

WISEWOMAN webpage

Provider Training

Motivational Interviewing

Adobe Connect trainings

Adobe Connect 2014: Motivational Interviewing for Health Behavior Change

https://stateofmo.adobeconnect.com/a827378498/p73m3023rvd/?launcher=false&fc_sContent=true&pbMode=normal

Adobe Connect 2015: Motivational Interviewing R and D: Rolling with Resistance and Developing Discrepancy

[Link to Adobe Connect recording](#)

Additional training resources

Kognito Change Talk

- Motivational interviewing skill-building simulation for health care providers
- Practice your motivational interviewing skills by working with virtual patients in various scenarios.
- CME and CEU credit available.
- Available as an online version or app for mobile devices.
<http://www.kognito.com/changetalk/>

Videos showing examples of motivational interviewing

2014

Motivational Interviewing: Evoking Commitment to Change

<https://www.youtube.com/watch?v=dm-rJJPCuTE&feature=youtu.be>

2015

WISEWOMAN case study

Main link to three segments showing progression of conversation with WISEWOMAN client:
https://www.youtube.com/channel/UCGH3oqjXD2mr11df_UoPlyA

Links to individual segments:

Developing Discrepancy Part 1

<https://www.youtube.com/watch?v=EJ6A7C3pcHE>

Developing Discrepancy Part 2

<https://www.youtube.com/watch?v=K7m9vCFa6H8>

Developing Discrepancy Part 3

<https://www.youtube.com/watch?v=4EGG3mja6Jk>

Developing discrepancy-what not to do

http://www.ctri.wisc.edu/HC.Providers/healthcare_ondemand_discrep-not.htm

Developing discrepancy-what to do

http://www.ctri.wisc.edu/HC.Providers/healthcare_ondemand_discrep-howto.htm

Smoking cessation case study -case study embedded throughout 18 minute video. Entire motivational interviewing process takes about 6.5 minutes and shows examples of what not to do and what to do.

- Ineffective (directive) at 1:55
- Using motivational interviewing at 7:37, 10:06, 14:47, 15:39

<http://www.thedoctorschannel.com/view/motivational-interviewing-case-study/>

Additional resources

Motivational Interviewing: Preparing People to Change Health Behaviors Tips Sheet

http://www.med-ig.com/files/noncme/material/pdfs/XX183_ToolKit_%20MotivationalInterviewing.pdf

Motivational Interviewing Self-Evaluation Checklist

http://www.trainingteams.org/Document/MI_SelfEvaluationChecklist.pdf

Principles of Motivational Interviewing

http://www.nal.usda.gov/wicworks/WIC_Learning_Online/support/job_aids/MI.pdf

Motivational Interviewing Network

<http://motivationalinterviewing.org/>