Nutrition Facts

Serving Size 1 cup (8 fl oz) 240mL
Servings Per Container 8

Amount Per Serving	
Calories	80
Calories from Fat	20
	% Daily Value*
Total Fat 2.5g	**4%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 0.5g	
Cholesterol 0mg	**0%**
Sodium 95mg	**4%**
Potassium 360mg	**10%**
Total Carbohydrate 7g	**2%**
Dietary Fiber 0g	**0%**
Sugars 7g	
Protein 8g	**12%**

Vitamin A 10% • Vitamin C 0%
Calcium 30% • Iron 6%
Vitamin D 25% • Riboflavin 30%
Vitamin B_{12} 20% • Phosphorus 25%
Magnesium 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SOYMILK (WATER, SOY PROTEIN, SOYBEAN OIL, CALCIUM PHOSPHATE), SUGAR, POTASSIUM CITRATE, NATURAL AND ARTIFICIAL FLAVORS, MAGNESIUM PHOSPHATE, SALT, SODIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, SOY LECITHIN, CARRAGEENAN, XANTHAN GUM, RIBOFLAVIN (VITAMIN B_2), VITAMIN A PALMITATE, VITAMIN D_2, VITAMIN B_{12}.

CONTAINS SOY.

NOT TO BE USED AS AN INFANT FORMULA.

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Shipping Facts

8th Continent Soymilks – Original • Vanilla • Fat Free Original • Fat Free Vanilla • Light Original • Light Vanilla • Light Chocolate

Case Pk.	Unit Pk.	Case Gross Wt.	Case Cube	Product Dimensions (L x W x H)	Case Dimensions (L x W x H)	Pallet Dimensions (L x W x H)	Pallet Layer	Pallet Ht.	Cases/Pallet	Pallet Wt.
6	64 oz.	27.5 lbs.	0.6	3.75"x 3.75"x 9.5"	12.25"x 8.375"x 10.125"	40"x 848"x 55.5"	16	5	80	2249 lbs.

Nutrition Facts

Serving Size 8 fl oz (240mL)
Servings Per Container About 8

Amount Per Serving

Calories 100	Calories from Fat 20
	% Daily Value*
Total Fat 2.5g	**4%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 85mg	**4%**
Potassium 460mg	**13%**
Total Carbohydrate 11g	**4%**
Dietary Fiber 0g	**0%**
Sugars 11g	
Protein 8g	

Vitamin A	10% •	Vitamin C	0%
Calcium	30% •	Iron	8%
Vitamin D	25% •	Magnesium	6%
Phosphorus	25% •	Riboflavin	30%
Vitamin B_{12}	20% •		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
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CONTAINS: SOY

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Shipping Facts

8th Continent Soymilks – Original • Vanilla • Fat Free Original • Fat Free Vanilla • Light Original • Light Vanilla • Light Chocolate

Case Pk.	Unit Pk.	Case Gross Wt.	Case Cube	Product Dimensions (L x W x H)	Case Dimensions (L x W x H)	Pallet Dimensions (L x W x H)	Pallet Layer	Pallet Ht.	Cases/Pallet	Pallet Wt.
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Missouri WIC Approved & Not Approved 8th Continent Soymilk