

# **At-Risk Afterschool and Outside School Hours Care Center Resources**

The internet has a vast amount of information that can assist child care providers with their food service operation and with education of staff and children. Below are some resource recommendations, you can find all of the links on our webpage at:

<http://health.mo.gov/cacfp>

**A Flash of Food Safety**

**Childhood Obesity Prevention Toolkit for Rural Communities**

**Choose My Plate**

**DHSS Food Safety**

**Eatright.org**

**Farm to Child Care**

**Food Safety**

**Institute of Child Nutrition**

**Nutrition for Kids**

**Recipes for Healthy Kids**

**Team Nutrition**

**CACFP Meal Pattern Training Worksheets (English and Spanish)**

**Spanish Materials Available for Team Nutrition**

**Training Resources on Using Ounce Equivalents for Grains**

**USDA Child and Adult Care Food Program**

**USDA Civil Rights**

**USDA Food Buying Guide**

**USDA Food Buying Guide Interactive Web-Based Tool**

**USDA Food Buying Guide Mobile App**

**USDA Food Buying Guide Training-recorded webinars and training modules**

**USDA Food Buying Guide downloadable PDF**

**USDA Standardized Recipes**

**WIC Approved Food List**