

**Program for Dietetic Interns – Missouri Department of Health and Senior Services
Prior Learning Assessment Form 1: Community Nutrition**

Documentation – provide written copies as proof of your prior assessment learning or experience equivalent to the internship assignments.

Competency/ Objective	Internship Assignments	Date(s), location(s), hours spent	Describe work/life or professional/continuing education experiences – “What I did”	Describe what was learned. Describe how professional growth was achieved. “What I learned from this experience...” or “How I grew professionally from this experience...”
<p>CRD 2.3: Design, implement and evaluate presentations to a target audience.</p> <p>CRD 3.2: Demonstrate effective communications skills for clinical and customer services in a variety of formats.</p>	<p>Conduct an in-service on a relevant nutrition topic for staff; assess target population, determine needs, objectives, methods; implement and evaluate. (ALL)</p> <p>Write a food/nutrition article for potential publication (e.g., newsletter, web site, or magazine). (R, O, UE)</p>	<p>Date:</p> <p>Location:</p> <p>Hours spent:</p>		
<p>CRD 4.3: Participate in public policy activities, including both legislative and regulatory initiatives</p>	<p>Assess political milieu (setting/ environment) of organization. (ALL)</p> <p>Identify key player(s) responsible for agency/ program planning. (ALL)</p>	<p>Date:</p> <p>Location:</p> <p>Hours spent:</p>		

Key:
 ALL – All Subrotations
 R – Retail
 UE – University Extension
 O – Outreach
 CHD – County Health Department

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<p>CRD 3.1.a: Assess the nutritional status of individuals, groups and populations in a variety of settings where nutrition care is or can be delivered</p> <p>CRD 3.1.b: Diagnose nutrition problems and create problem, etiology, signs and symptoms (PES) statements</p> <p>CRD 3.1.c: Plan and implement nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention</p> <p>CRD 3.1.d: Monitor and evaluate problems, etiologies, signs, symptoms and the impact of interventions on the nutrition diagnosis</p> <p>CRD 3.1.e: Complete documentation that follows professional guidelines, guidelines required by health care systems and guidelines required by the practice setting</p>	<p>Write chart note(s).</p> <p>Analyze individual dietary intake and make recommendations.</p> <p>Evaluate components of nutrition assessment (e.g., anthropometric measures, biochemistry, dietary, clinical, psychosocial).</p> <p>Evaluate biochemical measures (e.g., hemoglobin, hematocrit, lead).</p> <p>Screen clients using a screening tool, identify a high-risk client using this tool, document, educate or refer as appropriate.</p> <p>Measure the height, weight and head circumference of an infant and graph results using growth charts. Interpret results.</p> <p>Calculate BMI for an adult. Identify the BMI category, their associated risk for disease and specific diseases they are at risk for developing based on BMI.</p> <p>(R, O)</p>	<p>Date:</p> <p>Location:</p> <p>Hours spent:</p>		

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<p>CRD 2.4: Use effective education and counseling skills to facilitate behavior change</p> <p>CRD 2.5: Demonstrate active participation, teamwork and contributions in group settings</p> <p>CRD 2.11: Demonstrate professional attributes within various organizational cultures</p> <p>CRD 3.3: Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management</p> <p>CRD 3.4: Deliver respectful, science-based answers to consumer questions concerning emerging trends</p>	<p>Utilize services of a language of an interpreter for nutrition education or describe a past experience. (ALL)</p> <p>Actively participate in public education campaign(s) that emphasize community health promotion and disease prevention (e.g., breastfeeding promotion, food labeling). (O, R, UE)</p> <p>Develop or evaluate materials for providers to use in implementing public health nutrition program. (O, UE)</p>	<p>Date:</p> <p>Location:</p> <p>Hours spent:</p>		

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<p>CRD 1.1: Select indicators of program quality and/or customer service and measure achievement of objectives.</p> <p>CRD 3.6: Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals.</p>	<p>Analyze cost and availability of foods within a community for the low income and/or homeless populations. (UE)</p> <p>Develop a one-week menu for a family of four, using the Thrifty Food Plan and assess for nutritional adequacy. (UE)</p> <p>Evaluate the impact of nutrition programs, (e.g., Food Stamps, school lunch program, WIC, day care homes, congregate feedings) on the adequacy of the food supply for a family. (UE)</p>	<p>Date:</p> <p>Location:</p> <p>Hours spent:</p>		
<p>CRD 2.8: Apply leadership skills to achieve desired outcomes</p> <p>CRD 2.13: Demonstrate negotiation skills</p> <p>CRD 4.1: Participate in management of human resources</p>	<p>Review sites’ organization charts and policy manuals. (ALL)</p> <p>Review the mission, vision statement and goals of a health agency (e.g., a rotation site); compare to other relevant agency goals; relate to budget process. (ALL)</p> <p>Assist in managing a program or service. (ALL)</p>	<p>Date:</p> <p>Location:</p> <p>Hours spent:</p>		