



MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES
 COMMUNITY FOOD AND NUTRITION ASSISTANCE (CFNA)
 CHILD AND ADULT CARE FOOD PROGRAM (CACFP)
AT-RISK SNACK & SUPPER MENU TEMPLATE (7 DAY)

EXAMPLE

NAME OF CENTER/FACILITY Love_N_Staff							
YEAR 20XX WEEK OF June1 to June7							
	DATE 6/1	DATE 6/2	DATE 6/3	DATE 6/4	DATE 6/5	DATE 6/6	DATE 6/7
SNACK PM Serve 2 of 5	cheese quesdilla						
Milk		skim milk			skim milk		skim milk
Meat/Meat Alternates	colby cheese	peanut butter		mozzarella cheese stick	yogurt		
Vegetable			carrot sticks				carrots
Fruit			apple slices	pineapple	banana	strawberries	
Grain	WG flour tortilla	WG bread				biscuit	
Other Foods	mild salsa						
SUPPER	vegetable beef soup USDA recipe		baked chicken USDA recipe			cheese pizza (HM)	
Milk	skim milk	skim milk	skim milk	skim milk	skim milk	skim milk	skim milk
Meat/Meat Alternates	lean ground beef	beef hot dog	chicken breast	deli turkey & swiss cheese	fish patty (CN)	cheese	roast beef
Vegetable	broccoli	tater tots	green beans	baby carrots	mixed vegetables	tossed salad	mashed potatoes
Fruit	pineapple chunks	watermelon cubes	peaches	banana	fruit salad	watermelon cubes	peaches
Grain	cornbread	WG hot dog bun	WG roll	WG bread	WG hamburger bun	WG pizza crust	WG roll
Other Foods		mustard/ketchup	ketchup	mustard/mayo	tartar sauce	salad dressing/pizza sauce	beef gravy

Note: Minimum serving sizes per age group and meal requirements as listed on the Food Charts must be followed for a creditable **CACFP** meal.