

Diabetes Update

July 15, 2009

Lantus Insulin: Link to Cancer Shaky

July 2, 2009 -- Shaky data from European studies suggest that the long-acting insulin product Lantus might slightly increase cancer risk in people with type 2 diabetes.

People should not stop taking Lantus because of this finding, says the FDA. A wide range of diabetes organizations -- and the editors of the journal that published the new findings -- agree that there's no cause for alarm.

"Do not stop taking your insulin. There is no immediate danger if you currently use or previously used [Lantus]," says the American Diabetes Association.

"The FDA recommends that patients should not stop taking their insulin therapy without consulting a physician.

Read More ...<http://www.medicinenet.com/script/main/art.asp?articlekey=101714>

Educational Opportunities

A new training to educate healthcare providers on the Missouri Consensus Diabetes Management Guideline is available online. Nurses, dieticians, physicians and diabetes educators are eligible to complete this training for CE or CME:
<http://www.dhss.mo.gov/diabetes/>.

Funding Opportunities

New Research Funding: <http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=47059>

Missouri Foundation for Health Funding: www.mffh.org.

American Diabetes Association Funding: www.diabetes.org.

Robert Wood Johnson Foundation: <http://www.rwjf.org/applications/solicited/cfp.jsp?ID=20804>

The reference to an information source in the Weekly Diabetes Update does not constitute an endorsement of that source.

If you would like an announcement included in a Diabetes Update, please email the request to our office at DiabetesMO@dhss.mo.gov.



If you are interested in partnering with agencies or organizations within your community or building a diabetes coalition in your area please visit our website to access our Resource Kit at: <http://www.dhss.mo.gov/diabetes/Introduction.html>.

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Nintendo DS game and social network for children with diabetes to launch

Pharmaceutical company Bayer Healthcare has today announced a new online community and blood glucose monitoring tool for young people living with diabetes in the United Kingdom.

The tool, named DIDGET, connects directly into the Nintendo DS and rewards the user for building consistent blood glucose testing habits and meeting glucose targets and comes in two testing levels, basic and advanced. The Nintendo DS tool is supported by DIDGET World, a password protected social network where kids can interact with other users and build their own profile.

Read More ...<http://www.socialmediaportal.com/News/2009/07/Bayer-unveil-Nintendo-DS-tool-and-social-network-for-diabetes.aspx>

Electronic Tracking System Can Help Diabetes Patient

The study involved 511 patients and 46 family physicians and nurse-practitioners and offered web-based tools integrated with 5 different types of electronic health records, an automated telephone reminder system and a mailing of color-coded materials to half the study sample. Sixty two per cent of patients improved with the intervention compared with 42.6% in the control group and intervention patients reported greater satisfaction with their diabetes care.

Read More ...<http://www.sciencedaily.com/releases/2009/07/090706171456.htm>

A New Weight Loss Quick Fix?

Millions of Americans want to lose weight. On their treadmills and over their salads they dream of a quick fix that doesn't require excessive dieting and exercise.

And the hope that those dreams could become a reality got a boost Monday when a team of researchers at Indiana University released a study in the online journal Nature Chemical Biology that showed that two natural hormones combined into a single drug suppressed appetite and increased metabolism -- in rodents, anyway.

Read More ...<http://www.abcnews.go.com/GMA/WellnessNews/story?id=8073549&page=1>

Diabetes and the iPhone

Jul 13, 2009

People often ask me, "Why limit diabetes-related services to the iPhone when there are so many other cell phones out there?" I always answer them by asking, "How many applications have *you* downloaded onto your cell phone?" "None," is usually the response.

After all, how many times have you downloaded an application? Even with rapidly expanding online stores like Blackberry's App World, Google's Android Market, Nokia's Ovi Store, and Palm's App Catalog, the answer is still usually "none"-unless you have an iPhone.

Read More ...<http://www.diabeteshealth.com/read/2009/07/13/6274/diabetes-and-the-iphone/>

Diabetes Recipe NO COOK MEALS

Chopped Salad in a Pocket

Enjoy any extra Spicy Hummus as a snack with vegetable dip-pers. Each 2-tablespoon serving of dip has 50 calories and 9 grams of carbohydrates.



Citrus Chicken Salad

This garden-fresh spinach salad is a terrific way to use up left-over chicken. Next time you're cooking chicken breasts, add an extra piece or two so there's some left for this recipe.



More Great Recipes at: <http://www.diabeticlivingonline.com/>.