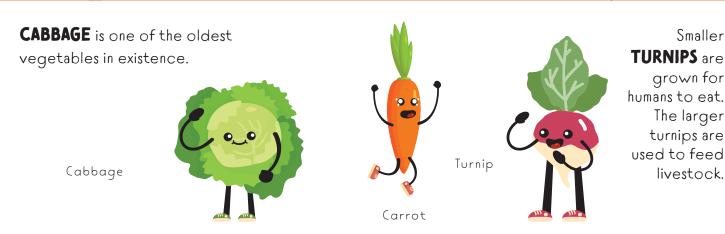
## **Did You Know?**



## People first grew **CARROTS** as medicine, not food.

**Vord Search** 

Adapted from https://www.boredpanda.com/cool-facts-about-vegetables/, https://www.befitandfine.com/facts-of-fruits/ and http://justfunfacts.com/ interesting-facts-about-turnips/

**Brain Challenges** 

**Fun Food Facts** 

Find the 13 fruits and vegetables listed to the right of the word search. One of the words has already been found for you.

Circle the words as you find them.

The answer is on the other side.



U	Ρ	Ε	Ρ	Ρ	Ε	R	В
С	U	С	U	Μ	В	Е	R
А	М	Е	0	Ζ	Е	Т	0
U	Ρ	L	R	R	Α	0	С
L	Κ	Е	F	Х	Ν	Μ	С
	-	R	С	-	Q	Α	0
F	Ν	Υ	0	W	В	Т	L
L	К	Ν	Ζ	В	Н	0	
0	J	С	Α	R	R	0	Т
W	U	G	Т	0	Ζ	U	Q
Ε	Е	Ζ	С	Н	I	L	
R	Α	D		S	Η	W	Α

Bean Broccoli Cabbage Carrot Cauliflower Celery Chili Corn Cucumber Onion Pepper Pumpkin <del>Radish</del> Tomato



Radish



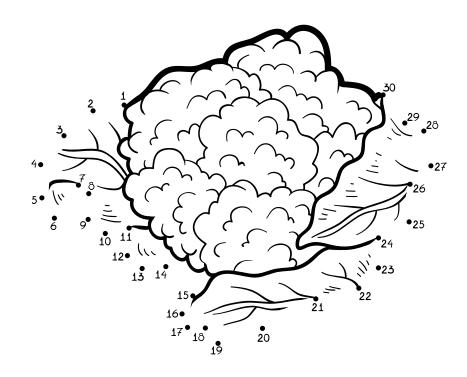
Funded in part by USDA SNAP For more information, call MU Extension's Show Me Nutrition line at 1-888-515-0016 Running out of money for food? Contact your local food stamp office or go online to mydss.mo.gov/food-assistance/food-stamp-program. **Brain Challenges** 

## **Connect The Dots**

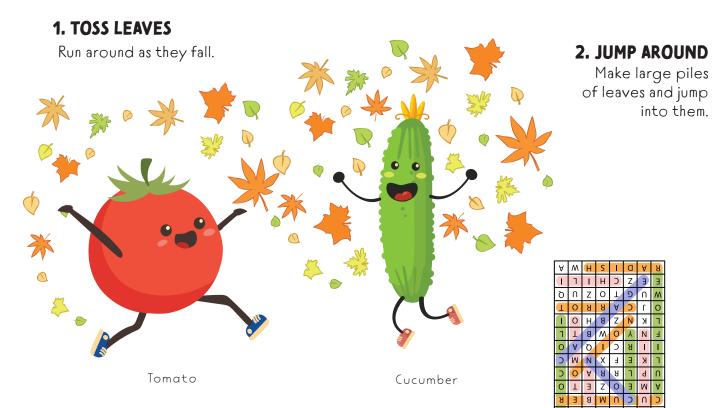
Starting at number 1, connect all of the dots to create a cauliflower! You will end at number 30. Color the cauliflower you draw.

The answer is on the other side.









Adapted from *beactivekids.org* 

:Y9W2nA

В

N b E