

What Do A
Life Preserver
And A **Flu** Shot
Have In
Common?



If You Have
Diabetes,
Ask Your
Doctor.

If you live with diabetes, you're more likely to die with the flu. Just ask the families of the 30,000 people with diabetes who died of flu or pneumonia complications. Then ask your doctor for a life-saving flu shot for you and those closest to you, and about the other risks you face when you face diabetes. Because with diabetes, *prevention is control*, and control is your life line.

This message is brought to you by



and your health department.