

# NATIONAL EMPLOYEE HEALTH & FITNESS DAY

## FIND YOUR BALANCE

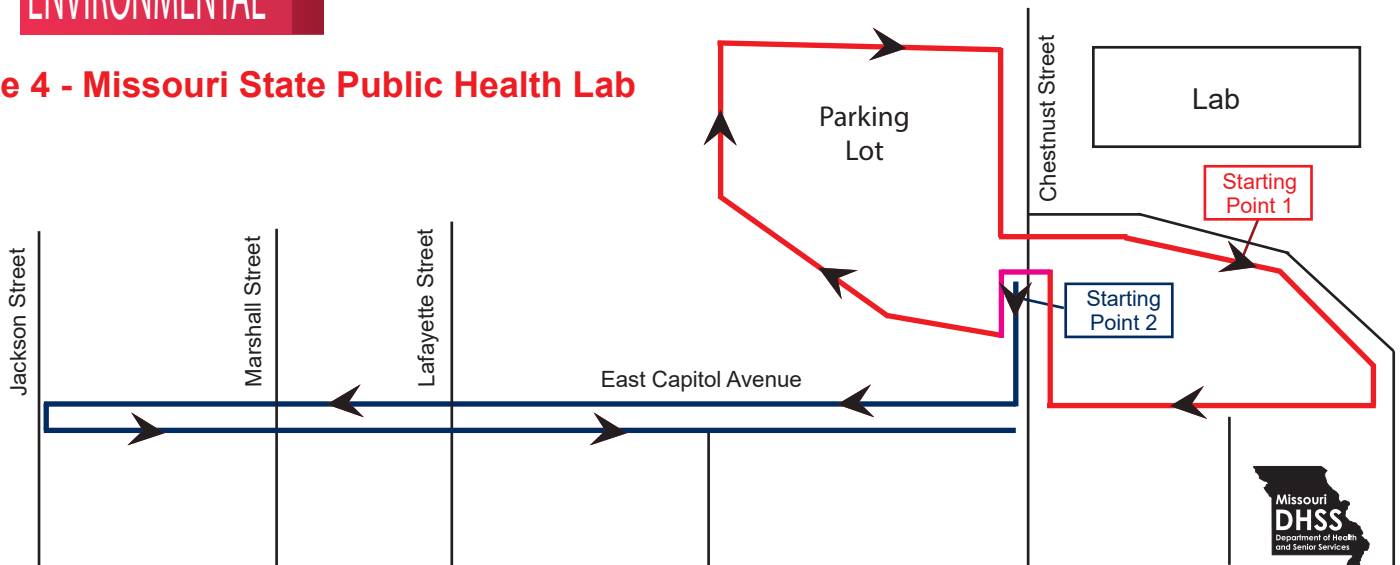
# May 15

Join employees across the state on a walk for health.

Walk anytime between  
11 a.m. and 2 p.m.



### Route 4 - Missouri State Public Health Lab



May 15, 2019

## National Employee Health & Fitness Day

### Registration Form



**REMEMBER** to get your registration form stamped at the start, midpoint and end of your walk

To be eligible for prize drawings, please turn in your completed registration form at the ending point. Winners will be notified by email or phone by **June 10**. If you do not wish to enter the prize drawings, please check the following box.

Name: \_\_\_\_\_ Agency: \_\_\_\_\_

Work Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Like us on Facebook:  
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