# Northeast

### **BRFSS** Region

### Asthma Fact Sheet: 2008-2009

#### **PREVALENCE**

- Based on prevalence estimates, approximately 22,000 adults and 1,800 children younger than age 18 in the northeast region are currently living with asthma.
- Although not significantly higher, the current asthma prevalence among adults living in the northeast region was 11.7 percent (96% confidence interval [CI] 5.8 17.7), compared to 9.5 percent (95% CI 8.1 10.9) for adults in the entire
- Current asthma prevalence was significantly lower among children at 3.2 percent (95% CI 0.5 - 5.9) in the northeast region, compared to 10.1 percent (95% CI 7.8 - 12.4) for all children in Missouri.

# ASTHMA EMERGENCY DEPARTMENT VISITS There were 803 emergency department (ED) visits in the

There were 803 emergency department (ED) visits in the northeast region in 2008.

- The age-adjusted asthma ED visit rate was 3.4 per 1,000 persons, which was significantly lower than the state rate (5.2 per 1,000). See table for ED visit rates by county.
- Children age 17 and younger accounted for 33.3 percent of all asthma ED visits in this region, compared to 42.6 percent for the state as a whole.
- African-Americans made up 3.4 percent of the region's population, but accounted for 6.5 percent of all asthma ED visits.
- ED visit rates were significantly higher among females than males (4.3 [95% CI 3.9 4.7] versus 2.6 [95% CI 2.3 2.9] per 1,000).

### ASTHMA HOSPITALIZATION RATES

There were 296 hospitalizations in the northeast region in 2008.

- The age-adjusted asthma hospitalization rate was 11.4 per 10,000 (95% CI 10.1 12.8), which was significantly lower from the state rate (13.8 per 10,000; 95% CI 13.5 14.1).
- This region accounted for 3.6 percent of Missouri's total asthma hospitalizations.
- Children accounted for 25.3 percent of all asthma hospitalizations in this region, compared to 42.6 percent for the state as a whole.



- African-Americans made up only 3.4 percent of the region's population, but accounted for 6.1 percent of all asthma hospitalizations.
- Asthma led to 934 days of hospital care with an average of 3.2 days per hospitalization.
- Charges totaled \$2.9 million for asthma hospitalizations.

#### DATA SOURCES

Prevalence Data: Missouri Department of Health and Senior Services. Missouri Behavioral Risk Factor Surveillance System, 2008 and 2009. http://www.dhss.mo.gov/data/brfss/data.php

EMERGENCY DEPARTMENT AND HOSPITALIZATION DATA: Missouri Missouri Department of Health and Senior Services, Bureau of Health Informatics. Missouri Information for Community Assessment (MICA). Accessed February, 2011. http://www.dhss.mo.gov/data/mica/mica/er.php

POPULATION DATA: Missouri Census Data Center. 2008 Population Estimates for Missouri and the United States. http://mcdc2.missouri.edu/

## Age-adjusted asthma emergency department visit rates by county, northeast region, Missouri, 2008

	Rate per	•		Rate per	
County	1,000	95% CI	County	1,000	95% CI
Adair	2.1	1.5 - 2.9	Pike	3.4	2.6 - 4.3
Chariton			Putnam		
Clark			Ralls	2.4	1.4 - 3.7
Grundy	6.1	4.6 - 8.0	Randolph	3.0	2.4 - 3.8
Knox			Saline	4.7	3.8 - 5.7
Lewis			Schuyler		
Linn	4.2	3.1 - 5.6	Scotland		
Livingston	7.7*	6.3 - 9.4	Shelby		
Macon	2.4	1.6 - 3.4	Sullivan	6.1	4.3 - 8.4
Marion	4.4	3.7 - 5.3	Region	3.4	3.2 - 3.7
Mercer			State	5.2	5.1 - 5.2
Monroe	2.8	1.7 - 4.2			

<sup>\*</sup>Rate significantly higher than the state rate.

--- Fewer than 20 visits; rate considered unreliable and confidence interval not calculated. Note: Emergency department rates have been age adjusted based on the U.S. 2000 standard population; county and regional data are reported by patient residence.