Nobody wants the flu.

Patients and co-workers depend on YOU to get your immunizations.

**Protect Your Patients**

- Unimmunized health care workers can spread flu to patients and are a key cause of flu outbreaks in hospitals and long-term care facilities.

**Protect Your Family**

- People can spread the flu up to a day before symptoms appear. People with the flu can spread it to others up to 6 feet away through coughs and sneezes.

**Protect Yourself**

- Flu cannot be treated with antibiotics.
- You cannot get the flu from the vaccine.
- Immunized health care workers are associated with fewer patient deaths in nursing homes and long-term care facilities.
- It is never too late to get immunized against the flu. The flu season starts in the fall and continues through the spring.

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*Flu Immunization Annually*

Missouri Department of Health and Senior Services • Bureau of Immunization Assessment and Assurance • 800.219.3224

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