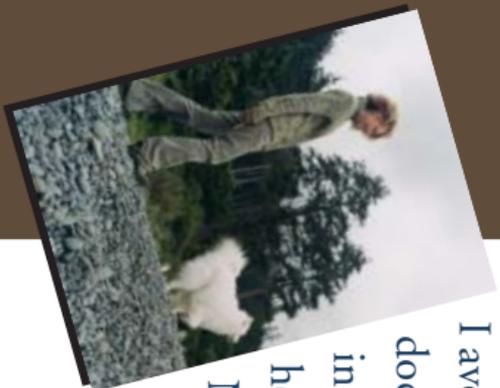


Live Like Your Life Depends On It.



“I never thought
about my health, until
I started losing it.”

health.mo.gov



I avoided going to the doctor for regular screenings, until a lump made my health impossible to ignore.

Now I go every year for a PAP smear, mammogram, and general check-up. It doesn't take much time, and this way, I can feel better that my health and my life don't just slip away.

Regular check-ups are key to maintaining good health and catching early any problems that could crop up. See your doctor at least once a year.

Visit health.mo.gov for more information.

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