Missouri Maternal Child Health and Team Nutrition Funding Opportunity





School Wellness Project (SWP): 2015–2016

- Purpose
 - To collaborate with schools in conducting an assessment of school wellness policies and programs.
 - Utilize the Centers for Disease Control & Prevention's (CDC) 2014 School Health Index (SHI).
 - Tool identifies strengths and weaknesses of school policies and programs.
 - Develop Action Plan to improve student health using a coordinated school health model.

Timeline: August 12, 2015 – June 15, 2016

- Designate a SWP Coordinator to ensure completion of project deliverables.
- Recruit at least two school sites (from grades K-12) with goal of completing SHI for each school site.
- A minimum of two school sites need to be recruited.
- Schools can be from same or different school districts, public or private.

- Public or private schools are welcomed to participate.
- Participating schools must participate in the National School Lunch Program.
- Assist schools in enrolling into the Team Nutrition Program,

http://teamnutrition.usda.gov

 Team Nutrition offers curricula and resources related to nutrition promotion and the school lunch program.

- Assist recruited schools in assigning a SHI Coordinator.
- SHI Coordinator can be a school nurse, counselor, administrator, etc. as determined by participating school.
- Assist SHI Coordinator in identifying and forming a SHI Committee.
- The SHI Committee must represent the 8 components of the Coordinated School Health Model.

- SWP Coordinator will attend a SHI training workshop with at least a SHI Coordinator and one other SHI committee member representing one school site.
- SWP Coordinator will assist SHI Coordinator in orienting SHI Committee in expectations of grant.
- To complete module assessment 1-8, planning questions 1-3, the Overall score card and Improvement Plan.

- SWP Coordinator will work jointly with the SHI Coordinator from the inception and throughout to report on . . .
 - the Improvement Plan and
 - recommended policy language that would strengthen the school wellness policy to the Local Board of Education.
- SWP Coordinator will submit a copy of the Overall Score Card and the SHI Improvement Plan with key policy recommendations to DHSS by June 15, 2016.

Expectations of Partnering Schools

- Similar/same deliverables as previously listed to facilitate success.
- "One for All; and All for One."
- School signs a Letter of Agreement (LOA) with DHSS.
 - \$1,500 stipend for one completed SHI.
 - \$1,500 stipend for second completed SHI.
- SWP will act as liaison between DHSS and Schools to help assure execution of the defined deliverables as written on the LOA.

Grant Award to LPHA

- \$2,500 per school site
- Minimum of 2 school sites
- \$5,000 minimum grant reward

- Reimbursement of: Personnel, travel and office supplies
- Monthly invoicing from LPHA
- Monthly reports and routine conferencing with Project Coordinator



Other FAQ

- Estimated time dedicated to completing the SHI rely on too many circumstances related to dynamics of working committees but isolating the time to complete the SHI.
 - 8–10 to 32 hours to complete SHI
- <u>It is possible</u> for SWP Coordinator and SHI Committee to complete deliverables before term of the contract.

Other FAQ

- Regional SHI trainings will be planned in the Fall 2016 (September, October or early November)
 - By an approved SHI Facilitator or DHSS staff.

Further ?s

Please contact <u>Alma.Hopkins@health.mo.gov</u> or 573.751.2342 Thank you for your interest!