

Effective October 9, 2012

Cheese and Evaporated Milk— Approved for Children and Women!

Cheese



Allowed

- Store brand only domestic: American, Cheddar (extra sharp, sharp, medium or mild), Colby, Colby Jack, Monterey Jack, Mozzarella cheeses (part skim or whole)
- Store brand sliced (American cheese only)
- 8 or 16 oz blocks

Not Allowed

- Cheese additives
- Deli cheese
- Cheese food
- Cheese spread
- Cheese product
- Cholesterol-reduced cheese
- Individually wrapped slices
- Low fat/fat free cheese
- String cheese
- Grated cheese
- Flavored cheese
- Shredded cheese
- Organic cheese

Evaporated Milk

- Store brand only
- Evaporated whole milk
- Evaporated low fat/fat free milk
- 12 oz can only



- Previously issued checks will not be replaced for the purpose of substituting cheese for milk.
- For additional information, please contact your local WIC provider or the state WIC office at 800-392-8209.

AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER
Services provided on a nondiscriminatory basis.

Missouri
WIC

(09-12)