

# GUIDE FOR DEVELOPING DAILY SCHEDULE

To comply with licensing rules 19 CSR 30-61.045 and 19 CSR 30-62.042, a facility needs to submit a sample daily schedule.

- For all hours of care (including full day schedule for school-age care, as applicable).
- For all ages of children in care (infant/toddler preschool; school-age).
- Listed in specific time frames.

Activities shall include:

- Quiet and active times.
- Free choice play opportunities
- Planned group activities
- Total of one (1) hour of outdoor play.
- Developmentally appropriate play activities
- Regular snack and meal times.
- Supervised nap times
- Toileting/handwashing/diapering.
- Study times for school-age children.