

CURRICULUM FOR SUPERVISED PRACTICE¹: For DI
Missouri Department of Health and Senior Services
Program for Dietetic Interns

Name: _____

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Name(s) of Facility(ies)/Affiliation(s) _____ Type of Experience/Rotation _____

Community 2014-2015

Weeks of Supervised Practice 12 Practice Hours 450 Didactic Hours 60

Competency/ Objectives	Planned Experiences (Didactic and Practice)	Evaluation Strategy	Activity that met the competency	Rating, Date Completed and Signature of Preceptor
CRD 1.4: Evaluate emerging research for application in dietetics practice	<ul style="list-style-type: none"> Incorporates key scientific findings into a mock consumer-focused cooking demonstration. Interns will incorporate lean beef and heart health into a media interview and MyPlate guidelines into a cooking demonstration. (MO Beef Industry Council - MBIC) 	Preceptor observation and evaluation of presentation.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
CRD 2.1: Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Dietetics Practice and Code of Ethics for the Profession of Dietetics	<ul style="list-style-type: none"> Conduct self in professional manner and in compliance with the Code of Ethics and Standards of Practice for Dietitians. (All) 	Preceptor evaluation of intern's application of the Code of Ethics and Standards of Practice for Dietitians to practice.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>

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Reference CFNA rotation checklist for specific activities.

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CRD 2.2: Demonstrate professional writing skills in preparing professional communications	<ul style="list-style-type: none"> Evaluate appropriateness of education materials to client diagnoses and family needs. (Outreach; HyVee; Co. H.D.) Determine the appropriate literacy level for a population group. (Outreach; HyVee; Extension; Co. H.D.) Written materials, e.g., project proposals, education materials, policies and procedures, are communicated professionally. (All) 	<p>Preceptor evaluation of discussion with intern.</p> <p>Preceptor evaluation of discussion with intern.</p> <p>Preceptor evaluation of project or written items.</p>		<p>4□ 3□ 2□ 1□</p> <p>4□ 3□ 2□ 1□</p> <p>4□ 3□ 2□ 1□</p>
CRD 2.3: Design, implement and evaluate presentations to a target audience	<ul style="list-style-type: none"> Conduct an in-service on a relevant nutrition topic for staff; assess target population, determine needs, objectives, methods; implement and evaluate. (HyVee; Outreach; CFNA; WICNS) 	Preceptor observation and evaluation of training outline, presentation and training evaluation.		4□ 3□ 2□ 1□
CRD 2.4: Use effective education and counseling skills to facilitate behavior change	Provide education, counseling and/or a class presentation to participants (individual or group) which incorporates dietary practices and behaviors appropriate to their needs and encourages behavior change. (State Public Health Program; HyVee; Outreach; CFNA; WICNS; Co. Health Dept.)	Preceptor observation and evaluation of counseling or presentation.		4□ 3□ 2□ 1□

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CRD 2.8: Apply leadership skills to achieve desired outcomes	<ul style="list-style-type: none"> Participate with a nutritionist in reviewing the state licensure procedures to assure that nutrition services are in line with agency plans and regulations. Review most recent monitoring tool. Complete on-site review and evaluate licensure compliance. Complete written evaluation and recommendation(s) with supervision of preceptor. (State Public Health Programs; WICNS; CFNA) 	Preceptor evaluates intern's review, evaluation and recommendations.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
CRD 2.9: Participate in professional and community organizations	<ul style="list-style-type: none"> Participate in community-based field experience(s) (e.g., food bank, homeless shelter, soup kitchen, congregate nutrition sites, head start). (CFNA) 	Preceptor evaluation of documentation by the intern in journal.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
CRD 2.10: Establish collaborative relationships with other health professionals and support personnel to deliver effective nutrition services.	<ul style="list-style-type: none"> Access and analyze an agency to identify multidisciplinary programs and approaches to delivery of services. (Outreach; State Public Health Programs; CFNA; WICNS) Interview team members, including paraprofessionals and write a description of roles and responsibilities. (Outreach; State Public Health Programs; CFNA; WICNS) Communicate with physician to clarify order or to report progress. (Hy-Vee; CO. H.D.; Outreach) 	<p>Preceptor evaluation of written reports.</p> <p>Preceptor evaluation of written reports.</p> <p>Preceptor observation and evaluation</p>		<p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p>

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<p>CRD 3.1: Perform the Nutrition Care Process (a through e below) and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings</p> <p>CRD 3.1.a: Assess the nutritional status of individuals, groups and populations in a variety of settings where nutrition care is or can be delivered</p>	<ul style="list-style-type: none"> Evaluate components of nutrition assessment (e.g., anthropometric measures, biochemistry, dietary, clinical, psychosocial). (Co. H.D.; HyVee; Outreach) Evaluate biochemical measures (e.g., hemoglobin, hematocrit, lead). (Co. H.D.; HyVee; Outreach) Screen clients using a screening tool, identify a high-risk client using this tool, document, educate or refer as appropriate. (Co. H.D.; HyVee; Outreach) Measure the height, weight and head circumference of an infant. Graph weight for age, weight for height and height for age using CDC pediatric growth charts; interpret results. (Co. H.D.; HyVee; Outreach) 	<p>Preceptor observation and evaluation.</p> <p>Preceptor evaluation of written reports.</p> <p>Preceptor evaluation of written reports.</p> <p>Preceptor evaluation of procedure, accuracy of measurements and understanding of measurements as they relate to health status.</p>		<p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p>
<p>CRD 3.1.b.: Diagnose nutrition problems and create problem, etiology, signs and symptoms (PES) statements</p>	<ul style="list-style-type: none"> Calculate BMI for an adult. Identify the BMI category they fall into, their associated risk for disease and specific diseases they are at risk for developing based on BMI. (Co. H.D.; HyVee; Outreach) 	<p>Preceptor evaluation of procedure, accuracy of measurements and understanding of BMI as it relates to health status</p>		<p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p>

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CRD 3.1.c: Plan and implement nutrition interventions to include prioritizing the nutrition diagnosis, formulating a nutrition prescription, establishing goals and selecting and managing intervention	<ul style="list-style-type: none"> Analyze individual dietary intake and make appropriate recommendations. (Co. H.D.; HyVee; Outreach) 	Preceptor observation and evaluation.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
CRD 3.1.d: Monitor and evaluate problems, etiologies, signs, symptoms and the impact of interventions on the nutrition diagnosis	<ul style="list-style-type: none"> Develop nutrition plan of care, set objective goals, counsel patients and provide follow-up recommendations. (Co. H.D.; HyVee; Outreach) 	Preceptor evaluation of assessments for accuracy and relevance to patient medical condition and nutritional status.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
CRD 3.1.e: Complete documentation that follows professional guidelines, guidelines required by health care systems and guidelines required by the practice setting	<ul style="list-style-type: none"> Write chart note(s) for assigned client(s) or case study(ies); include pertinent information and eliminate unnecessary information. (Co. H.D.; HyVee; Outreach) 	Preceptor evaluation of chart note(s) for appropriateness, completeness and succinctness.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>

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CRD 3.2: Demonstrate effective communications skills for clinical and customer services in a variety of formats.	<ul style="list-style-type: none"> Conduct an in-service on a relevant nutrition topic for a client group; assess target population, determine needs, objectives, methods; implement and evaluate. (HyVee; Outreach) 	Preceptor observation and evaluation of training outline, presentation and training evaluation.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
	<ul style="list-style-type: none"> Write a food/nutrition article for potential publication (e.g., newsletter, web site, or magazine). (Co. H.D.; HyVee; Outreach) 	Preceptor evaluation of article.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
	<ul style="list-style-type: none"> Participate in the Missouri Beef Industry Council media training and complete on-camera mock interview and on-camera mock cooking demonstration. Practice writing and utilizing media talking points. Using knowledge gained during media training, help critically evaluate own and peers' mock interviews and mock cooking demonstrations. (MBIC) 	Evaluation of mock interview and cooking demonstration by preceptor. Evaluation by Dietetic Student Education Coordinator of written account of activities and how activities will assist intern as a RD in the future.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
	<ul style="list-style-type: none"> Participate in other available media opportunities (e.g., television or radio interview, web-based program). MBIC; Outreach; HyVee; Co. Health Dept.) 	Preceptor evaluation of intern participation in media opportunities.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
CRD 3.4: Deliver respectful, science-based answers to consumer questions concerning emerging trends	<ul style="list-style-type: none"> Participate in the Missouri Beef Industry Council beef farm tour and the Midwest Dairy Council dairy farm tour. (MBIC) 	Evaluation by preceptor of intern attendance and participation.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>

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CRD 4.3: Participate in public policy activities, including both legislative and regulatory initiatives	<ul style="list-style-type: none"> Identify key player(s) responsible for agency/ program planning. (State Public Health Programs; CFNA; WICNS; Co. Health Dept.; Hy Vee; Outreach) Identify where authority lays for nutrition and food programs at federal, state and local levels. Review regulations of and influence of specific law or federal guideline on at least two food and nutrition programs, e.g., WIC, Food Stamps. (State Public Health Programs; CFNA; WICNS; Outreach) Participate in policy making related to health & nutrition services, program, and projects. Participate as advocate in legislation related to nutrition & health. Use evidence-based decision making to evaluate policy solutions that impact nutritional health of Missourians (e.g., revise or develop program policies, etc). (State Public Health Programs; WICNS, CFNA; Outreach) Identify specific agency activities that support Healthy People 2020 objectives. (State Public Health Programs; CFNA; WICNS; Outreach) 	<p>Preceptor evaluation of written comments.</p> <p>Preceptor evaluation of written comments.</p> <p>Preceptor evaluation of written assignment.</p> <p>Preceptor evaluation of written assignment.</p>		<p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p>

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CRD 4.4: Conduct clinical and customer service quality management activities	<ul style="list-style-type: none"> Identify criteria for implementing a Quality Improvement plan (monitoring) for a local health agency or facility. (Co. H.D.; CFNA; WICNS) 	Preceptor evaluation of documentation by intern in journal.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
	<ul style="list-style-type: none"> Participate in the development or implementation of nutrition standards or best practices. (Co. H.D.; CFNA; WICNS; Outreach) 	Preceptor evaluation of assignment.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
CRD 4.7: Propose and use procedures as appropriate to the practice setting to reduce waste and protect the environment	<ul style="list-style-type: none"> Participate in the Missouri Beef Industry Council beef farm tour and the Midwest Dairy Council dairy farm tour. (MBIC) 	Preceptor observation and evaluation of intern participation.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>

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<p>CRD 1.1: Select indicators of program quality and/or customer service and measure achievement of objectives.</p> <p>CRD 3.6: Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals.</p>	<ul style="list-style-type: none"> Analyze cost and availability of foods within a community for the low income and/or homeless populations. (Outreach; CFNA) Develop a one-week menu for a family of four, using the Thrifty Food Plan and assess for nutritional adequacy. Go to http://www.cnpp.usda.gov/Publications/FoodPlans/MiscPubs/TFP2006Report.pdf. (Outreach; CFNA) Evaluate the impact of nutrition programs, (e.g., Food Stamps, school lunch program, WIC, day care homes, congregate feedings) on the adequacy of the food supply for a family. (CFNA; WICNS; Outreach) 	<p>Preceptor evaluation of written reports.</p> <p>Preceptor evaluation of written reports.</p> <p>Preceptor evaluation of documentation by intern in journal from site visits.</p>		<p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p>
<p>CRD 1.3: Justify programs, products, services and care using appropriate evidence or data</p> <p>CRD 3.3 Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management</p>	<ul style="list-style-type: none"> Conduct at least one program promoting consumer health, wellness and lifestyle management. Include a complete assessment of target populations, determination of need, objectives, methods, implementation, marketing materials and evaluation. Cost program or workshop, if applicable. (State Public Health Programs; Outreach; Hy Vee; Co. Health Dept.) 	Preceptor review and approval of plan.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>

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<p>CRD 2.5: Demonstrate active participation, teamwork and contributions in group settings</p> <p>CRD 2.7: Refer clients and patients to other professionals and services when needs are beyond individual scope of practice</p> <p>CRD 2.11: Demonstrate professional attributes within various organizational cultures</p> <p>CRD 3.3: Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management</p> <p>CRD 3.4: Deliver respectful, science-based answers to consumer questions concerning emerging trends</p> <p>CRD 3.6: Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals</p>	<ul style="list-style-type: none"> • Provide culturally appropriate client education utilizing services of a language of an interpreter for nutrition education or describe a past experience. (Co. H.D.; CFNA; WICNS; HyVee) • Actively participate in training on age-specific and developmental issues related to food intake and food safety (e.g., WIC, CACFP, SHCN). Describe your role in the program. (Co. H.D.; CFNA; WICNS; Outreach) • Actively participate in public education campaign(s) that emphasize community health promotion and disease prevention (e.g., breastfeeding promotion, food labeling). Describe the activity and your participation. (State Public Health Programs; WICNS; Outreach; HyVee; Co. H.D.) 	<p>Preceptor evaluation of materials and education provided.</p> <p>Attendance, participation and discussion by the intern in journal.</p> <p>Preceptor observation and evaluation.</p>		<p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p>

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CRD 2.8: Apply leadership skills to achieve desired outcomes CRD 2.13: Demonstrate negotiation skills CRD 4.1: Participate in management of human resources	<ul style="list-style-type: none"> Review sites' organization charts and policy manuals. (Outreach; Co. H.D.; CFNA; WICNS; HyVee) Review the mission, vision statement and goals of a health agency (e.g., a rotation site); compare to other relevant agency goals. Relate agency goals, objectives and strategies to budget process. (Outreach; Co. H.D.; CFNA; WICNS; HyVee) Assist in managing a program or service. Document decisions made while working in this capacity. (Co. H.D.; State Public Health Programs; CFNA; WICNS; Outreach; HyVee) 	<p>Preceptor evaluation of discussion with intern.</p> <p>Preceptor evaluation of discussion with intern or documentation by the intern in journal.</p> <p>Preceptor evaluation of discussion with intern or documentation by the intern in journal.</p>		<p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p>

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CRD 5.1: Manage nutrition care for population groups across the lifespan.	<ul style="list-style-type: none"> Analyze menus of CACFP to determine if they met the needs of specific populations. (CFNA) 	Evaluation of written homework assignment.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
	<ul style="list-style-type: none"> Compare differences in nutritional status based on demographic variables (e.g., education, income, geography, ethnicity). (Co. H.D.; CFNA; WICNS; Outreach) 	Preceptor evaluation of documentation by intern in journal.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>
	<ul style="list-style-type: none"> Actively participate in community-based health promotion/disease prevention task force, initiative, project or program. Summarize the mission, goals, objectives, and recent activities. Explain your role or participation in the program. (State Public Health Programs; Outreach; HyVee; Co. Health Dept.) 	Preceptor evaluation of intern involvement.		4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/>

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CRD 5.2: Interpret and apply community-based research. CRD 1.5: Conduct projects using appropriate research methods, ethical procedures and data analysis	<ul style="list-style-type: none"> Summarize, compare and interpret county or state data to appropriate national data (e.g., NHANES, etc.). Apply survey data to a community setting situation. Use data for at least one workshop and/or media event and/or rotation project. (Outreach; State Public Health Programs; WICNS) Complete a project using outcome data that adds to the knowledge of the field of public health and improves the nutritional status of the public. Include measurable objectives. (State Public Health Programs; Outreach; WICNS) 	<p>Summary and project evaluated by Preceptor or PDI Staff.</p> <p>Project evaluated by Preceptor.</p>		<p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p>
CRD 5.3: Provide culturally appropriate client education.	<ul style="list-style-type: none"> Develop or evaluate culturally appropriate materials for use by providers in implementing public health nutrition programs. (CFNA; Co. H.D.; Outreach; WICNS) Evaluate a nutrition education program utilizing an assessment tool such as Guide for Effective Nutrition Interventions & Education (GENIE), http://sm.eatright.org/GENIE (State Public Health Programs; Outreach; Co. Health Dept.) 	<p>Preceptor evaluation of documentation by intern in journal.</p> <p>Preceptor evaluation of written assignment.</p> <p>Preceptor evaluation of interns' project.</p>		<p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p> <p>4 <input type="checkbox"/> 3 <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/></p>

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Possible learning activities for CRD 2.8:

1. Complete a proposal for the development and layout of a new WIC clinic (or reorganization of a current WIC clinic). (Co. Health Dept.)
2. Complete a cost analysis project and write a mock WIC budget. (Co. Health Dept.)
3. Manage or help manage the department, program, and service as a professional public health nutritionist, taking calls as the “assistant”.
Record decisions that confronted you during the experience.
4. Review grant writing procedures utilized by facility and identify sources of grants available. (Outreach; Co. Health Dept.)

Additional information to meet Public Health Nutrition Seminar (CRD 1.2 and CRD 1.4):

1. Evaluate emerging public health research and develop evidence based solutions to current public health issues – write a paper reporting the results of the research.
 - a. Develop power point presentation of the research project to be presented to DHSS staff and preceptors.

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