

Nutrition/Health Volume  
Certification Section

Risk Factor 339 History of Birth with Nutrition Related Congenital or Birth Defects  
(2.04495)

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POLICY: Risk Factor 339 (History of Birth with Nutrition Related Congenital or Birth Defects) shall be assigned to a woman who has given birth to an infant who has a congenital or birth defect linked to inappropriate nutritional intake, e.g., inadequate zinc, folic acid, excess vitamin A. (Pregnant Women: any history of birth with nutrition-related congenital or birth defect; Breastfeeding/Non-Breastfeeding: most recent pregnancy.) Procedures for obtaining data, documentation and assigning risk factors must be followed.

PROCEDURES:

A. Obtaining Data

1. Presence of condition diagnosed by a physician as self reported by applicant/participant/caregiver.
2. Obtain diagnosis of condition as self reported by applicant/participant/caregiver.

B. Documenting

1. Scan any acceptable documentation or verification of diagnosis such as a physician's prescription pad, referral form, medical record, or other reliable documentation in the participant's file in MOWINS. If data was provided by a referral source, scan the referral form in MOWINS.
2. If a participant/applicant self reports having been diagnosed with history of birth with nutrition related congenital or birth defects, document the following in MOWINS General/SOAP Notes:
  - a. The name and contact information of the physician or health care provider.

C. Assessing Risk Factor

1. Assess program category and review diagnosis or condition to verify it substantiates History of Birth with Nutrition Related Congenital or Birth Defect.
2. Refer to the [Risk Factor Detail Guide](#) for additional information.

D. Assigning Risk Factor

1. The certifying staff shall manually assign Risk Factor 339 to a:
  - a. Pregnant, breastfeeding or non- breastfeeding woman who has given any history of birth to an infant with a congenital birth defect linked to inappropriate nutritional intake during the most recent any pregnancy. Any history of birth with

nutrition-related congenital or birth defect.

- b. Postpartum (breastfeeding or non- breastfeeding) woman who has given birth to an infant with nutrition-related congenital or birth defect during the most recent pregnancy.

E. Providing Appropriate Counseling (See [Counseling Guides](#) for suggested counseling). Refer to the [Nutrition Training Manual](#) for more information.

1. Counseling and education shall be provided by the CPA.
2. Document counseling contact in MOWINS.

F. Providing Referrals

1. Provide appropriate referral information and document in MOWINS.