

	MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES CHILD AND ADULT CARE FOOD PROGRAM Sponsoring Organizations of Homes POLICY & PROCEDURE MANUAL		ISSUED	REVISED	CHAPTER	SECTION
			8/06	5/16	10	10.12
CHAPTER Chapter 10. Meal Pattern			SUBJECT Meal Service Times			

This policy applies when scheduling meal times and when approval is granted for meals claimed for reimbursement in all Child and Adult Care Food Program family child care homes.

Meal time duration

When scheduling meal times, the following requirements will be used for approval:

Breakfast

- The duration of the breakfast meal service may take no more than 2 hours from start to finish.
- The breakfast must be served at a time traditionally considered as the normal serving time for breakfast.

Snack

- The duration of the snack service may take no more than 2 hours from start to finish.
- A snack may be approved for midmorning, afternoon and evening.
- A snack may be scheduled no earlier than 2 hours after the completion of the previous meal or snack.

Exception: The midmorning snack may be served at a time less than 2 hours (but not less than 1 hour) following the completion of the breakfast meal only in situations where it is served to different children who arrive at the home too late for the scheduled breakfast. In such instances children may only be claimed for one meal or snack consumed, either the breakfast or the AM snack. The same child may not be claimed for both the breakfast and the AM snack.

Lunch

- The duration of the lunch meal service may take no more than 2 hours from start to finish.
- Lunch must be served at a time traditionally considered as the normal serving time for lunch.
- Lunch may be scheduled no earlier than 2 hours after the completion of the previous meal or snack.

Supper

- The duration of the supper meal service may take no more than 2 hours from start to finish.
- The supper meal may be scheduled no earlier than 2 hours after the completion of the previous meal or snack.
- The supper meal must be served at a time traditionally considered as the normal serving time for supper.

Meals must be served at a time traditionally considered as the normal serving time for such a meal.

At least 2 hours must elapse between the end of one meal and the start of the following meal or snack.

Reference:

Time of meal service {226.20(k)} State agencies may require any institution or facility to allow a specific amount of time to elapse between meal services or require that meal services not exceed a specified duration. State Agencies will issue policy to place time limits on meal services for any type facility.

CACFP policy 293 states that in order for a meal to be claimed it should be served at a time traditionally considered as the normal serving time for such a meal.