When it comes to stroke,

think

# *FAST!*

By thinking FAST, you can recognize the warning signs of a stroke.

Most strokes develop suddenly.

***Every second counts - time lost is brain lost!***

**www.dhss.mo.gov/Stroke**
Missouri Department of Health and Senior Services.
Heart Disease and Stroke Prevention Program.

**F**ace numbness or weakness, especially on one side

**A**rm numbness or weakness, especially only on one side of the body

**S**peech slurred or difficulty speaking, understanding or sudden confusion

**T**ime to call 911 – especially if there is a sudden loss of vision, loss of balance with dizziness or severe headache

Any of these symptoms may indicate stroke. Only a qualified health care provider can diagnose stroke. Time is critical for optimal treatment - call 911 *fast*!