



SCHOOL NURSE UPDATE

www.dhss.mo.gov/SchoolHealth/

School Nurses
THE HEART OF SCHOOL
HEALTH SERVICES

Missouri Department of Health and Senior Services

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January 2009

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2009-2010 Immunization Requirements

Information has been mailed to school administrators during December.

You can access the updated information at

<http://www.dhss.mo.gov/immunizations/Requirements>.

Mark Your Calendars – Children's Trust Fund Conference – March 18-20th

Celebrating its 25th Anniversary (1983-2008), the Children's Trust Fund (CTF) invites you to participate in its statewide 'A Generation of Prevention: Lessons Learned & Pathways to the Future' child abuse and neglect prevention conference March 18-20, 2009 at the Capitol Plaza Hotel in Jefferson City.

Look for registration information to be available soon via the mail and the CTF website at www.ctf4kids.org! Work is currently being done to finalize speakers, workshops and events that will be interesting, educational and motivational in the field of child abuse and neglect prevention:

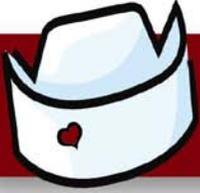
- Pathways to Prevention;
- Economic Impact of CAN;
- Science of the Positive;
- Strengthening Families;
- Management/Fund Development/Grant Writing;
- The Link - child & animal maltreatment;
- Parent Involvement;
- Rachel's Challenge.

As part of this conference, please rally with us on March 20, 2009 to kick-off April as child abuse prevention month!

Missouri KidsFirst Announcements

April 17, 2009 - GO BLUE! Day (learn more at www.missourikidsfirst.org)

(More KidsFirst Announcements)



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May 6, 2009 - Missouri KidsFirst Statewide Child Abuse Prevention Summit (more information to come in the spring)

May 7, 2009 - Missouri KidsFirst Presents "Raising More Money" with Benevon Founder Terry Axelrod (more information to come in the spring).

Dr. Regina Staves, Board Chair of The Children's Trust Fund and Kirk Schreiber, CTF's Executive Director, developed a podcast to provide parents some useful information on how to manage stress at the holidays and keeping children in mind. Check it out at www.ctf4kids.org.

On October 13, 2008, President Bush signed into law the Protect Our Children Act, which is designed to keep Internet sex predators away from children. The Protect Our Children Act creates the largest law enforcement effort, ever, to combat online child pornography. It requires Internet companies to report child pornography and adds more than \$320 million to the U.S. Justice Department to fight Internet crimes against children.

<http://www.protect.org/Success-Stories/National/A-Major-Victory-in-Congress-The-PROTECT-Our-Children-Act.html>.

Time has published the article: *Study: Most Child Abuse Goes Unreported* By Tiffany Sharples - December 02, 2008. Read it at <http://www.time.com/time/health/article/0,8599,1863650,00.html>.

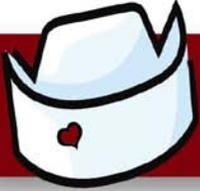
The National Center on Shaken Baby Syndrome has announced the launch of a new website. Check out their expanded site on Shaken Baby Syndrome/Abusive Head Trauma at www.dontshake.org and check out the Period of PURPLE Crying SBS/AHT Prevention Program at <http://www.dontshake.org/sbs.php?topNavID=3D4&subNavID=3D32>.

The current edition of *TIME for Kids* addresses the issue of bullying and is in classrooms now! You will find the *Stop Bullying Now!* Campaign highlighted and many other tips, questions and resources that address this important issue. This edition is particularly helpful for educators and everyone who works with youth. You can access the current issue of *TIME for Kids* at: <http://www.timeforkids.com/TFK/teachers/ns/0.27955,.00.html>. In addition, there is a teacher's guide available: http://www.timeforkids.com/TFK/class/pdfs/2008f/081121_ns_all.pdf. Starting in 2009, there will be *Stop Bullying Now!* DVDs are now in nearly 17,000 public libraries thanks to a partnership with the American Library Association. Once placed on the library shelves, the DVD can be used as a teaching tool for local educators or a resource for the general public concerned about the issue of bullying.

SAVE THE DATE - March 18-19, 2009 **2009 Public Health Preparedness Conference**

The 2009 Public Health Preparedness Conference will be held on March 18-19, 2009 at the Holiday Inn Executive Center in Columbia, Missouri. The conference will highlight speakers in public health emergency preparedness for a wide audience. The following are the conference objectives:

- Recognition of the components of a public health preparedness response system;
- Recognize the needs of special populations during public health emergencies;



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- Learn to rapidly and effectively engage the public health system at the community and state levels during an emergency event;
- Gain knowledge and identify resources to participate in a coordinated multidisciplinary response;
- Recognize the overlap of human and animal health and the community-wide response necessary to respond to such events.

There is no registration fee to attend, but space is limited to the first 350 individuals to register. Please share this information with interested staff. To view the agenda and register, please go to http://www.dhss.mo.gov/BT_Response/PHP-Brochure.pdf.

The “Did You Know” of Programs Regarding Oral Health:

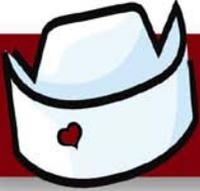
Did you know that the Missouri Department of Health & Senior Services has various programs devoted to Oral Health? The programs are administered through the Office of Primary Care and Rural Health. Services are provided to a wide range of Missourians.

First, did you know that portable dental equipment is housed at various locations across the state known as repository sites? There are currently eleven sites across Missouri, including the Department’s warehouse. The portable dental equipment is made available for use by dentists, dental hygienists, and local public health agencies when conducting dental screenings or services away from an office location such as in a school, head start, and etc. The equipment consists of several components including a chair, stool, air compressor, curing light, exam light and the unit. There is no cost to anyone who wants to borrow the equipment; however, the borrower is responsible for pickup and return of the equipment. The Department requires that individuals who borrow the equipment provide basic information on how the equipment was used in order to continue to support the program.

Second, did you know the Elks Mobile Dental Program provides dental care for children and adults with special health care needs and other special populations? The program has two dental vans that travel to various locations throughout the state. The Elks Program sends out notices to individuals with special health care needs to alert them to when a mobile dental unit will be in their area. The vans are wheelchair accessible, fully equipped and staffed. A full range of oral health services can be performed during one trip to the van. The program is done in conjunction with the Missouri Department of Health & Senior Services, Jackson County Health Department, the Elks Benevolent Trust and the Truman Medical Center East.

Did you know that Missouri has a Donated Dental Services Program? This program is conducted through a contract with the National Foundation of Dentistry for the Handicapped. Dentists and laboratories provide extensive donated time and equipment to provide dental care for qualified applicants who are severely disabled, elderly or chronically ill and lack adequate income to pay for the needed dental care, exclusive of routine dental care. The Missouri coordinator reviews applications for the services and matches approved individuals with a volunteer dentist.

Did you know that fluoride helps prevent dental caries? The Department has Oral Health Consultants that travel the state in their regions, providing instructions and information to schools, head starts, pre-schools, early childhood learning centers, and etc. about the Oral Health Preventive Services Program (PSP). PSP provides fluoride varnish, toothpaste, toothbrushes, floss, and educational literature to participants. A dental screening is conducted by a volunteer dentist or dental hygienist at the same time as the initial application of fluoride.



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Referrals are initiated for unmet dental needs based upon the information obtained during the screening. Non-identifying information is shared with the Department in order to determine the program's effectiveness. It should be noted that this program will completely replace the fluoride mouth rinse or "swish and spit" after the 2009-2010 school year.

Did you know that the Department has made available K-12 Oral Health Curriculum on its website at <http://www.dhss.mo.gov/oralhealth/>. These grade specific power point presentations can be downloaded free of charge and used by school health nurses or teachers and other health care or child care professionals in conjunction with other curriculum.

If you would like to learn more about these programs or other services the Department of Health & Senior Services provides, please visit <http://www.dhss.mo.gov/oralhealth/> and www.mohealthysmiles.com or. The Oral Health Program staff can also be reached by calling 800-891-7415 or 573-751-6219. Thank you!

60th National Children's Dental Health Month – February 2009

National Children's Dental Health Month (NCDHM) turns 60 this year. Each February since 1949, the American Dental Association (ADA) has sponsored National Children's Dental Health Month to raise awareness about the importance of oral health. NCDHM messages and materials have reached millions of people in communities across the country. Developing good habits at an early age and scheduling regular dental visits helps children get a good start on a lifetime of healthy teeth and gums. The ADA has free online resources to assist with oral health presentations, ideas for the classroom and coloring and activity sheets that can be used as handouts. There are also booklets and materials available for purchase through the ADA Catalog.

<http://www.ada.org/public/events/ncdhm/index.asp>.

USDA Fruit and Vegetable Program Available for Eligible Schools

The USDA Fresh Fruit and Vegetable Program makes fruit and vegetable snacks available at no cost to all children in participating schools. The program began in 2002 as a pilot program in a small number of schools. It has since become a permanent program that was expanded to cover selected schools in all 50 States, as part of the 2008 Farm Bill.

The Nutrition Programs Title of the 2002 Farm Act provided \$6 million for USDA to award to schools through a Fruit and Vegetable Pilot Program (FVPP) for the 2002-03 school year. ERS evaluated the pilot based on:

- analyses of administrative school records;
- school reports;
- site visits to schools;
- focus groups and interviews with school staff and parents;
- a conference of pilot program managers, other pilot staff, and policy stakeholders.

Most schools participating in the pilot considered the program to be very successful and strongly supported its continuation. Because the pilot only included schools that had voluntarily applied to participate, these schools may not be representative of non-pilot schools. Pilot sites were, however, chosen to represent a mix of large and small; rural, suburban, and urban; and elementary, middle, and high schools. The participating schools also included



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students from diverse ethnic backgrounds and family income levels, based on the proportion of students certified as eligible for free and reduced-price lunches.

The 2004 Child Nutrition and WIC Reauthorization Act made the Fruit and Vegetable Pilot Program permanent and expanded it to more States. The 2008 Farm Bill expands it to all states, along with the District of Columbia, Guam, Puerto Rico, and the Virgin Islands. However, **it will be available in selected schools in each state based on need—schools in which a high proportion of students are eligible to receive free or reduced-price school meals.** The current Fresh Fruit and Vegetable Program is administered by USDA's Food and Nutrition Service (FNS). **For more information, contact the Department of Elementary and Secondary Education's State Director's Office for School Food Services, 573-751-3526.**

New Name for Food Stamp Program

As of October 1st, 2008, Supplemental Nutrition Assistance Program (SNAP) is the new name for the federal Food Stamp Program.

The new name reflects the changes made to meet the needs of program clients and put healthy food within reach, including a focus on nutrition, increases in benefit amounts, and changes to make the program more accessible. While SNAP is the new federal name for the program, state programs may have different names.

Only the name of the Food Stamp Program is changing. SNAP is not a new program. Current Food Stamp clients will not lose benefits as a result of the name change, and current clients and recent applicants do not need to reapply. Clients will continue to receive benefits as before and access them with the same electronic card at local authorized retailers and farmer's markets. The same state agency that handled the Food Stamp Program will continue to handle SNAP caseloads. Also, SNAP requirements for foods that can be purchased are the same as in the former Food Stamp Program.

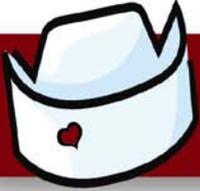
For more information, visit <http://wwwfns.usda.gov/fsp/snap.htm> or contact laura.griffin@fns.usda.gov.

Special Report Available from "Action for Healthy Kids"

Action for Healthy Kids is pleased to announce the release of "*Progress or Promises? What's Working For and Against Healthy Schools*", a special report on the state of school wellness. This report is an important overview of the current state of school wellness in America. Assessing the progress thus far and the hurdles to be surmounted, the report features the result of original field research, and key contributions from voices of authority in children's health, education, and school wellness. It also includes an important essay by former U.S. Surgeon General and Founding Chair of Action for Healthy Kids, David Satcher, MD, PhD. To view the report, go to <http://www.ActionForHealthyKids.org> or call 1-800-416-5136.

Updated School Employee Wellness Website

The School Employee Wellness web site at www.schoolempwell.org has been updated with new tools and resources, including:



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- Notes Pages for all PowerPoint Presentations;
- Sample Employee Interest and Health Habits Surveys;
- Sample Newsletters and Committee Materials;
- Sample Wellness Activity Materials;
- New links to State Worksite Wellness Programs.

If you would have any tools or resources that you think others would find useful, please email them to schoolempwell@yahoo.com.

2007 Smart BRFSS Data/ Prevalence Tables and 2007 BRFSS Maps Now Available

The CDC's Behavioral Surveillance Branch in the Division of Adult and Community Health, National Center for Chronic Disease Prevention and Health Promotion, Coordinating Center for Health Promotion, is pleased to announce the joint release of the 2007 SMART BRFSS data and prevalence tables and the BRFSS Maps.

SMART BRFSS (Selected Metropolitan/Micropolitan Area Risk Trends from the Behavioral Risk Factor Surveillance System) began with the analysis of data from the 2002 BRFSS. It now includes data from 2002 through 2007, with prevalence estimates for over 184 metropolitan and micropolitan statistical areas (MMSAs), as well 298 counties within those areas.

BRFSS Maps is a system that allows users to visualize the prevalence estimates, making them more accessible to a variety of audiences. Users can choose to map the entire country, or to zoom in on a region or state, including the MMSAs within that area. Users can also download GIS data files.

The SMART BRFSS data and prevalence tables are located at <http://apps.nccd.cdc.gov/brfss-smart/index.asp>.

The BRFSS Maps are located at <http://apps.nccd.cdc.gov/gisbrfss/default.aspx>.

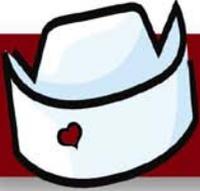
For more information, please contact Lina Balluz, Sc.D., M.P.H. at 770-488-2466 or lib7@cdc.gov.

National Survey of Children with Special Health Care Needs Data Resource Center

The Data Resource Center for Child and Adolescent Health has produced a website for the National Survey of Children with Special Health Care Needs (CSHCN). On the website, users can access State Rural-Urban and Condition-Specific Child Health Data Reports. The reports allow users to view data by geographical area within each state, condition-specific profiles, as well as compare states. To access the CSHCN Data Resource Center, visit <http://www.cshcndata.org/Content/Default.aspx>.

NEW Youth Health Educator in Bureau of HIV/STD and Hepatitis

Stephanie Washington has joined the Bureau of HIV/STD and Hepatitis and is excited to be available to schools for presentations and resource information on these "important" health topics. Her objectives are to provide health education programs for the purpose of promoting youth-focused healthy behaviors, including the latest teen pregnancy/HIV/STD prevention messages and literature targeting students, parents and teachers. Using visual and oral presentations along with class participation and input, these programs will stress the importance of prevention techniques and healthier habits to empower teens to make safer choices and to avoid HIV/STD



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infection and teen pregnancy. You may contact Stephanie at Stephanie.Washington@dhss.mo.gov or by calling 573-522-2550. Fax number is 573-751-6447.

FIGHT THE BITE Poster Contest – Posters Due by April 1, 2009

Mosquitoes and ticks live throughout Missouri, and they can make it unpleasant to be outdoors. More importantly these pests can spread serious diseases that affect children and adults.

This winter is the perfect time to educate children on how to prevent bites from disease-carrying ticks and mosquitoes. If your school or district works with children in grades 5 or 6, the *Centers for Disease Control and Prevention's* "FIGHT THE BITE" poster contest is an excellent way to do so. The nationwide contest is accepting posters through **April 1, 2009** with each state eligible to have up to two prizewinners. In 2008, a Springfield, Missouri fifth grader was one of the national winners and won a \$1,000 savings bond! **See winning posters** at www.fightthebitecontest.org.

Materials to assist you with promoting the campaign (such as handouts, classroom posters and a storybook) are available through the Missouri Department of Health and Senior Services. Please forward this information to classroom teachers, as well as the art and science teachers in your schools.

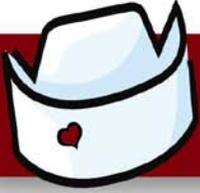
If you are interested in having your school/district participate, visit <http://www.fightthebitecontest.org> for more information! Good luck to all and feel free to contact Alyce Turner with the Missouri Department of Health and Senior Services at Alyce.Turner@dhss.mo.gov or 573-751-6113 for additional information and free educational materials.

New Handwashing Mini-Poster Available



A new **laminated version** of the 8.5 X 11 color gloss mini-poster on handwashing (stock #297) is now available at the Missouri Department of Health and Senior Services (DHSS). Help stop the spread of germs this winter in your school by posting this important health message in classrooms, restrooms, and food service areas. The new poster's plastic lamination is more durable, longer lasting, water resistant, and can be repeatedly cleaned and/or dried with a paper towel. To order posters, fax or send a DHSS Literature order form to the DHSS Literature Warehouse, or contact Alyce.Turner@dhss.mo.gov or 573-751-6113.

WHACK THE FLU PREVENTION PROGRAM AVAILABLE FOR USE IN MISSOURI ELEMENTARY SCHOOLS



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Missouri students can learn how to keep from getting – and spreading – the flu this season. The **WHACK the Flu** campaign is available with downloadable educational materials such as a skit, song, and posters for K-3 classrooms in elementary schools this winter.

WHACK the Flu is a community education program being adapted for Missouri schools from one originally developed by California's City of Berkeley Public Health Division. The program teaches school children how to help protect themselves and others from illness by using effective hygiene habits, such as how to wash hands appropriately and to cover their coughs and sneezes. Older students, school staff, or community volunteers can be recruited and trained to perform the entertaining, yet educational, **15-minute** classroom skit.

The **WHACK** acronym is used for its appeal to children and stands for:

W: Wash your hands often;

H: Home is where you stay when you are sick;

A: Avoid touching your eyes, nose and mouth;

C: Cover your coughs and sneezes;

K: Keep your distance from people who are coughing or sneezing.

Downloadable Components:

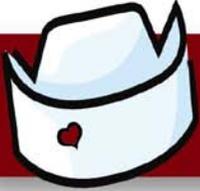
- [Classroom Skit](#)
- [Activity Worksheet for Kids](#)
- [Classroom Poster](#)
- [Sticker logo](#)

For additional information about the **WHACK the Flu** program, please **contact Alyce Turner** with the Missouri Department of Health and Senior Services at 573-751-6113 or by email at Alyce.Turner@dhss.mo.gov.

WANTED: Increase in Schools Participating in "Smokebusters" Program

The Family and Community Medicine Department at the University of Missouri is recruiting for more schools to participate in *Smokebusters Youth Advocacy Program*. *Smokebusters* focuses on helping youth build decision-making, problem solving, and advocacy skills. *Smokebusters* is also aligned with the Show Me Health Standards. A regional, one day training in late January or early February for participating schools will be scheduled. All materials, food and supplies will be provided, and a *Smokebusters* Coordinator will be assigned to assist you. In addition, a stipend of \$150.00 is offered to all schools that complete Phase I training and an additional \$250.00 after completing all activities.

Getting Started With Smokebusters –



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- Identify one or two adult mentors who can accompany a group of ten students to the one day training and assist them in arranging and attending activities through the semester.
- **Contact Joyce Lara, School Coordinator for *Smokebusters*** at laraj@health.missouri.edu or by phone (573-823-3809) to assist you in the next steps of selecting your school's team members and gathering and completing forms the *Smokebusters* Regional Coordinator will need to arrange your training.

Over 90 schools across Missouri have already decided to join *Smokebusters*. We're looking for more schools to partner with, but space is limited, so please contact the above number by early January to reserve a place in the program.

“BODY WORKS” Toolkit Available from the Office on Women’s Health

Record numbers of children and teens today are overweight. More than 15 percent of children ages 6 to 19 are overweight, and even more youth are at risk of becoming overweight (Ogden, Flegal et al, 2002). About 70 percent of overweight teens become obese adults (Dietz, 2002).

Adolescence marks an important period in which girls adopt eating and exercise habits that can last a lifetime. Parents especially can play an important role in shaping these behaviors. The following examples illustrate this powerful influence:

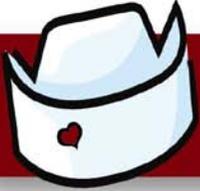
- Kids who eat with their families tend to eat more fruits and vegetables and less fried foods; drink less soda; and consume more calcium, iron, and vitamins (Gillman, 2000);
- Young people are more likely to be active if their parents or siblings are also active and if their parents support their participation in physical activities (DHHS, 2000).

Body Works: A Toolkit for Healthy Girls and Strong women is an obesity prevention program developed by the Office on Women’s Health, U.S. Department of Health and Human Services, to help parents and caregivers of adolescent girls improve family eating and exercise habits. The toolkit provides information, tools, and strategies on how to achieve a healthy lifestyle. It is meant to be disseminated to parents and caregivers at the community level by trainers from community organizations that will hold nine follow-up sessions with parents and caregivers to reinforce BodyWorks information and strategies.

For more information, please contact the Office on Women’s Health at 573-526-0445.

“Ounce of Prevention” Curriculum

The “Ounce of Prevention” curriculum, co-authored by Human Development Specialist, Brenda Bell and Genetic Counselors Lori Williamson and Carrie McMahon, targets adolescents in grades nine through twelve. The curriculum focuses on prenatal health and birth disorders from preventable causes. The resource contains five chapters, appendices of resources, web sites, and activities, and a packet of resources. Those resources include more than thirty March of Dimes publications, plus publications from other health-related sources. Each resource accompanies a specific learning activity within the curriculum. All chapters include behavioral objectives, PowerPoint slides, assessments and recommended resources for teaching about birth defects. A variety of



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teaching methods have been incorporated to approach different learning styles, with many interactive and hands-on techniques included. The areas of emphasis, listed below, were selected due to the prevention factor of each:

- Prenatal development, the causes and impacts of birth defects;
- Folic Acid: definition, function and sources; reduction vs. prevention of neural tube defects; impact on general health;
- Alcohol use during pregnancy; fetal alcohol syndrome – characteristics and impact;
- Risks of tobacco use during pregnancy; associated risks of postnatal tobacco use;
- Preconception planning; elements of a healthy pregnancy; prenatal screening and diagnosis, and genetic counseling;

For more information contact Leslie Seifert, Missouri Department of Health and Senior Services, Bureau of Genetics and Healthy Childhood, 573-751-6261.

News From The Center for Safe Schools

The U.S. Department of Education's (ED's) Office of Safe and Drug-Free Schools, in collaboration with ED's Readiness and Emergency Management for Schools Technical Assistance Center, is pleased to announce the release of four new publications – two from our *Helpful Hints* series and two from our *REMS Express* newsletter series. The four publications are:

“Helpful Hints”:

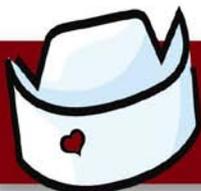
- “Educator Sexual Misconduct: What School Staff Need to Know and Do”.
http://rems.ed.gov/views/documents/HH_Vol3Issue2.pdf.
- “Engaging Students in Emergency Management”.
http://rems.ed.gov/views/documents/HH_Vol3Issue1.pdf.

“REMS Express” newsletters:

- “Highlights from the Field” http://rems.ed.gov/views/documents/REMSX_Vol4Issue2.pdf.
- “Collaboration: Key to a Successful Partnership”.
http://rems.ed.gov/views/documents/REMSX_Vol4Issue1.pdf.

Also, for your information, the center is in the process of developing one additional *Helpful Hints* document entitled: “Psychological First Aid” and one more *Lessons Learned* document entitled: “Responding to Infectious Disease: Multiple Cases of Staph Infections in a Rural School Community”. These should be ready for release by the beginning of the new year. As always, please do not hesitate to contact the center if you have any comments or suggestions for upcoming publications <http://education.umkc.edu/safe-school/index.asp>.

We hope that you will find these new publications to be useful resources as you continue to work on the emergency management plans within your schools.



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For more information contact Russell Thompson (thompsonrs@umkc.edu) or Glenn Berry (berryg@umkc.edu) at the UMKC Missouri Center for Safe Schools.

FERPA-HIPAA Joint Guidance Release from Missouri Center for Safe Schools

In response to the “Report to the President on Issues Raised by the Virginia Tech Tragedy” (June 13, 2007, (<http://www.hhs.gov/vtreport.html>)), the Departments of Education and Health and Human Services have issued “**Joint Guidance on the Application of the Family Educational Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act of 1996 (HIPAA) to Student Health Records**”. The guidance addresses the interplay between FERPA and the HIPAA Privacy Rule at elementary and secondary levels, as well as at the postsecondary level and addresses many of the questions raised by school officials, health care professionals, and others regarding the applicability of these two laws to records maintained on students. It also addresses certain disclosures that are allowed without consent or authorization under both laws, especially those related to health and safety emergency situations. School officials may find the guidance on our Web site: <http://www.ed.gov/policy/gen/guid/fpco/doc/ferpa-hippa-guidance.pdf>. Understanding the law will empower school officials to act quickly and decisively when problems arise. Should you have any questions about the issues raised in the joint guidance, you may email us at FERPA@ED.Gov.

Missouri Joins Other States Requiring Green Cleaning in Schools

July 11th, 2008 – With Governor Matt Blunt’s signature on July 11, Missouri became the third state in the nation, after New York and Illinois, to require green cleaning in schools.

Healthy Schools Campaign deputy director Mark Bishop explained that the Missouri legislation – along with similar laws passed in Illinois in 2007 and New York in 2006 – represents the beginning of a national movement toward protecting children’s health through green cleaning.

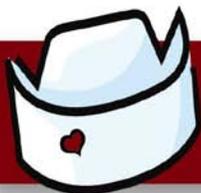
Green cleaning, defined as cleaning to protect health without harming the environment, reduces children’s exposure to irritants and toxic chemicals while protecting the health of custodial staff who works closely with the supplies.

Green Cleaning advocate Gary Walker, who worked closely with bill sponsor Sen. Kevin Engler in developing the legislation, said that his interest in putting forth the law was prompted by a desire to make green cleaning the norm in all the nation’s schools.

To learn more about green cleaning in schools or to order your free copy of Healthy Schools Campaign’s *Quick & Easy Guide to Green Cleaning in Schools*, visit www.greencleanschools.org. The actual language of the bill can be found at <http://www.senate.mo.gov/08info/pdf-bill/tat/SB1181.pdf> on page 22 under the section for 161.365. This was part of a bill that modifies and creates provisions pertaining to energy efficiency and energy regulation.

American Chemical Society (ACS) Releases List of Hazardous Chemicals

The ACS has released a new resource that includes a partial list of chemicals that the ACS Committee on Chemical Safety believes should not be found in a secondary school chemical inventory, or used by individuals



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who are not knowledgeable in working with high-hazard chemicals. The introduction to the list provides a description of criteria the Committee used to develop the list. This list, along with those from various states and other agencies may be useful to schools and partners assisting with school chemical inventories and disposal activities. <http://membership.acs.org/c/ccs/pubs/NotInSecondarySchools.pdf>.

CDC Releases Tips for Parents and Educators on Electronic Media and Youth Violence

Technology is useful for developing social and communication skills, but can pose risks to adolescent health and safety.

To help parents and educators better understand and address “electronic aggression”, (any kind of aggression perpetrated through technology which also includes any type of harassment or bullying). This resource can be found at http://www.cdc.gov/ncipc/dvp/electronic_aggression.htm.

Conference Announcements

Missouri Association of Rural Educators Conference (MARE)

March 13-14th, 2009 Port Arrowhead Resort-Lake Ozark

Keynote Speaker – Pat Cooper

<http://www.moare.com>

Children’s Trust Fund Child Abuse and Neglect Prevention Conference

March 18th-20th, 2009 Capitol Plaza Hotel-Jefferson City

“A Generation of Prevention: Lessons Learned and Pathways to the Future”

www.ctf4kids.org

2009 Public Health Preparedness Conference

March 18-19th, 2009 Holiday Inn Executive Center in Columbia, Missouri

www.dhss.mo.gov/BT_Response or Debbie.Nolan@dhss.mo.gov

Missouri Student Success Network (MSSN)

“Partnering for Success: School, Family and Community” Conference

April 3rd-4th, 2009 Tan Tar A Resort-Osage Beach

www.pppctr.org or <http://mssn.org/conference.shtml>

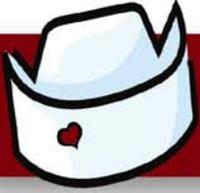
Missouri Association of School Nurses (MASN) Spring Conference

“All Aboard! Keeping Kids on the Healthy Track”

April 18th-19th, 2009 Sheraton Westport Chalet-St. Louis

www.missourischoolnurses.org

Web site also includes information for Poster Presentations. MASN is asking school nurses to “toot your horn, blow your whistle, and share with others your unique approach to a school health issue”.



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Other Announcements

GO BLUE DAY

Friday, April 17th, 2009

“Join Missouri KidsFirst to GO BLUE to end child abuse NOW”

For more information and T-Shirt Ordering Information, go to www.missourikidsfirst.org

Denim Day 2009 Taking a Stand Against Rape

April 23rd, 2009

To obtain a toolkit to participate, please contact:

Missouri Department of Health and Senior Services Office on Women’s Health
573-526-0445

Missouri KidsFirst Statewide Child Abuse Prevention Summit

May 6th, 2009

More information to come this spring at www.ctf4kids.org

Missouri KidsFirst Presentation “Raising More Money”

With Benevon Founder Terry Axelrod

May 7th, 2009

More information to come this spring at www.ctf4kids.org

Resources

Adolescent and Child Health

<http://www.nlm.nih.gov/medlineplus/print/teenhealth.html>

National Library of Medicine and National Institutes of Health – “Medline Plus”

http://www.cdc.gov/ncipc/tbi/Coaches_Tool_Kit.htm

“Heads Up! Concussion in High School Sports” ToolKit

<http://www.inhalants.drugabuse.gov>

National Institute on Drug Abuse Resource Web site

<http://www.whitehousedrugpolicy.gov/drugfact/inhalants/index.html>

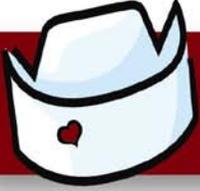
Office of National Drug Control Policy Web site

<http://www.cwla.org/advocacy/statefactsheets/2008/missouri.htm>

Child Welfare League of America: Advocacy: State Fact Sheets 2008

<http://www.cdc.gov/HealthyYouth/physicalactivity/guidelines.htm>

2008 Physical Activity Guidelines for Americans from Division of Adolescent and School Health (DASH)



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http://www.cdc.gov/HealthyYouth/health_and_academics/index.htm

Fact sheets and powerpoint presentations on Health and Academics

<http://www.cdc.gov/HealthyYouth/DTrain>

DASH Training tools including the School Health Index (SHI), the Physical Education Curriculum Analysis Tool (PECAT), and the Health Education Curriculum Analysis Tool (HECAT). Go to this site to request FREE WORKSHOPS

Asthma

www.asthmaready.org

Site still in development, coming soon!

www.winningwithasthma.org

Asthma information specific to coaches

www.epa.gov/asthma/publications.html

Asthma Home Environment Checklist

www.cdc.gov/HealthyYouth/Asthma/creatingafs/index.htm

Help to create an asthma friendly school

<http://www.starlight.org/asthma>

“Quest for the Code“online interactive educational asthma game

Disease and Infection Control

<http://dhssnet/ehcdp/scdp/InfConIssue15.pdf>

Infection Connection Newsletter from DHSS Bureau of Communicable Disease Control and Prevention

http://www.cdc.gov/ncidod/dhqp/ar_mrsa_in_schools.html

“Methicillin-Resistant Staphylococcus aureus (MRSA) in Schools”

<http://www.hsph.harvard.edu/headlice.html>

Information from Harvard University regarding Head Lice (includes management scheme/flow chart)

<http://www.cdc.gov/CDCTV>

“Put Your Hands Together” CDC web video to teach how to help stop the spread of infections

And “Why Flu Vaccination Matters” web video teaches the dangers of influenza to children and the benefits of vaccination, including the CDC child recommendations.

<http://www.cdc.gov/mmwr>

CDC Morbidity and Mortality Weekly Report



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<http://www.cdc.gov/vaccines/pubs/pinkbook/default.htm>

Epidemiology and Prevention of Vaccine Preventable Diseases 10th Edition, February 2008

<http://www.cdc.gov/vaccines/pubs/surv-manual>

Manual for the Surveillance of Vaccine-Preventable Diseases, 4th Edition 2008

Economic Help for Families

www.missouridrugcard.com

Application for “Free” Prescription Drug Cards

www.pparx.org or 1-888-477-2669

Partnership for Prescription Assistance (PPA)

<http://missourifamilies.org/housing/energy/index.htm>

Energy Saving Tips

<http://extension.missouri.edu/explorepdf/hesguide/famecon/gh3600.pdf>

University Extension article – “Living on Less”

<http://extension.missouri.edu/explorepdf/hesguide/famecon/gh3830.pdf>

University Extension article – “Managing Your Money”

<http://www.dss.mo.gov/mhd/providers/pages/provtips.htm>

MoHealthNet “HOT Tips” on Health Care

Environmental Health

http://www.psr.org/site/PageServer?pagename=pediatric_toolkit

FREE Pediatric Environmental Health Toolkit, or call 978-376-9985

“NewsLEADER” Lead Poisoning Prevention Program Newsletter

To subscribe, contact Allyssa.Clayes@dhss.mo.gov

<http://www.cdc.gov/CDCTV>

“The Quiet Killer: Exposure to Carbon Monoxide” Video

Funding Sources for Grants

www.mffh.org

Missouri Foundation for Health

http://www.childrensafetynetwork.org/injury_news/shownews.asp?newsID=757

Department of Health and Human Services Grants Forecast



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Mental Health

www.nami.org/CAAC

National Alliance on Mental Illness (includes resources on child and adolescent mental health)

<http://gwbweb.wustl.edu/cmhsr/psychotropic/medicines.htm>

Resource for Information about Psychotropic Medications

Nutrition and Fitness

www.healthfinder.gov

Consumer health information website, with a prevention focus.

www.healthyweight.net/schools.htm

Free School Wellness Materials

http://www.fns.usda.gov/CND/Guidance/special_dietary_needs.pdf

“Accommodating Children with Special Dietary Needs in the School Nutrition Programs”

Oral Health

www.mohealthysmiles.com or www.dhss.mo.gov/oralhealth or 800-891-7415

Cindy.Cox@dhss.mo.gov and Carolyn.Link@dhss.mo.gov

State Websites and Contacts

www.deltadentalmo.com/AboutUs/community.asp

Delta Dental “Teeth on the Go”- FREE packet and curriculum

www.ada.org/public/events/ncdhm/index.asp

FREE Online Resources from American Dental Association

Poster Contest Information

(MASN Spring Convention Posters to be submitted by March 1st, 2009)

<http://ublib.buffalo.edu/libraries/asl/guides/bio/posters.html>

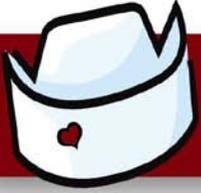
Staff Wellness

<http://lifedependsonit.com/Details.aspx?NavID=466>

Public Website for Department of Health and Senior Services “Live Like Your Life Depends on It” Campaign

<http://www.dhss.mo.gov/ChronicDisease/Resources.html>

Department of Health and Senior Services Website for “Live Like Your Life Depends on It”



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Violence Prevention

<http://www.cdc.gov/CDCTV>

Online Videos from the CDC

Currently showing: “Break the Silence”- Parents talk with teens about developing healthy and respectful relationships before teens begin dating.

http://www.pbs.org/inthemix/shows/show_bullying.html

PBS Website – Highlights from “Stop Bullying – Take A Stand!”