

Nutrition/Health Volume  
Certification Section

Small for Gestational Age RF 151 (2.05600)

ER# 2.05600

Authority 2008 7CFR 246.7(e)(2)(i); WIC Policy Memorandum 98-9 Revision 7;MPSF:WC-04-21-P

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POLICY: Risk Factor 151 shall be assigned to an infant or child < (less than) 24 months old when the criteria listed in this policy are met. Procedures for obtaining data, documentation and assigning risk factors must be followed.

PROCEDURES:

A. Obtaining Data

1. Obtain acceptable documentation or verification of diagnosis from health care provider. The following will be accepted: a note on a physician's prescription pad, referral form, medical record, other reliable record or verbal confirmation from physician or someone working under physician's order. A telephone call for verification is acceptable, as long as it is documented as such in the General Notes in MOWINS. A written statement from the health care provider must be obtained as follow-up.
2. Obtain diagnosis or condition as self reported by applicant/participant/caregiver.
3. For an infant/child < (less than) 24 months of age, obtain the weight and recumbent length measurement according to procedures in the Health and Nutrition Assessment Handbook (HNAH).

B. Documenting and Plotting

1. Scan any acceptable documentation or verification of diagnosis of Small for Gestational Age such as a physician's prescription pad, referral form, medical record, other reliable documentation in the participant's file in MOWINS. If data was provided by a referral source, scan the referral form in MOWINS.
2. If a participant's/applicant's caregiver self reports participant having been diagnosed with Small for Gestational Age, document the following in MOWINS General/SOAP Notes:
  - a. The name and contact information of the physician or health care provider.
3. Record the infant's/child's weight and length/height measurements in MOWINS. MOWINS will automatically plot on the appropriate growth chart.

C. Assessing

1. Assess program category, age of the participant, and review diagnosis or condition to verify it substantiates the presence of Small for Gestational Age.
2. Refer to the [Risk Factor Detail Guide](#) for additional information.

D. Assigning Risk Factor(s)

1. The certifying staff shall manually assign Risk Factor 151.

E. Providing Appropriate Counseling (See [Counseling Guides](#) for suggested counseling.) Refer to the [Nutrition Training Manual](#) for more information.

1. Counseling and education shall be provided by the CPA.

2. Document counseling contact in MOWINS.

F. Providing Referrals

1. Provide appropriate referral information and document in MOWINS.

\* **Note:** Self-reporting of a diagnosis by a medical professional should not be confused with self-diagnosis, where a person simply claims to have or to have had a medical condition without any reference to professional diagnosis. A self-reported medical diagnosis ("My doctor says that I have/my son or daughter has...") should prompt the CPA to validate the presence of the condition by asking more pointed questions related to that diagnosis.