

Nutrition/Health Volume
Certification Section

Risk Factor 372 Alcohol and Illegal Drug Use (2.04280)

ER# 2.04280

Authority 2016 7 CFR 246.7(e)(2)(ii); WIC Policy Memorandum 98-9 Revision 1;
MPSF:WC-99-13-P

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POLICY: Risk Factor 372 shall be assigned to all women participants (pregnant women and breastfeeding/non-breastfeeding women) who have been identified as having alcohol and illegal drug use as follows:

For Pregnant Women:

- Any alcohol use
- Any illegal drug use

For Breastfeeding and Non-Breastfeeding Postpartum Women:

- Routine current use of ≥ 2 drinks per day; or
- Binge Drinking, i.e., drinks 5 or more (≥ 5) drinks on the same occasion on at least one day in the past 30 days; or
- Heavy Drinking, i.e., drinks 5 or more (≥ 5) drinks on the same occasion on five or more days in the previous 30 days; or
- Any illegal drug use.

Note: A serving or standard sized drink is: 1 can of beer (12 fluid oz.); 5 oz. wine; and 1 ½ fluid ounces liquor (1 jigger gin, rum, vodka, whiskey (86-proof), vermouth, cordials or liqueurs).

PROCEDURES:

A. Obtaining Data

Ask all women participants (prenatal, breastfeeding and postpartum) about their alcohol intake and assess for illegal drug use.

B. Documenting

Document number of alcoholic drinks and any illegal drug use in MOWINS.

C. Assessing

Certifying staff will assess for risk factor 372 for all prenatal, breastfeeding or postpartum women.

D. Assigning Risk Factor

1. MOWINS will automatically assign risk factor 372 for prenatal women when any amount of alcohol use is entered on the Woman's Health Information screen.
 2. Certifying staff shall manually assign risk factor 372 to prenatal women when any illegal drug use is determined.
 3. Certifying staff shall manually assign risk factor 372 to breastfeeding and postpartum women when alcohol or illegal drug use has been assessed and determined. Refer to [Risk Factor Detail Guide](#) for additional information.
- E. Provide Appropriate Counseling (See [Counseling Guides](#)) Refer to the [Nutrition Training Manual](#) for more information. Additional education suggestions are located in the USDA Regulations and Justification for the risk factor.
- F. [Providing Referrals](#)
Provide appropriate referral information and document in MOWINS.