Day One

8:15-8:30am Sign-In
8:30-8:45am Welcome & Housekeeping
8:45-9:10am Substance Use, Nutrition and Maternal-Fetal Health
Jamie Stang
9:10-9:45 am Substance Use Resource for Staff Working with Pregnant and Postpartum Women
Melanie Haake
9:45-10:00am Break
10:00-11:15am FASD: From Screening to Assessment
MN FAS Organization
11:15am-12:15pm Lunch on Your Own
12:15-1:30pm Street Drug Use Among Pregnant Women
Michael Lindsey
1:30-1:45pm Break
1:45-2:45pm Substance Use & Depression in Postpartum Women
Shawna Chapman
2:45-3:00pm Break
3:00-4:00pm Nutrition, Obesity & Male Reproductive Health
Ruby Nguyen
4:00pm Adjournment
End of First Day’s Sessions

Day Two

8:30-8:45am Sign-In & Welcome Back
8:45-10:05am Introducing Solid Food -- Spoon-Fed, Baby-led -- Which is Best?
Charlotte Wright
10:05-10:20am Break
10:20-11:35am Neonatal Nutrition, Growth, and Neurodevelopment
Sara Ramel
11:35am-12:35pm Lunch on Your Own
12:35-1:20pm Predictors of Obesity Among 4 Year Old Children
Christine Papai
1:20-1:35 Break
1:35-3:00pm Motivational Counseling: New Techniques
Aida Miles
3:00pm Evaluation & Adjournment

Accreditation

Participants attending this program are eligible for up to 10.25 contact hours of professional continuing education or Continuing Education Units (CEUs) approved by the Commission on Dietetic Registration (CDR).

This activity has been submitted to the Wisconsin Nurses Association’s Continuing Education Approval Program for approval to award contact hours. WNA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This program qualifies for 10.25 contact hours of professional continuing education for Missouri WIC Nutritionist and CPAs.

The Centers for Public Health Education and Outreach, University of Minnesota School of Public Health, maintains permanent records of all continuing education activities.

Notes

Participants are asked to bring a jacket or dress in layers due to variations in temperature and person preferences.

Seating is limited. Please call the Nutrition Training Institute at 573.751.6481 to cancel.

All meals and beverages will be on your own.