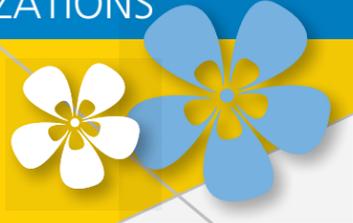


Pregnant Women

GET YOUR ANNUAL FLU AND TDAP (WHOOPIING COUGH) IMMUNIZATIONS



Protect Yourself and Your Baby

Babies born to immunized mothers are protected for up to six months after they are born. This is the time babies are at high risk of severe disease from flu and pertussis (whooping cough).

Get Your:

- ❁ **Flu** immunization at any time during each pregnancy
- ❁ **Tdap** immunization (to prevent whooping cough) between the 27th and 36th week of each pregnancy



Wash football and soccer uniforms
7:30 Tigers Football 9
-Pizza (br

FACT:

Immunized mothers pass on protection to unborn infants. Tdap and flu vaccines are safe for pregnant women.

TIP:

Surround your baby with immunized people.



Talk to your health care provider about including immunizations as part of a healthy pregnancy.

You never outgrow the need for vaccines.

