

# Missouri Weekly Influenza Surveillance Report 2019-2020 Influenza Season<sup>1</sup>

## Week 1: December 29, 2019 – January 4, 2020

All data are preliminary and may change as more reports are received.

## **Summary:**

- The estimated influenza activity in Missouri is Widespread<sup>2</sup>.
- A total of 2,272 laboratory-positive<sup>3</sup> influenza cases (830 influenza A, 1,424 influenza B, and 18 untyped) were reported during Week 1. The season-to-date total of laboratory-positive influenza cases is 11,171 (34.7% influenza A, 64.3% influenza B, and 1% untyped). No laboratory-positive cases of influenza were reported by the Missouri State Public Health Laboratory (MSPHL) during Week 1. The percentage of respiratory specimens testing positive for influenza in Missouri laboratories reporting to the National Respiratory and Enteric Virus Surveillance System (NREVSS) decreased during Week 1 (Figure 6).
- Influenza-like illness (ILI) activity was above baseline for the Missouri Outpatient ILI Surveillance Network (ILINet) and for the hospital emergency room visit chief complaint data reported through ESSENCE. The reported percentage of visits for ILI was 5.06% (Figure 5) and 4.3% (Figure 7) through ILINet and ESSENCE respectively.<sup>4</sup> The ILI data from a small number of sites located in the Northwest Region of the state is currently unavailable in ESSENCE. Therefore, the ILI data for the Northwest Region should be interpreted with caution.
- A season-to-date total of 11 influenza-associated deaths have been reported in Missouri as of Week 1.<sup>5</sup> During Week 52, 30 deaths involving Pneumonia and Influenza (P&I) were reported to the Bureau of Vital Records, resulting in a season-to-date total of 474 P&I associated deaths in Missouri.<sup>6</sup>
- No influenza or ILI-associated outbreaks or school closures have been reported in Missouri as of Week 1.
- Seasonal influenza activity in the United States is high and continued to increase during Week 52. National influenza surveillance information is prepared by CDC and is included in the weekly FluView report, which is available online at <a href="http://www.cdc.gov/flu/weekly/fluactivitysurv.htm">http://www.cdc.gov/flu/weekly/fluactivitysurv.htm</a>.

<sup>1</sup>The 2019-2020 influenza season begins CDC Week 40 (week ending October 5, 2019) and ends CDC Week 39 (week ending September 26, 2020).

<sup>2</sup>Widespread is defined as: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.

<sup>3</sup>Laboratory-positive influenza includes the following test methods: rapid influenza diagnostic tests (antigen), reverse transcriptase polymerase chain reaction (RT-PCR) and other molecular assays, immunofluorescence antibody staining (Direct (DFA) or Indirect (IFA)), or viral culture.

<sup>4</sup>Influenza-like illness (ILI) is defined by ILINet as fever (temperature of 100°F [37.8°C] or greater) and a cough and/or a sore throat without a known cause other than influenza. ILI is defined by ESSENCE as Emergency Department chief complaints for Influenza or (FeverPlus and (Cough or SoreThroat) and not NonILIFevers).

<sup>5</sup>All influenza-associated deaths became reportable in Missouri in 2016. These reports are verified by local public health agencies and DHSS.

<sup>6</sup>The P&I data are obtained from vital statistics data using ICD-10 codes, which are available one week later. The P&I data for the CDC Week provided is the most current data available.

## **Surveillance Data:**

### **Interactive Maps**

The jurisdiction-specific influenza data are provided though interactive maps available at <a href="http://bit.ly/moflu19">http://bit.ly/moflu19</a>. Click on the jurisdiction to view the influenza data specific to that jurisdiction.

- Reported Laboratory-positive Influenza Cases by Influenza Type by Jurisdiction, CDC Week 1
- Reported Week-specific Rate per 100,000 Population, CDC Week 1
- Reported Laboratory-positive Influenza Cases by Influenza Type by Jurisdiction, Season-to-Date
- Reported Rate per 100,000 Population, Season-to-Date

### **Data Figures**

Figure 1. Number of Laboratory-positive<sup>†</sup> Influenza Cases by Influenza Type, Missouri, CDC Week 1 (December 29, 2019 – January 4, 2020)<sup>\*</sup>

Influenza Type	Week 51	Week 52	Week 1	2019-2020* Season-to-Date
Influenza A	603	968	830	3,879
Influenza B	1,682	1,856	1,424	7,182
Influenza Unknown Or Untyped	19	28	18	110
Total	2,304	2,852	2,272	11,171

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Age Group	Week 1 Cases	Week 1 Rate <sup>‡</sup>	2019-2020* Season-to-Date	2019-2020* Season-to-Date Rate <sup>‡</sup>			
00-04	506	135.16	2,031	542.53			
05-24	798	49.73	4,701	292.99			
25-49	616	32.19	2,770	144.76			
50-64	206	16.66	1,033	83.55			
65+	146	15.29	636	66.60			
Total	2,272	37.35	11,171	183.62			

Figure 2. Number of Laboratory-positive<sup>†</sup> Influenza Cases and Case Rates by Age Group, Missouri, CDC Week 1 (December 29, 2019 – January 4, 2020)<sup>\*‡</sup>

<sup>T</sup>Laboratory-positive influenza includes the following test methods: rapid influenza diagnostic tests (antigen), reverse transcriptase polymerase chain reaction (RT-PCR) and other molecular assays, immunofluorescence antibody staining (Direct (DFA) or Indirect (IFA)), or viral culture. <sup>\*</sup>Influenza season begins week ending October 5, 2019 (CDC Week 40) Data Source: Missouri Health Information Surveillance System (WebSurv)

<sup>\*</sup>Incidence Rate per 100,000 population

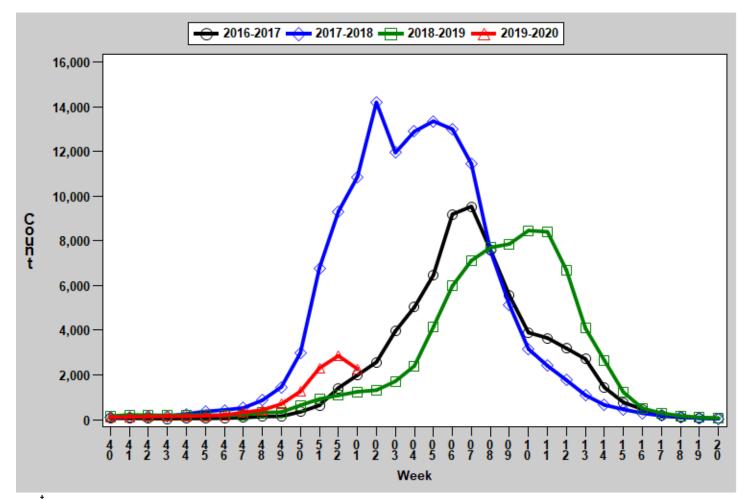
#### Figure 3. Number of Laboratory-positive<sup>†</sup> Influenza Cases and Case Rates by Region, Missouri, CDC Week 1 (December 29, 2019 – January 4, 2020)<sup>\*‡</sup>

Region	Week 1 Cases	Week 1 Rate <sup>‡</sup>	2019-2020* Season-to-Date	2019-2020* Season-to-Date Rate <sup>‡</sup>
Central	238	35.16	1,511	223.19
Eastern	437	19.28	1,818	80.22
Northwest	1,043	65.29	5,499	344.22
Southeast	219	46.43	1,010	214.12
Southwest	335	31.27	1,333	124.43
Total	2,272	37.35	11,171	183.62

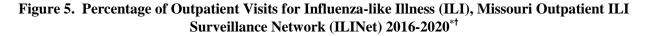
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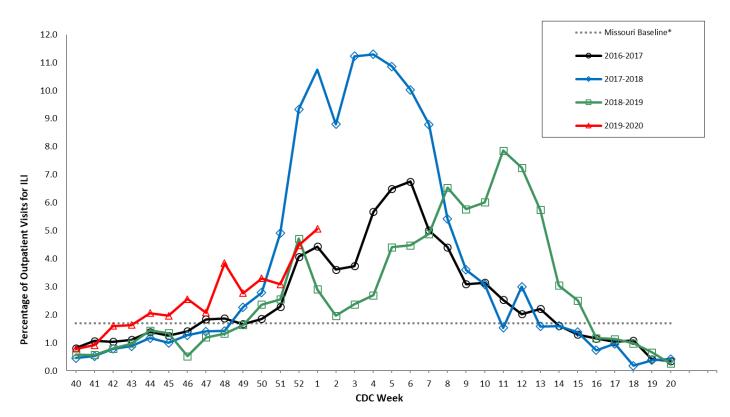
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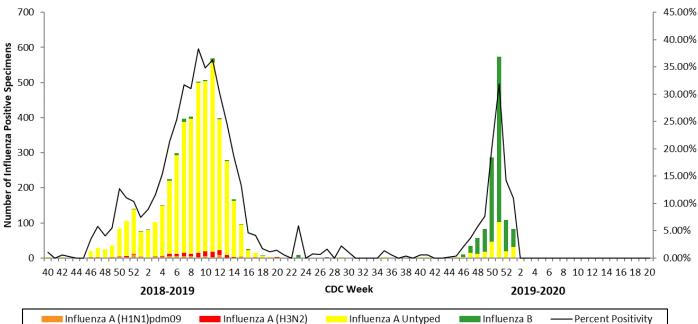
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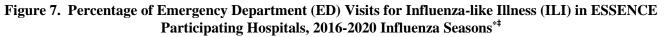
<sup>\*</sup>The ILINet Region 7 (MO, IA, KS, NE) baseline is the mean percentage of patient visits for ILI during non-influenza weeks for the previous three seasons, plus two standard deviations. A non-influenza week is defined as periods of two or more consecutive weeks in which each week accounted for less than 2% of the season's total number of specimens that tested positive for influenza. Data Source: U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet), Centers for Disease Control and Prevention (CDC).

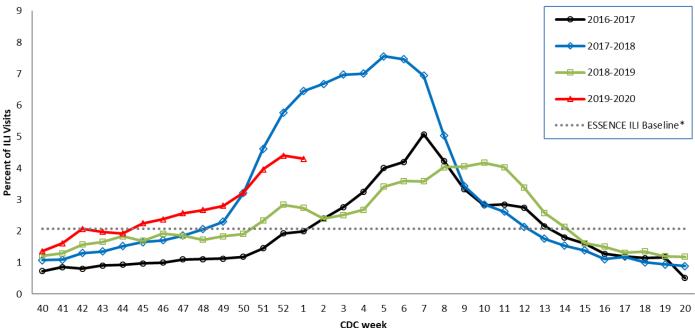
<sup>†</sup>2019-2020 season-to-date through the week ending May 16, 2020 (Week 20).



#### Figure 6. Season-to-Date PCR (+) Tests for Influenza in Missouri

Data Source: National Respiratory and Enteric Virus Surveillance System (NREVSS), Centers for Disease Control and Prevention (CDC). 2019-2020 season-to-date through the week ending May 16, 2020 (Week 20).

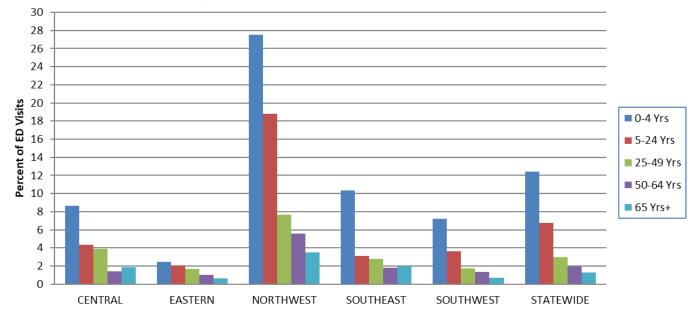




<sup>\*</sup>The ESSENCE ILI Baseline is the mean percent of ILI visits for each week during the previous three years (2016-18) when percentage of ILI visits were less than 2% of total visits, plus two standard deviations. Data Source: Missouri Department of Health and Senior Services (DHSS), Bureau of Reportable Disease Informatics, ESSENCE version 1.20.

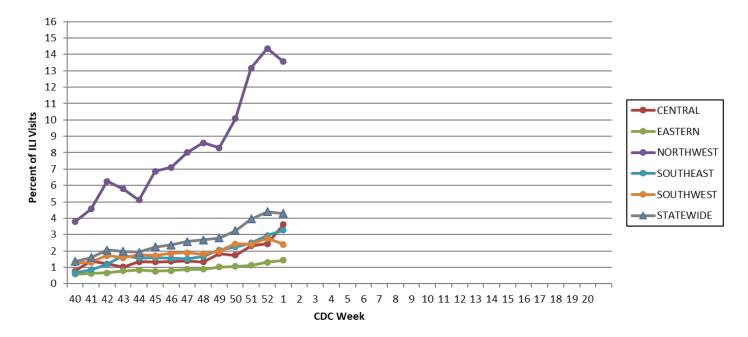
<sup>\*</sup>The ILI data from a small number of sites located in the Northwest Region of the state is temporarily unavailable in ESSENCE. Therefore, the ILI data for the Northwest Region should be interpreted with caution.

Figure 8. Percentage of Emergency Department (ED) Visits for Influenza-like Illness (ILI) in ESSENCE Participating Hospitals, by Age Group, Region and Statewide, Week 1, 2020\*



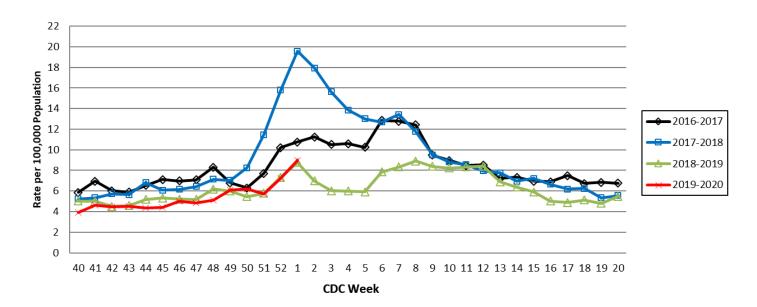
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#### Figure 9. Percentage of Emergency Department (ED) Visits for Influenza-like Illness (ILI) in ESSENCE Participating Hospitals, by Region and Statewide, 2019-2020 Influenza Season\*

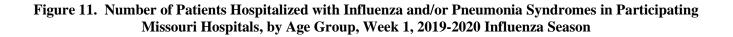


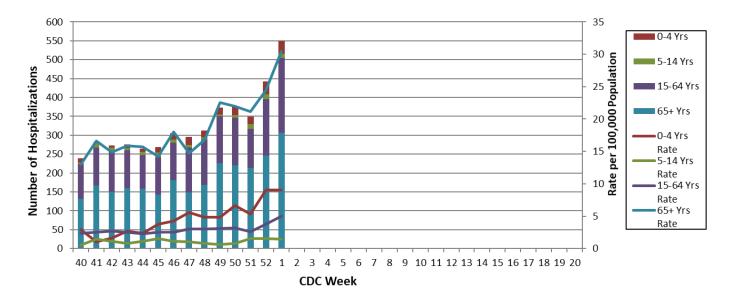
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Figure 10. Weekly Rate of Patients Hospitalized with Influenza and/or Pneumonia Syndromes in Missouri Hospitals, 2016-2020 Influenza Seasons



Data Source: Missouri Department of Health and Senior Services (DHSS), Bureau of Reportable Disease Informatics, HL7 Messaging Portal. Population data from Missouri Census Data Center 2017 (https://census.missouri.edu).





Data Source: Missouri Department of Health and Senior Services (DHSS), Bureau of Reportable Disease Informatics, HL7 Messaging Portal.

### **Additional Influenza Data Sources:**

Centers for Disease Control and Prevention: National Influenza Surveillance (FluView): <a href="http://www.cdc.gov/flu/weekly/fluactivitysurv.htm">http://www.cdc.gov/flu/weekly/fluactivitysurv.htm</a>

The National Respiratory and Enteric Virus Surveillance System (NREVSS): <a href="https://www.cdc.gov/surveillance/nrevss/">https://www.cdc.gov/surveillance/nrevss/</a>

World Health Organization: International Influenza Surveillance: <a href="http://www.who.int/influenza/surveillance\_monitoring/en/">http://www.who.int/influenza/surveillance\_monitoring/en/</a>