

Nutrition/Health Volume
Certification Section

Risk Factor 363 Pre-Diabetes

ER# 2.04485

Authority 2009 7 CFR 246.7(e)(2)(ii), WIC Policy Memorandum 98-9 Revision 10: WIC Nutrition Risk Criteria

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Revised

POLICY: Risk Factor 363 shall be assigned to breastfeeding and non-breastfeeding women who have documentation for “Pre-Diabetes” (defined as impaired fasting glucose (IFG) and/or impaired glucose tolerance (IGT)). These conditions are characterized by hyperglycemia that does not meet the diagnostic criteria for diabetes mellitus. Procedures for obtaining data, documentation and assigning risk factor must be followed.

PROCEDURES:

A. Obtaining Data

1. Obtain acceptable documentation or verification of diagnosis, such as on a physician's prescription pad, referral form, medical record, other reliable record or verbal documentation from physician or someone working under physician's order. A telephone order is acceptable, as long as it is documented as such in the General Notes in MOWINS. A written statement from the health care provider must be obtained as follow-up to a telephone order.
2. Obtain diagnosis or condition as self reported by applicant/participant/caregiver.

B. Documenting

1. Scan any acceptable documentation or verification of diagnosis of pre-diabetes in the participant's file in MOWINS, such as a physician's prescription pad, referral form, medical record, other reliable documentation.
2. If participant self reports having presence of pre-diabetes, document the following in MOWINS General/SOAP Notes:
 - a. the name of the physician or health care provider,
 - b. contact information of the health care provider, and
 - c. whether the condition is being controlled by diet or medication. If medication has been prescribed document the drug name(s).

C. Assessing

1. Assess program category and review diagnosis or condition to verify it substantiates the presence of “Pre-Diabetes”.

D. Assigning Risk Factor

1. The Certifying staff shall assign risk factor 363 as follows:
 - a. Non-breastfeeding and breastfeeding women provided documentation for any

presence of pre-diabetes (363) diagnosed by a physician as self-reported by applicant/participant/caregiver; or as reported or documented by a physician, or someone working under physician's orders.

- E. Providing Appropriate Counseling (See [Counseling Guides](#) for suggested counseling). Refer to the [Nutrition Training Manual](#) for more information.
 - 1. Counseling and education shall be provided by the CPA.
 - 2. Document counseling contact in MOWINS.
- F. Providing Referrals
 - 1. Provide appropriate referral information and document in MOWINS.