



LEWIS & CLARK EXPLORE

Missouri's Great Outdoors

For protection against ticks and mosquitoes, the men of Lewis & Clark's 1804 Corps of Discovery covered their bodies with bear grease during the day and slept under mosquito netting at night.

Today, you can do better than bear grease. You can use an insect repellent containing DEET, the most effective way to keep bugs away. Not only will you avoid irritating bites, you will protect yourself against West Nile virus disease and Rocky Mountain spotted fever.

DEET is safe to use – even for children and pregnant women – if you just follow label directions. Remember to wash with soap and water when you come inside.

"THE TICKS & MUSQUITERS ARE VERRY TROUBLESOME."

– *William Clark's journal, June 17, 1804*

Discover INSECT REPELLENT WITH **DEET**

Missouri Department of Health & Senior Services • www.dhss.mo.gov/WestNileVirus