



COMMODITY SUPPLEMENTAL FOOD PROGRAM
POLICY AND PROCEDURE MANUAL

SUBJECT: Nutrition Education	Chapter: 4
	Section: 4.1
REFERENCES: 7 CRF 247.6 (c) (7) and 7 CFR 247.18	Page: 1 of 1
	Revised: 04-2014

PURPOSE: To establish an overall nutrition education plan.

POLICY: Local agencies shall provide nutrition education that can be easily understood by participants and is related to their nutrition needs and household situations.

PROCEDURES:

- A. The Contractor shall make nutrition education available to all participants.
- B. The Contractor shall discuss with applicants key points on Attachment 2.3 “The Commodity Supplemental Food Package is” and shall provide a copy of Attachment 2.4 “Health & Social Services Referral Information” to each applicant at the time of certification in order to address the following subject matter:
 - 1. The nutritional value of CSFP foods, and their relationship to the overall dietary needs of the population groups served;
 - 2. Nutritious ways to use CSFP foods;
 - 3. Special nutritional needs of participants and how these needs may be met;
 - 4.
 - 5. The importance of health care, and the role nutrition plays in maintaining good health; and
 - 6. The importance of the use of the foods by the participant to whom they are distributed, and not by another person.
- C. Nutrition education resources are available free or at low cost to the local agencies through sources listed on Attachment 4.1 and at <http://www.health.mo.gov/living/wellness/nutrition/foodprograms/csfp> under Related Links.
- D. The State or local agency or another agency with which it has signed an agreement may use CSFP foods to conduct cooking demonstrations as part of the nutrition education provided to program participant, but not for other purposes.