



WOMEN'S HEALTH IN MISSOURI (DHHS REGION VII)

Female Population of MISSOURI

Total state population: 5,988,927 (3,055,450 females; 2,933,477 males)

Racial/ethnic distribution of Female Residents*	Total	White, non-Hispanic	Black, non-Hispanic**	American Indian	Asian/Pacific Islander	Hispanic
Number	3,055,450	2,500,096	378,552	19,469	61,301	101,730
% of total females	100.0%	81.8%	12.4%	0.6%	2.0%	3.3%
Below poverty level***	510,050	341,681	110,871	2,769	7,741	29,878
% of females below poverty level	17.1%	14.2%	31.6%	24.8%	16.5%	29.8%
High School graduates***	1,832,318	1,548,494	191,424	7,023	29,851	33,491
% of female high school graduates	88.0%	89.1%	83.9%	86.1%	85.3%	68.8%

Age distribution of Female Residents	10-14	15-44		45-64	65-84	85+
		15-19	20-44			
Number	193,712	206,847	969,837	825,713	399,837	77,923
% of total females	6.3%	6.8%	31.7%	27.0%	13.1%	2.6%

Sources: 2010, U.S. Census Bureau and NCHS; 2011 U.S. Census Bureau, American Community Survey

*Racial/ethnic groups may not sum to total

**Poverty and educational status data in the Black, non-Hispanic column reflect estimates for all Black females (both Hispanic and non-Hispanic)

*** Estimates of poverty status are based upon estimates of the population whose poverty status could be determined. Estimates of high school graduates are based upon the population who are 25 years and older. Some estimates of poverty and educational status in the API column may reflect Asian data alone.

Health Status (Age-adjusted[§] percent of adult females)

- In poor general health: 4.0%
- Activity limitation due to poor phys/mental health: 10.4%
- No natural teeth: 6.2%

Sources: 2010, BRFSS

Access to Care (Age-adjusted[§] percent of adult females)

- No health insurance coverage (under 65): 19.7%
- No personal doctor or primary care physician: 86.7%
- Saw a dentist in past year: 64.8%

Health Conditions and Risk Factors (Age-adjusted[§] percent of adult females)

Condition or Risk Factor	Total	White, non-Hispanic	Black, non-Hispanic	American Indian	Asian/Pacific Islander	Hispanic
Currently smoke (age 18+)	21.9%	22.4%	21.3%	NA	NA	18.1%
No leisure time activity in past month	28.2%	25.4%	37.7%	NA	NA	37.7%
Overweight (age 20+)	26.6%	26.5%	25.6%	NA	NA	NA
Obese (age 20+)	32.1%	30.9%	39.2%	NA	NA	NA
Hypertension ^{†*}	31.2%	30.0%	45.7%	NA	NA	32.6%
High cholesterol [†]	31.1%	30.2%	34.3%	NA	NA	32.4%
Diabetes [*]	11.0%	10.6%	15.7%	NA	NA	11.6%
Arthritis [†]	32.2%	31.4%	34.5%	NA	NA	28.7%
Asthma, currently	10.8%	10.0%	18.7%	NA	NA	4.7%

Source: 2010, BRFSS; [†]2009, BRFSS; *Includes pregnancy-related condition

Preventive Services/Screenings (Age-adjusted[§] percent of adult women)

- Routine physical exam within past two years: 78.4%
- Mammogram within past 2 years (age 40+): 70.6%
- Pap smear within past 3 years (age 18+): 76.1%
- Sigmoidoscopy/colonoscopy ever (age 50+): 64.7%
- Influenza immunization in past year: 41.2%
- Influenza immunization in past year (65+ only): 67.5%

Sources: 2010 BRFSS; For race information, see Quick Health Data Online: <http://www.womenshealth.gov/quickhealthdata>

NA - Data not available or suppressed

NR - Data not reported

Mortality (Female residents)

Cause of Death	Number of Deaths	Age-Adjusted Death Rate (deaths per 100,000)
Total (all ages)	27,406	676.4
Heart Disease	6,883	161.0
Cancer	5,879	154.8
Breast Cancer	861	23.0
Cervical Cancer	83	2.5
Stroke	1,801	42.0
Chronic Lower Respiratory Disease	1,842	46.9
Alcohol- or Drug-Induced	434	14.0
Suicide	179	5.8
Homicide	99	3.4
Human Immunodeficiency Virus (HIV)	21	.7
Infant Mortality Rate (All Causes, Not gender-specific) [†]		7.4

Source: 2009, NCHS National Vital Statistics System; [†] 2005-2009, NCHS National Vital Statistics System

Prenatal Care and Pregnancy Risk (Percent)

Pregnant women:

- Receiving prenatal care in 1st trimester[†]: 86.3%
- Smoking cigarettes[†]: 17.2%

Sources: [†]2009, NCHS National Vital Statistics System; ^{††}2009, CDC PRAMS

Women:

- With live births who reported unintended pregnancy^{††}: NR
- Reported physical abuse during pregnancy^{††}: NR

Birth Outcomes (Percent)

Births:

- Low birthweight (LBW)[†]: 8.1%
- Preterm[†]: 12.9%
- Cesarean among low-risk women (full-term, singleton, vertex presentation)[†]: 26.2%

Sources: [†]2009, NCHS National Vital Statistics System; ^{††}2007, CDC NIS data for the cohort of children who were born in the year 2007

Children Breastfeeding:

- Exclusively breastfed at least 3 months^{††}: 28.2%
- Breastfed at least 6 months^{††}: 38.2%
- Ever breastfed after delivery^{††}: 72.6%

Sexually Transmitted Infections (Number of new annual reported infections and rate per 100,000 women)

- Chlamydia: 18,825 cases (614.9)
- Gonorrhea: 3,585 cases (117.1)
- Primary and Secondary Syphilis: 15 cases (0.5)
- HIV^{†*}: 125 cases (4.8)
- AIDS[†]: 99 cases (3.8)

Source: 2009, Individual State Health Departments; [†]2010, Estimated Data from the CDC NCHHSTP Atlas

Violence and Abuse:

- Females reported physical abuse during pregnancy (percent)[†]: NR
- Reported female rapes (number and rate per 100,000 females)^{††}: 1,606 (52.5)

Sources: [†]2008, CDC PRAMS; ^{††}2009, FBI Uniform Crime Statistics

Mental Health

- Adult females reporting poor mental health on 8 or more of the past 30 days (age-adjusted percent)[†]: 19.3%
- Female suicide deaths (number and age-adjusted rate per 100,000 females)^{††}: 179 (5.8)

Source: [†]2010, CDC BRFSS; ^{††} 2009, NCHS National Vital Statistics System

Teen Health (Percent teenage females unless otherwise specified)

- Birth rate[†]: 19.5
- Currently use alcohol: NR
- Currently use cigarettes: NR
- Currently use marijuana: NR
- Pregnancy rate[†]: NA
- Currently sexually active: NR
- Attempted suicide: NR
- Overweight: NR

Sources: 2011, YRBS; [†]2009, NCHS National Vital Statistics System and Individual State Health Departments, per 1000 women ages 15-17

NA - Data not available or suppressed

NR - Data not reported

[§]Age adjustment is a statistical process applied to rates of disease, death or other health outcomes that allows populations to be compared by controlling for age group differences in the composition of each population.



These data and much more can be found at Quick Health Data Online:
<http://www.womenshealth.gov/quickhealthdata> . For detailed information on the health status and needs of women in a county of interest, click on the WHAT Toolkit link at the Quick Health Data Online website.