By thinking FAST, you can recognize the warning signs of a stroke. Most strokes develop suddenly. *Every second counts - time lost is brain lost!*

- Face numbness or weakness, especially on one side
- Arm numbness or weakness, especially only on one side of the body
- Speech slurred or difficulty speaking, understanding or sudden confusion
- Time to call 911 – especially if there is a sudden loss of vision, loss of balance with dizziness or severe headache

Any of these symptoms may indicate stroke. Only a qualified health care provider can diagnose stroke. Time is critical for optimal treatment - call 911 FAST!