# Fun Food Facts

# **Did You Know?**

The top of **BROCCOLI** is actually a flower that hasn't opened yet.



Broccoli



SWISS CHARD stems look like celery and can be green, red, pink, orange or yellow.



Swiss Chard

An **APPLE** tree can produce up to 400 apples a year.

Adapted from https://www.juiceplus.com/at/en/juice-plus-experience/magazine.read.html/en/2018/3/9-fun-facts-about-fruit-and-vegetables-to-teach-your-kids.html , https://amazingfacts4u.com/fruits/ and https://www.fruitsandveggiesmorematters.org/swiss-chard

**Brain Challenges** 



# **Tasty Maze**

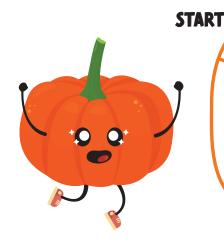






Find your way through the pumpkin maze from start to finish.

The answer is on the other side.







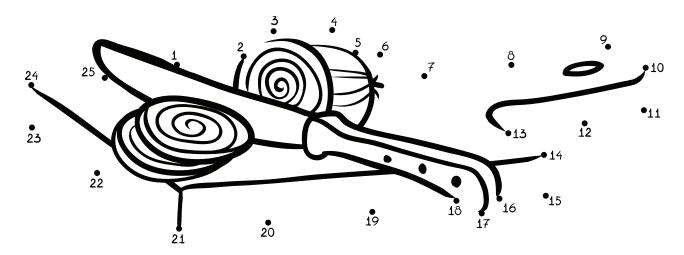
Pumpkin

### **Connect The Dots**



Starting at number 1, connect all of the dots to create a cutting board! You will end at number 25. Color the onion and board you draw.

The answer is on the other side.



**Physical Activities** 

# **Fall in Love with Leaves**



#### 1. RIDE A BIKE OR SCOOTER THROUGH LEAVES

Watch the leaves fly around you!



