANATION OF LEVEL OF CARE DETERMINATION

#### INTRODUCTION

Individuals seeking Home and Community Based Services (HCBS) must meet nursing facility Level of Care (LOC). This measures the same eligibility criteria required for entry into a nursing facility as outlined in <u>19</u> <u>CSR 30-81</u>. LOC is determined during (re)assessments completed by Division of Senior and Disability Services (DSDS) staff or their designee.

## PURPOSE

DSDS utilizes the InterRAI HC tool to conduct assessments. Based on the information gathered, algorithms within the electronic case record system determine the LOC score in individual categories. With an assessed LOC score of 18 points or higher, an individual is determined to be qualified for LOC and eligible for HCBS. If the individual does not meet LOC, they are determined to be ineligible and appropriate <u>adverse action</u> steps should be taken.

## CATEGORIES

## **COGNITION**

- Determine if the participant has an issue in one or more of the following areas:
  - $\circ\,$  Cognitive skills for daily decision making and ability to complete task in a sequence
  - Memory or recall ability (short-term, procedural, situational memory)
  - o Disorganized thinking/awareness mental function varies over the course of the day
  - $\circ~$  Ability to understand others or to be understood

0 pts	3 pts	6 pts	9 pts	18 pts
No issues with	Displays difficulty	Displays consistent	Rarely or never has	TRIGGER:
cognition	making decisions in	unsafe/poor decision	the capability to	Comatose state
AND	new situations or	making or requires	make decisions	
No issues with	occasionally requires	total supervision	OR	
memory,	supervision in	AND	Displays consistent	
mental	decision making	Has issues with	unsafe/poor	
function, or	AND	memory mental	decision making or	
ability to be	Has issues with	function, or ability to	requires total	
understood/	memory, mental	be understood/	supervision	
understand	function, or ability to	understand others	AND	
others	be understood/		Rarely or never	
	understand others		understood/able	
			to understand	
			others	

## <u>EATING</u>

- Determine the amount of assistance the participant needs with eating and drinking. Includes intake of nourishment by other means (e.g. tube feeding or TPN).
- Determine if the participant requires a physician ordered therapeutic diet.

0 pts	3 pts	6 pts	9 pts	18 pts
No assistance	Physician ordered	Moderate assistance	Maximum assistance	TRIGGER: Total
needed	therapeutic diet	needed with eating,	needed with eating,	dependence on
AND	OR	i.e. participant	i.e. participant	others
No physician	Set up, supervision,	performs more than	requires caregiver to	
ordered diet	or limited assistance	50% of the task	perform more than	
	needed with eating	independently	50% for assistance	

#### **BEHAVIORAL**

- Determine if the participant:
  - $\circ~\mbox{Receives}$  monitoring for a mental condition
  - Exhibits one of the following mood or behavior symptoms wandering, physical abuse, socially inappropriate or disruptive behavior, inappropriate public sexual behavior or public disrobing; resists care
  - o Exhibits one of the following psychiatric conditions –abnormal thoughts, delusions, hallucinations

0 pts	3 pts	6 pts	9 pts	18 pts
Stable mental	Stable mental	Unstable mental	Unstable mental	
condition	condition	condition monitored	health condition	
AND	monitored by a	by a physician or	monitored by a	
No mood or	physician or	licensed mental	physician or licensed	
behavior	licensed mental	health professional at	mental health	
symptoms	health professional	least monthly	professional at least	
observed	at least monthly	OR	monthly	
AND	OR	Behavior symptoms	AND	
No reported	Behavior symptoms	are currently	Behavior symptoms	
psychiatric	exhibited in past,	exhibited	are currently	
conditions	but not currently	OR	exhibited	
	present	Psychiatric conditions	OR	
	OR	are recently	Psychiatric conditions	
	Psychiatric	exhibited	are currently	
	conditions		exhibited	
	exhibited in past,			
	but not recently			
	present			

# <u>TOILETING</u>

- Determine the amount of assistance the participant needs with toileting. Toileting includes using the toilet (bedpan, urinal, commode), changing incontinent episodes, managing catheters/ostomies, and adjusting clothing.
- Determine the amount of assistance the participant needs with transferring on/off the toilet.

0 pts	3 pts	6 pts	9 pts	18 pts
No assistance	Limited or	Maximum assistance	Total dependence on	
needed	moderate	needed, i.e.	others	
OR	assistance needed,	participant needs 2		
Only set up or	i.e. participant	or more helpers or		
supervision	performs more	more than 50% of		
needed	than 50% of task	caregiver weight-		
	independently	bearing assistance		

#### <u>BATHING</u>

• Determine the amount of assistance the participant needs with bathing. Bathing includes taking a full body bath/shower and the transferring in and out of the bath/shower.

0 pts	3 pts	6 pts	9 pts	18 pts
No assistance	Limited or	Maximum assistance,		
needed	moderate	i.e. participant needs		
OR	assistance needed,	2 or more helpers or		
Only set up or	i.e. participant	more than 50% of		
supervision	performs more	caregiver weight-		
needed	than 50% of task	bearing assistance		
	independently	OR		
		Total dependence on		
		others		

## TREATMENTS

- Determine if the participant requires any of the following treatments:
  - Catheter/Ostomy care
  - Alternate modes of nutrition (tube feeding, TPN)
  - $\circ$  Suctioning
  - Ventilator/respirator
  - Wound care (skin must be broken)

0 pts	3 pts	6 pts	9 pts	18 pts
None of the		One or more of the		
above		above treatments are		
treatments		needed		
needed				

#### DRESSING AND GROOMING

- Determine the amount of assistance the participant needs with:
  - Personal Hygiene
  - Dressing Upper Body
  - Dressing Lower Body

0 pts	3 pts	6 pts	9 pts	18 pts
No assistance	Limited or	Maximum assistance,		
needed	moderate	i.e. participant needs		
OR	assistance needed,	2 or more helpers or		
Only set up or	i.e. participant	more than 50% of		
supervision	performs more	caregiver weight-		
needed	than 50% of task	bearing assistance		
	independently	OR		
		Total dependence on		
		others		

#### **REHABILITATION**

- Determine if the participant has the following medically ordered therapeutic services:
  - Physical therapy
  - Occupational therapy
  - Speech-language pathology and audiology services
  - o Cardiac rehabilitation

0 pts	3 pts	6 pts	9 pts	18 pts
None of the	Any of the above	Any of the above	Any of the above	
above	therapies ordered,	therapies ordered 2-	therapies ordered 4	
therapies	1 time per week	3 times per week	or more times per	
ordered			week	

#### MEAL PREP

• Determine the amount of assistance the participant needs to prepare a meal. This includes planning, assembling ingredients, cooking, and setting out the food and utensils.

0 pts	3 pts	6 pts	9 pts	18 pts
No assistance needed <b>OR</b> Only set up or supervision	Limited or moderate assistance needed, i.e. participant	Maximum assistance, i.e. caregiver performs more than 50% of task <b>OR</b>		
needed	performs more than 50% of task	Total dependence on others		

#### MEDICATION MANAGEMENT

• Determine the amount of assistance the participant needs to safely manage their medications. Assistance may be needed due to a physical or mental disability.

0 pts	3 pts	6 pts	9 pts	18 pts
No assistance needed	Setup help needed OR Supervision needed OR Limited or moderate assistance needed, i.e. participant performs more than 50% of task	Maximum assistance needed, i.e. caregiver performs more than 50% of task <b>OR</b> Total dependence on others		

#### MOBILITY

- Determine the participant's primary mode of locomotion
- Determine the amount of assistance the participant needs
  - Locomotion how moves in the home, between locations on the same floor (walking or wheeling). If wheeling, how much assistance is needed once in the chair?
  - Bed Mobility transition from lying to sitting, turning, etc. while in bed

0 pts	3 pts	6 pts	9 pts	18 pts
No assistance	Limited or moderate	Maximum		TRIGGER:
needed	assistance needed, i.e.	assistance		Participant is
OR	participant performs	needed for		bedbound
Only set up or	more than 50% of task	locomotion or		OR
supervision	independently	bed mobility, i.e.		Total
need		participant needs		dependence on
		2 or more helpers		others for
		or more than 50%		locomotion
		of caregiver		
		weight-bearing		
		assistance		
		OR		
		Total dependence		
		for bed mobility		

# <u>SAFETY</u>

- Preliminary safety LOC score
  - $\circ~$  Determine if the individual exhibits any of the following risk factors:
  - Vision Impairment
  - o Falling
  - Balance moving to standing position, turning to face the opposite direction, dizziness, or unsteady gait.
- After determination of preliminary score, history of institutionalization in the last 5 years and age will be considered to determine final score.
  - Institutionalization long term care facility, RCF/ALF, mental health residence, psychiatric hospital, settings for persons with intellectual disabilities
  - Age 75 years and over

0 pts	3 pts	6 pts	9 pts	18 pts
No difficulty or	Severe difficulty with	No vision	Preliminary score	TRIGGER:
some difficulty	vision (sees only lights	OR	of 6	Preliminary score
with vision	and shapes)	Has fallen in last	AND	of 6
AND	OR	90 days	Institutionalization	AND
No falls in last	Has fallen in last 90	AND		Age
90 days	days	Has current		Preliminary score
AND	OR	problems with		of 3
No recent	Has current problems	balance		AND
problems with	with balance	<b>OR</b> Preliminary		Age
balance	OR	score of 0		AND
	Preliminary score of 0	AND		Institutionalization
	AND	Age		
	Age <b>or</b>	AND		
	Institutionalization	Institutionalization		
		OR Preliminary		
		score of 3		
		AND		
		Age or		
		Institutionalization		