

Nutrition/Health Volume
Certification Section

Obese (Children 2-5 years of age) – RF 113 (2.04230)

ER# 2.04230

Authority 2011 7CFR 246.7(e)(1) & (2); WIC Policy Memorandum 98-9, Revision 5; WC-01-18-P;
Transmittal of New and Revised WIC Nutrition Risk Criteria May 27, 2011

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POLICY: Risk Factor 113 must be assigned to a child greater than or equal to (\geq) 24 months of age when the criteria listed in this policy are met. Risk Factor 113 must not be assigned to a child less than ($<$) 24 months of age. Recumbent length measurements may not be used to determine this risk. Procedures for obtaining data, documentation and assigning risk factors must be followed.

PROCEDURES:

A. Obtaining Data

1. For a child greater than or equal to (\geq) 24 months of age, obtain weight and standing height with adherence to procedures in the [Health and Nutrition Assessment Handbook \(HNAH\)](#).
2. For a child greater than or equal to (\geq) 24 months of age who is unable to stand for a height measurement, refer to [HNAH](#) for methods to obtain height.

B. Documenting and Plotting

1. Record the child's weight and height measurements in MOWINS.
2. MOWINS will automatically plot on the appropriate growth charts.

C. Assessing and Assigning Risk Factors

1. Risk Factor 113 will be automatically assigned by the system based on data entered on the Height/Weight/Blood tab when the 2 to 5 year child is greater than or equal to (\geq) 95th percentile Body Mass Index (BMI) as plotted on the 2000 CDC age/gender specific growth charts. Refer to the [Risk Factor Detail Guide](#) for additional information.
2. Risk factor 113 will not be assigned based on a recumbent length. A recumbent length measurement cannot be used to assess Body Mass Index (BMI).

D. Providing Appropriate Counseling (See [Counseling Guides](#) for suggested counseling).^{*} Refer to the [Nutrition Training Manual](#) for more information.

1. Counseling and education shall be provided by the CPA.
2. Document counseling contact in MOWINS.

^{*}Note: It is recommended that the terms "overweight and obese" be used for risk assessment only and more neutral terms (e.g. weight disproportional to height, excess weight, BMI) be used when discussing a child's weight with a parent/caregiver.

E. Providing Referrals.

1. Provide appropriate referral information and document in MOWINS.