

# RECENTLY IN THE AMERICAN TROPICS?



MOSQUITOES spread DENGUE, CHIKUNGUNYA, ZIKA, and other diseases



2 WEEKS						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4



Watch for fever with joint, muscle, or eye pain, or a rash in the next 2 weeks.



If you get sick, see a doctor. Tell the doctor where you traveled.



For more information, visit [www.cdc.gov/travel](http://www.cdc.gov/travel)

For Missouri information, visit [health.mo.gov/zika](http://health.mo.gov/zika)

Department of Health and Senior Services  
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U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

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# ¿HA VIAJADO RECIENTEMENTE A REGIONES TROPICALES EN EL CONTINENTE AMERICANO?



LOS MOSQUITOS propagan el DENGUE, el CHIKUNGU NYA, la fiebre por ZIKA y otras enfermedades



2 SEMANAS						
D	L	M	M	J	V	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4



Esté pendiente de si tiene fiebre con dolor en las articulaciones, los músculos o los ojos; o un sarpullido en las 2 semanas siguientes.



Si se enferma, vaya al médico. Dígale al médico adonde viajó.



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