



Missouri Commodity Supplemental Food Program (CSFP)

What is the CSFP?

The Missouri Commodity Supplemental Food Program (CSFP) works to improve the health of older persons at least 60 years of age by supplementing their diets with nutritious USDA commodity foods. The Missouri Department of Health and Senior Services (MDHSS) administers the CSFP.

CSFP food packages do not provide a complete diet, but rather are good sources of the nutrients typically lacking in the diets of the target population. These include vitamins A and C, calcium and iron.

How does the program operate?

USDA purchases food and makes it available to MDHSS along with funds for administrative costs. MDHSS distributes the food to public and non-profit private local agencies. Local agencies determine the eligibility of applicants, distribute the foods, and provide nutrition education. Local agencies also provide referrals to other welfare, nutrition, and health care programs such as WIC, food stamps, Medicaid, and Medicare.

What are the requirements to get food through CSFP?

Participants must reside in the state of Missouri. Participants must meet income eligibility requirements and must have income at or below 130 percent of the Federal Poverty Income Guidelines.

What foods are provided to participants?

Food packages include a variety of foods, such as non-fat dry milk, evaporated milk, juice, hot or ready-to-eat cereal, rice or pasta, peanut butter or dry beans or peas, canned meat or poultry or tuna or salmon or egg mix, and canned fruits and vegetables.

For more information go to

<http://www.health.mo.gov/living/wellness/nutrition/foodprograms/csfp/index.php> or contact:

CSFP Program Manager

Bureau of Community Food and Nutrition Assistance

Missouri Department of Health and Senior Services

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