



School Health Office Resources

2024 - 2025

Table of Contents

Missouri Department of Health and Senior Services - School Health Resources	2
Asthma	3
Bed Bugs.....	3
Child Abuse and Neglect	3
Communicable Diseases	4
Concussion Awareness for School Staff.....	4
Data Collection and Reports	4
Diabetes	5
Food Allergies.....	5
Head Lice.....	6
Immunizations.....	6
Medication Administration	6
Mental Health Resources.....	7
Oral Health Resources.....	8
Other Resources.....	8
Professional Organizations	10
Screening Guidelines and Tools	10
Seizure Resources	10

Missouri Department of Health and Senior Services - School Health Resources

<p>Missouri DHSS School Health Website</p>	<p>Resources for Missouri school nurses</p>	<p>https://health.mo.gov/living/families/schoolhealth/index.php</p>
 <p style="text-align: center;">Missouri Manual for School Health</p>	<p>Guidelines for managing a School Health program</p>	<p>https://health.mo.gov/living/families/schoolhealth/pdf/ManualForSchoolHealth.pdf</p>
 <p style="text-align: center;">Emergency Guidelines for School Staff</p>	<p>Emergency guidelines with full-color flowcharts for easy use.</p>	<p>https://health.mo.gov/living/families/schoolhealth/pdf/emergency-guidelines-for-schools-and-childcare.pdf</p>
 <p style="text-align: center;">Prevention and Control of Communicable Diseases Manual</p>		<p>https://health.mo.gov/living/families/schoolhealth/pdf/Communicable_Disease.pdf</p>
	<p>Just in Time Learning Resources include procedures, videos, and skills competency checklists on a variety of school nurse tasks.</p>	<p>https://www.showmeschoolhealth.org</p>
 <p style="text-align: center;">School Nurse Chronic Health Assessment Tool (SN CHAT)</p>	<p>Helps school nurses gather information about students who have chronic health conditions and provides guidance for interviews and care plan development.</p>	<p>https://health.mo.gov/living/families/schoolhealth/pdf/sn-chat.pdf</p>
<p>Fillable Emergency Action Plan Template</p>	<p>Part of SN CHAT</p>	<p>https://health.mo.gov/living/families/schoolhealth/pdf/other-conditions-eap.pdf</p>

Asthma		
Allergies and Asthma at School		https://allergyasthmanetwork.org/allergies-and-asthma-at-school/
Back to School with Asthma Toolkit for Schools		https://www.lung.org/lung-health-diseases/lung-disease-lookup/asthma/health-professionals-educators/asthma-in-schools/back-to-school-with-asthma-toolkit
CDC Asthma Guidelines and Strategies		https://www.cdc.gov/healthyschools/asthma/strategies.htm
CDC Asthma Management		https://www.cdc.gov/healthyschools/asthma/index.htm
How to use an inhaler with a spacer		https://showmeschoolhealth.org/resources/inhaler-with-spacer/
How to use an inhaler without a spacer		https://showmeschoolhealth.org/resources/albuterol-inhaler-without-spacer/
Missouri Asthma Manual		https://health.mo.gov/living/healthcondiseases/chronic/asthma/pdf/asthmamanual.pdf
NIH Guidelines Managing Asthma: A Guide for Schools		https://www.nlm.nih.gov/files/docs/resources/lung/NACI_ManagingAsthma-508%20FINAL.pdf
Bed Bugs		
Bed Bugs and Schools		https://www.epa.gov/ipm/bed-bugs-and-schools
Bed Bug Information		https://www.epa.gov/bedbugs
Bed Bug Teaching Tool		https://www.epa.gov/sites/default/files/documents/BB_in_Schools_May_2012.pdf
Child Abuse and Neglect		
Missouri Child Abuse & Neglect Hotline	1-800-392-3738	https://dss.mo.gov/cd/keeping-kids-safe/can.htm
Missouri Child Abuse and Neglect Mandated Reporter Training		https://protectmokids.com/
Missouri Child Abuse Law	Section 210.110 RSMo	https://revisor.mo.gov/main/OneSection.aspx?section=210.110&bid=47877&hl

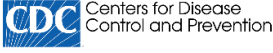
Communicable Diseases		
Bloodborne Pathogens training tools		https://health.mo.gov/living/families/schoolhealth/pdf/GuidelinesForBloodbornePathogens.pdf
Communicable Diseases		https://health.mo.gov/living/healthconditions/communicable/index.php
Directory of Local Public Health Agencies (LPHA)		https://health.mo.gov/living/lpha/lphas.php
Handwashing Lesson Plans for all ages		https://health.mo.gov/living/families/schoolhealth/handwashing.php
Prevention and Control of Communicable Diseases		https://health.mo.gov/living/families/schoolhealth/pdf/Communicable_Disease.pdf
 Managing Infections Diseases in Child Care and Schools - 6th edition	American Academy of Pediatrics reference manual (available for purchase)	https://www.aap.org/en/catalog/categories/infectious-diseases/managing-infectious-diseases-in-child-care-and-schools-6th-edition-paperback/
Concussion Awareness for School Staff		
Emergency Action Planning Program for after-school practices and events		http://www.anyonecansavealife.org/
HEADS UP online training courses	 Centers for Disease Control and Prevention	https://www.cdc.gov/heads-up/communication-resources/training.html
HEADS UP: Responding to a sports-related concussion	 Centers for Disease Control and Prevention	https://www.cdc.gov/heads-up/response/index.html
HEADS UP to Youth Sports	 Centers for Disease Control and Prevention	https://www.cdc.gov/heads-up/training/youth-sports.html
MSHSAA		https://www.mshsaa.org/resources/pdf/ConcussionPacketHB300_Final.pdf
Data Collection and Reports		
CD-31 Report (log-in screen)	Due October 15 th annually	https://healthapps.dhss.mo.gov/schoolhealth/
Child Care and Preschool Immunization Reporting Information	Due January 15 th annually	https://health.mo.gov/living/wellness/immunizations/daycarerequirements.php
Infographic templates for sharing your district data (under Special Healthcare Needs tab)		https://health.mo.gov/living/families/schoolhealth/online-reporting.php
Missouri State School Health Data (under Statewide Disease and Chronic Conditions tab)	All school district data received combined into one report (state data)	https://health.mo.gov/living/families/schoolhealth/online-reporting.php

School Health Online Reporting (log-in screen)	Includes: <ul style="list-style-type: none"> • Student Encounters • School Health Services Update (Staffing Survey) • Special Healthcare Needs Survey • CD-31 	https://healthapps.dhss.mo.gov/schoolhealth/
School Health Systems Online Reporting User Manual	Instructions on log-in and use of online reporting module	https://health.mo.gov/living/families/schoolhealth/pdf/ORS_Statewide_Manual.pdf
Special Health Care Needs Survey Instructions	Instructions on how to complete survey with category definitions	https://health.mo.gov/living/families/schoolhealth/pdf/SHCNsurveyForm.pdf
Diabetes		
Diabetes Care Tasks at School: Training Resources for School Staff		https://diabetes.org/advocacy/safe-at-school-state-laws/diabetes-care-tasks-school
How to administer Basqimi		https://showmeschoolhealth.org/resources/nasal-administration-of-glucagon/
How to administer Glucagon		https://showmeschoolhealth.org/resources/administration-of-glucagon-via-injection/
How to administer Gvoke		https://showmeschoolhealth.org/resources/gvoke-administration/
Diabetes Toolkits for: School Nurse, Teachers & Personnel, Family, Section 504, and Health Provider		http://www.coloradokidswithdiabetes.org/
Helping the Student with Diabetes Succeed		https://www.niddk.nih.gov/health-information/professionals/clinical-tools-patient-management/diabetes/helping-student-diabetes-succeed-guide-school-personnel?dkrd=hispt1099
Food Allergies		
Allergy home – practical teaching tools		https://www.allergyhome.org/
Auvi-Q - how to administer and skill competency checklist		https://showmeschoolhealth.org/resources/auvi-q-administration/
CDC Healthy Schools: Food Allergies		https://www.cdc.gov/healthyschools/foodallergies/index.htm
EpiPen – how to administer and skill competency checklist		https://showmeschoolhealth.org/resources/epipen-administration/

Managing Food Allergies in Schools Toolkit	 Centers for Disease Control and Prevention	https://www.cdc.gov/healthyschools/foodallergies/toolkit.htm
Food Allergy and Anaphylaxis Network		https://www.foodallergy.org/
Free EpiPen for Schools program		https://www.epipen4schools.com/
 Missouri Food Allergy Manual	Guidelines for Allergy Prevention and Response	https://health.mo.gov/living/families/schoolhealth/pdf/mo_allergy_manual.pdf
Medical Statement for Student Requiring Meal Modification		https://dese.mo.gov/media/pdf/medical-statement-student-requiring-meal-modification
Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Programs	 Centers for Disease Control and Prevention	https://www.cdc.gov/healthyschools/foodallergies/pdf/20_316712-A_FA_guide_508tag.pdf
Head Lice		
CDC Head Lice Information for Schools	 Centers for Disease Control and Prevention	https://stacks.cdc.gov/view/cdc/124331
Head lice Power Point		https://health.mo.gov/living/families/schoolhealth/ppt/HEADLICE.ppt
Head lice information for parents		https://kidshealth.org/en/parents/headlice.html
Immunizations		
CDC Immunization Schedules	 Centers for Disease Control and Prevention	https://www.cdc.gov/vaccines/schedules/index.html
Immunization Resources		https://health.mo.gov/living/wellness/immunizations/
School Immunization Requirements and Reporting Information		https://health.mo.gov/living/wellness/immunizations/schoolrequirements.php
Show Me Vax		https://health.mo.gov/living/wellness/immunizations/showmevax/index.php
Medication Administration		

 <p>Medication Manual with training for unlicensed personnel</p>		https://health.mo.gov/living/families/schoolhealth/pdf/MedicationManual.pdf
	<p>Information written at a consumer level and available in over 40 languages, The "Herbs and Supplements" section is one of the few sources of evidence-based information on these substances.</p>	https://medlineplus.gov/
<p>NIH: DailyMed</p>		https://dailymed.nlm.nih.gov/dailymed/
Mental Health Resources		
<p>Autism Spectrum Disorders: Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment</p>		https://www.autismguidelines.dmh.mo.gov/pdf/Guidelines.pdf
<p>Autism information</p>		https://www.cdc.gov/autism/index.html
<p>ADHD information</p>		https://www.cdc.gov/ncbddd/adhd/
<p>Drugs of Abuse</p>		https://www.nasn.org/nasn-resources/resources-by-topic/drugs-abuse
<p>Mental Health Awareness Model Curriculum</p>		https://dese.mo.gov/media/pdf/mental-health-awareness-curriculum
<p>Missouri Department of Mental Health</p>		https://dmh.mo.gov/
<p>Naloxone Toolkit</p>		https://health.mo.gov/living/families/schoolhealth/pdf/naloxone-toolkit.pdf
<p>Naloxone Administration Handout</p>		https://health.mo.gov/living/families/schoolhealth/pdf/naloxone-admin.pdf
<p>Stop Medicine Abuse</p>		https://stopmedicineabuse.org/tools-to-take-action/#school-nurses
<p>Substance Abuse and Mental Health Services Administration (SAMHSA)</p>		https://www.samhsa.gov/

Suicide & Crisis Lifeline - 988		https://988lifeline.org/ https://health.mo.gov/living/families/schoolhealth/mh-suicide.php https://dmh.mo.gov/behavioral-health/988-suicide-and-crisis-lifeline
Suicide Prevention Resource Center		https://sprc.org/
Oral Health Resources		
Locate Low-Cost Dental Services		https://health.mo.gov/living/families/oralhealth/low-cost.php
Missouri Office of Dental Health		https://health.mo.gov/living/families/oralhealth/
Missouri Oral Health Preventative Services Program		https://health.mo.gov/living/families/oralhealth/psp/
Oral Health Guide for School-Aged Children		https://health.mo.gov/living/families/oralhealth/pdf/oral-health-guide-for-school-aged-children.pdf
Find a Dentist in Your Area		https://health.mo.gov/living/families/oralhealth/pdf/find-providers-dentist.pdf
Other Resources		
CDC Healthy Schools		https://www.cdc.gov/healthyschools/
Data Privacy in School Nursing		https://www.networkforphl.org/wp-content/uploads/2019/12/Data-Privacy-in-School-Nursing-Navigating-the-Complex-Landscape-of-Data-Privacy-Laws-Part-1-1.pdf
Data Sharing Toolkit for Communities		https://sites.ed.gov/nsaesc/files/2017/07/USED-datasharingtoolkit.pdf
Educational videos for staff in after-school programs	Allergy Diabetes Seizures Sickle Cell disease	https://ccox.sites.truman.edu/2019/04/03/allergy-education-actions-afterschool-programs-activities-3/ https://ccox.sites.truman.edu/2019/04/03/diabetes-education-actions-afterschool-programs-activities-3/ https://ccox.sites.truman.edu/2019/03/12/seizure-education-actions-afterschool-programs-activities-2/ https://ccox.sites.truman.edu/2019/03/12/sickle-cell-disease-education-actions-afterschool-programs-activities/

Health Education		https://kidshealth.org/
Managing Chronic Health Conditions in Schools: The Role of the School Nurse		https://www.cdc.gov/healthyschools/chronic_conditions/pdfs/2017_02_15-FactSheet-RoleOfSchoolNurses_FINAL_508.pdf
Medicaid Expansion Communications Resources	Includes Medicaid information in 15 languages, information on Legal Services of Eastern Missouri and Health Literacy Media	https://mffh.org/our-focus/issue-based-work/medicaid-expansion/medicaid-expansion-communications-resources/
MedlinePlus		https://medlineplus.gov/
Topics A-Z connects to a wide variety of topics, information and resources		https://health.mo.gov/atoz/index.php
Missouri Kids Count		http://mokidscount.org/
Missouri School Nurse Link		http://www.schoolnurselink.com/
Missouri State Board of Nursing		https://pr.mo.gov/nursing.asp
Missouri Student Survey (MSS)	Conducted in even-numbered years to track risk behaviors of students in grades 6-12 attending public schools in Missouri. Participation in the survey is completely optional. The survey includes questions on alcohol, tobacco and drug use and other behaviors that endanger health and safety.	https://dmh.mo.gov/alcohol-drug/missouri-student-survey
National Center for Complementary and Integrative Health		https://www.nccih.nih.gov/
	Look up, verify and monitor nurse licenses	https://www.nursys.com/
Research Brief - Addressing the Needs of Students with Chronic Health Conditions: Strategies for Schools		https://www.cdc.gov/healthyschools/chronic_conditions/pdfs/2017_02_15-How-Schools-Can-Students-with-CHC_Final_508.pdf
Research Brief - Chronic Health Conditions and Academic Achievement		https://www.cdc.gov/healthyschools/chronic_conditions/pdfs/2017_02_15-CHC-and-Academic-Achievement_Final_508.pdf
School Health Resource Guide for Best Practices	Includes Comprehensive School Mental Health, Employee Wellness, School Climate	https://chronicdisease.org/page/SHtoolsandresources/

Professional Organizations		
American School Health Association (ASHA)		https://www.ashaweb.org/
 Coordinated School Health Coalition	Offers free membership	https://www.healthykidsmo.org/
Missouri Association of School Nurses (MASN)		https://missourischoolnurses.org/
Missouri Public Health Association (MOPHA)		https://www.mopha.org/
National Association of School Nurses (NASN)		https://www.nasn.org/home
Screening Guidelines and Tools		
Edutainment and E-Learning Tools	Edutainment tools are a variety of videos for working with elementary students to prepare them to participate in vision and hearing screenings	https://health.mo.gov/living/families/schoolhealth/pdf/edutainment-tools.pdf
Growth Screening Guidelines		https://health.mo.gov/living/families/schoolhealth/pdf/GuidelinesForGrowth.pdf
Hearing Screening Guidelines		https://health.mo.gov/living/families/schoolhealth/pdf/HearingScreeningGuidelines.pdf
Vision Screening Guidelines		https://health.mo.gov/living/families/schoolhealth/pdf/GuidelinesVisionScreening.pdf
Seizure Resources		
CDC Healthy Schools: Epilepsy	 Centers for Disease Control and Prevention	https://www.cdc.gov/healthyschools/npao/epilepsy.htm
How to administer Diastat (rectal Diazepam)		https://showmeschoolhealth.org/resources/administration-of-rectal-diaostat/
How to administer Nayzilam (Midazolam nasal spray)		https://www.nayzilam.com/how-to-use-nayzilam
How to administer Valtoco (Diazepam nasal spray)		https://www.valtoco.com/how-to-use
Legal Rights of Children with Epilepsy in School and Childcare: An Advocate's Manual		https://www.epilepsy.com/sites/default/files/atoms/files/Legal%20Rights%20of%20Children%20with%20Epilepsy%20in%20School%20and%20Child%20Care.pdf

Epilepsy Foundation: Schools and Seizure Preparedness	 EPILEPSY FOUNDATION	https://www.epilepsy.com/preparedness-safety/schools
Seizure First Aid and Recognition	 EPILEPSY FOUNDATION	https://www.epilepsy.com/recognition
Seizure First Aid Training for School Personnel (requirement for Will's law)	 EPILEPSY FOUNDATION <small>END EPILEPSY TOGETHER</small> <small>MISSOURI & KANSAS</small>	https://efmk.org/programs-services/education-programs/
Seizure rescue therapies	 EPILEPSY FOUNDATION	https://www.epilepsy.com/treatment/seizure-rescue-therapies