

BREASTFEED!



Mom & Baby Get More Food

Fully Breastfeeding Moms
and
Fully Breastfed Babies



Mostly Breastfeeding
& Pregnant Moms
and
Mostly Breastfed
Babies



Some/Non
Breastfeeding
Moms
and
Some/Non
Breastfed Babies



* CPA's assessment, determination and documentation is required.

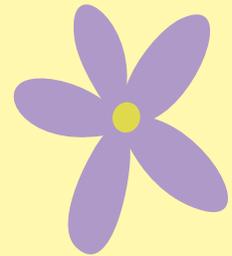
Missouri WIC Sample Food Packages

Children

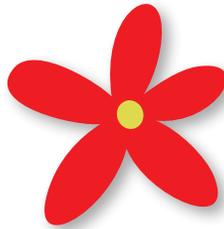


Welcome to WIC!

WIC staff are here to help you and answer any questions that you may have so you can eat healthy and stay well.



BREASTFEED!



Mom & Baby Get More Food



These pictures are to show the difference in food packages for women, infants and children. All food is to be stored appropriately in homes.

***CPA's assessment, determination and documentation is required.**

Missouri Department of Health and Senior Services • WIC and Nutrition Services • 573-751-6204

DHSS is an equal opportunity/affirmative action employer. Services provided on a nondiscriminatory basis.

Alternate forms of this publication for persons with disabilities may be obtained by contacting the Missouri Department of Health and Senior Services at 573-751-6204. Hearing- and speech-impaired citizens can dial 711. This institution is an equal opportunity provider.

#1109 08/16