

## WHO SHOULD ATTEND?

This **FREE** event is designed for Missouri parents, legal guardians and caregivers of children, youth and young adults with special health care needs as well as early childhood family leaders invited by a conference partner.

There is a minimal cost for professionals interested in attending.

### HOSTED BY

This event was made possible by partnership with the following initiatives:

- Family Partnership
- Special Health Care Needs
- Early Childhood Comprehensive Systems
- MO First Steps
- Project Launch
- MO Family to Family Health Information Center
- UMKC Institute for Human Development

# Strengthening Families Conference

March 27-28, 2015 Kicks off Friday at 7pm Wraps up Saturday at 3:30pm Holiday Inn Executive Center, Columbia, MO



### **CONFERENCE HIGHLIGHTS**

We are excited to offer engaging sessions throughout this year's conference. Don't miss Friday night when you can network with other participants and exhibitors at the opening World Café and Marketplace. National speaker Michelle "Sheli" Reynolds will add real world perspective and insight into everyday challenges around supports to families and living a good life.

Saturday presents a day of opportunity to explore a variety of sessions that address:

- Leadership at the personal and community levels
- Planning for a good life from coping to hoping to developing a vision for the future
- Everyday life: reducing family stress, communicating with teachers and promoting healthy relationships

We added a Dad's café over lunch this year specifically for the men attending the conference to network and share – don't miss out!

Network with parents and caregivers • Discover resources to help you and your family • Enrich your leadership and partnering skills • Receive Friday night's hotel accommodations and Saturday meals free

# **REGISTRATION DETAILS**

#### CONFERENCE REGISTRATION Register online at mofamilytofamily.org

#### FAMILIES AND FAMILY LEADERS

Friday hotel rooms and Saturday lunch and breakfast are covered by the conference. All rooms are double occupancy. One online registration can be completed and submitted for those persons sharing a room.

#### PROFESSIONALS

The registration fee for professionals is \$50.00.

Please make check or money order out to UMKC-IHD and mail to: UMKC-IHD, attn. MO Family to Family, 215 W Pershing Rd., 5th Floor, Kansas City, MO 64108.

The conference will not cover the cost of your hotel room – please see below.

Please note dietary restrictions or needs for accommodations when you register online. If you have questions about the online registration or are unable to register online, call 1-800-779-8652.

#### **REGISTRATION DEADLINE**

The registration deadline is Wednesday, February 25, 2015, however we anticipate the conference to fill quickly and encourage you to complete your registration online as soon as possible. Registrations submitted after the due date will not be guaranteed hotel accommodations or seating space at the conference. If a waiting list develops, you will be notified as to the status of your registration.

#### HOTEL RESERVATIONS

Room reservations will be made directly with the hotel by Family Partnership staff upon receipt of your online registration. Accommodations are based on double occupancy. If you are registering as a single participant and you know of someone that you'd like to room with, indicate who on your registration form. All sleeping rooms are non-smoking.

Professionals are responsible for paying for their own lodging. If you plan to stay overnight, check the appropriate box on the online registration form. You will be added to the room block list at the discounted rate of \$94.95 per night plus taxes and will be expected to pay at check-in.

### CANCELLATION POLICY

If you should need to cancel your conference registration, your cancellation request must be received in writing (e-mail, fax or U.S. Postal Service - no phone calls) by Wednesday, March 25, 2015. Please notify Susan Bird by email at birdsk@umkc.edu, fax at 888-503-3107 or mail at 215 W Pershing Rd., 5<sup>th</sup> floor, Kansas City, MO 64108.

#### CHILDREN/CHILDCARE

Family Partnership is dedicated to providing a relaxing, fun environment for parents and caregivers (18 and older) who may not have resources to get away often to escape the stressors of their everyday life. For this reason, we do not offer child care but instead provide a stipend to help offset family expenses. We ask that you not register anyone under 18 as a participant or bring them with you to the sessions.

#### PHOTOGRAPHY POLICY

By attending the conference, you acknowledge that photographs and/or videos of you may be taken by our staff and/or photographers at any time. Furthermore, you grant the Family Partnership and F2F permission to use photographs and/or video of your likeness in any type of media, including websites and print publications without compensation or reward. Please call

1-800-779-8652 with any questions regarding this policy.

### STIPEND ELIGIBILITY

Stipends are available for families with children and youth with special health care needs and early childhood family leaders to help offset family expenses necessary to attend the conference.

Only one stipend is available per family. If you are eligible and wish to receive the stipend, please select the appropriate box when you register online.

Stipends are based on the driving distance one-way to the conference as follows:

0-80 miles one way	\$100
81-160 miles one way	\$150
161+ miles one way	\$200

Stipends will be distributed at the event in the form of a Visa gift card. Questions regarding the stipend should be directed to Susan Bird at birdsk@umkc.edu or 1-800-779-8652.



### **AGENDA AT-A-GLANCE**

#### Friday, March 27

4:00 - 7:30 p.m.	Hotel check-in & Registration open
4:00 - 7:00 p.m.	Exhibitor area open
7:00 – 8:30 p.m.	Opening World Café & Marketplace
8:30 - 9:00 p.m.	Exhibitor area open

Breakfast

#### Saturday, March 28

8:00-9:00 a.m.



9:00-9:15 a.m.	Welcome
9:15 - 10:30 a.m.	Breakout Sessions
	Understanding the Impact of Stress on Your Family and Strategies for Reducing its Impact
	Building Blocks of Healthy Relationships: Fostering Choices & Teaching Boundaries
	Moving Beyond the Diagnosis: Shaping the Rest of the Story
10:30 - 10:45 a.m.	Break, Hotel Checkout (by 11:00 a.m.)
10:45-12:00 p.m.	Breakout Sessions
	Building Effective Leadership through Partnership
	Parents Want to Know: a Life Course Perspective on Achieving a Good Life
	Focus on Fathers (Moms Invited Too)
12:00 – 1:15 p.m.	Lunch
12:00 – 1:15 p.m.	Dad's Café – dads, grab your lunch and gather together for your own café
1:15-2:30 p.m.	Breakout Sessions
·	Utilizing Cafes as a Tool for Strengthening Communities
	Steps to Success: Effectively Communicating Your Children's Needs
	Tips and Tricks to Preserve or Restore Your Family Financial Health
2:30 - 2:45 p.m.	Break
2:45 - 3:30 p.m.	Closing World Café

### **CONFERENCE FUNDED BY**

#### **Special Health Care Needs**

Provides statewide health care support services, including service coordination, for children and adults with special health care needs. Programs include: Children and Youth with Special Health Care Needs, Family Partnership, Healthy Children and Youth, Medically Fragile Adult Waiver, and Adult Brain Injury.



#### Early Childhood Comprehensive System Project

Seeks to foster collaborative partnerships that support families and communities in developing children that are healthy and ready to enter school. Local stakeholder teams build capacity through increased community awareness and expanded and diversified funding.

health.mo.gov/shcn

### FAMILY PARTNERSHIP

Family Partnership provides peer support and resource information to families of children and youth with special health care needs and identifies ways for families to connect with each other.

Family Partnership is an initiative between the UMKC-Institute for Human Development, UCEDD and the MO Dept of Health & Senior Services, which is funded by the Maternal and Child Health Bureau Title V Block Grant.

For more information go to mofamilypartnership.org

### **OTHER PARTNERS**

health.mo.gov/atoz/eccs/

#### First Steps - dese.mo.gov/se/fs/

Missouri's early intervention system that provides services to families with children, birth to three years of age, with disabilities or developmental delays.

**Project Launch - projectlaunch.promoteprevent.org** Helping all children reach physical, social, emotional, behavior and cognitive milestones.

Family to Family Health Information Center at the UMKC IHD - mofamilytofamily.org Statewide parent-to-parent network & resource center





The mision of the Family Partnership is to communicate, advocate and network through a family and agency team-supported effort to enable individuals with special health care needs to reach their fullest potential throughout life.











Missouri Family to Family

UMKC Institute for Human Development 215 W. Pershing Road, 5th floor Kansas City, MO 64108

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This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under B04MC28109 Maternal and Child Health Services for \$4,036,505 and H25MC26231 Community-Based Integrated Service Systems for \$140,000. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.