



SCHOOL NURSE UPDATE

www.dhss.mo.gov/SchoolHealth/

School Nurses
THE HEART OF SCHOOL
HEALTH SERVICES

Missouri Department of Health and Senior Services

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DAIRY COUNCIL RESOURCE FOR WELLNESS PROGRAM

The National Dairy Council® and your local Dairy Council® have teamed up with the National Football League® to lead the revolution for healthier kids! We're giving you all the tools you need to win — we've reserved a free Wellness Activation Kit for your school. This kit will help your students make positive changes when it comes to their eating and exercise habits. It will also help your school achieve its wellness goals.

Fueled by the 2005 Dietary Guidelines for Americans' *Food Groups to Encourage* and an easy to follow *Play 60* message, your school's kit will be loaded with what you need to energize kids to improve their eating and exercise practices. Included will be vehicles to deliver inspiring health messages, an entire nutrition and activity challenge program and creative downloadable tools. For detailed information, or to order your school's kit, hop online at www.SchoolWellnessKit.org. Order your kit today and be among the first to receive notification about online tools that will support the Wellness Activation Kits. (Kits will be available for shipment in September 2008.)

New and Improved Website Now Available

The U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion has announced a completely redesigned **healthfinder.gov!** The new site is a consumer health information Web site with a "prevention focus" and has been redesigned with a new and improved user friendly interface.

Some added new features include: **Quick Guide to Healthy Living** (easy to understand prevention topics with benefits and tips to get started), **myhealthfinder** (personalized health recommendations based on age/sex), **Personal Health Tools** (menu and activity planners, health calculators, online check-ups, and more). After visiting the site, be sure and send feedback to <http://beta.healthfinder.gov>. Post a link on your organization's Web site. A Web banner and instructions are located at: <http://beta.healthfinder.gov/aboutus/linking.aspx>



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MO HealthNet Update

Lane DePrima Jacobs, Program Manager for Missouri Primary Care Association

In the past five years, it has at times been both good news and bad news about Medicaid/MC+ for kids. This year it is all GOOD NEWS about MO HealthNet for Kids (MHK)! MO HealthNet is the new name for Missouri's Medicaid/MC+ programs.

The Missouri legislature made funding available for two important programs that will help with eligibility for MHK. Nearly two-thirds of the 127,000 uninsured children living in Missouri, approximately 84,000 kids, are eligible for either Medicaid or SCHIP, but are not enrolled. These two programs will surely help get more children enrolled.

Presumptive eligibility (PE) expansion – The advent of expanded PE doesn't really affect school nurse's use of the program, but it may be good information to have available. Thanks to tireless advocacy by child advocates from around the state, \$11.8 million (\$8.5 million in federal matching funds) was made available to expand presumptive eligibility MHK to all community health centers and rural health clinics ("qualifying entities"). Previously, there were only four qualifying entities (QE) – Missouri's four children's hospitals, located in St. Louis, Kansas City, and Columbia – and utilization was inconsistent.

- The new funding allows the new QEs to provide immediate, but temporary, enrollment in MHK to children who appear to meet program eligibility requirements. The new QEs are health care settings where low income kids are most likely to be seen for primary and preventive care. There are over 400 of these clinics across the state and more than 127,000 uninsured children in Missouri.
- When uninsured children visit one of the QEs for health care, they can be presumed eligible for MHK based on a preliminary income check/screening done by health care staff. No proof of income is needed at the screening. An uninsured child can then be temporarily enrolled in the program, and can receive needed health care at the time of their visit and for the next 30 days, rather than waiting for the completion of a full eligibility determination. The family then has 30 days to complete the application process to determine ongoing coverage.
- PE is available for uninsured children in families who make less than 151% of the federal poverty level a year (\$26,400 for a family of three).
- In addition, the provider receives the reimbursement from the state for all services provided during the 30 day time frame.

New coverage – \$4.8 million was appropriated to expand the State Children's Health Insurance Program (SCHIP) to children with preexisting conditions that are not covered by private health insurance or to children who have exceeded/exhausted their annual limit for private health coverage. This legislation was passed in 2007, but no funds were appropriated. Although the number of children that will be helped is relatively small, these children generally have serious health problems and are often uninsurable in the private market.

- Print materials for MO HealthNet for Kids – Grant funding for the MC+ Coalition to use for this has ended. The funding had allowed us to develop, print and distribute MC+ materials at no cost for schools and lots of other organizations working with families. It is my understanding that the Family Support Division (FSD) of DSS is developing MO HealthNet materials, but I am unsure when they will be available or how they will be



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distributed. Because I was getting so many requests for brochures for back-to-school events, I have gotten permission from FSD to develop a one-page, downloadable MO HealthNet flier. Unfortunately, since there is no funding for printing you will need to copy it yourself. I have included the file for your use. (Attachment)

- DESE form (the form in free and reduced meal packet that parents fill out if they are interested in information on health insurance) – A new form is in review at FSD, but until that is available (probably next year), DESE did make a change. See Appendix 2, page 28 on their 2008-2009 Information and Procedures <http://dese.mo.gov/divadm/food/documents/FreeandReduced-DirectCertbooklet2008-2009.pdf>

The only real “bad news” may be the confusion about the name change from Medicaid/MC+ to MO Health Net/MO HealthNet for Kids! You can help families make the transition by referring to the program as MO HealthNet. Thank you for all you do for Missouri children!

Lane DePrima Jacobs, Program Manager for Missouri Primary Care Association

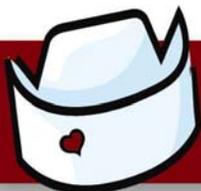
Links to helpful resources, documents and information about Mo Healthnet:

- Income guidelines for all MO HealthNet programs for families – not user friendly for parents, but a good thing for you to keep handy. http://www.dss.mo.gov/fsd/pdf/mhk_mhf_ta_income_guidelines.pdf
- Updated affordable insurance standards memo to FSD caseworkers - http://dss.missouri.gov/fsd/iman/memos/memos_08/im48_08.html
- Updated monthly premium schedule memo to FSD caseworkers - [MO HealthNet Premium Change Notice](http://dss.missouri.gov/fsd/iman/memos/memos_08/im46_08_att_premium_change_notice.pdf) http://dss.missouri.gov/fsd/iman/memos/memos_08/im46_08_att_premium_change_notice.pdf
- Community Health Centers – clinics that will provide services to everyone regardless of ability to pay. They see many people with MO HealthNet as well as the uninsured and underinsured, and they provide medical, mental and dental care services. <http://www.mo-pca.org/healthcenters.htm>
- <http://covertheuninsured.org/materials/order/>

Governor and Missouri Department of Social Services Announces New Online Form

A new Internet application for MO HealthNet is now available as of July 15th, 2008. “This new addition of an Internet application for MO HealthNet represents a significant move forward in making services more convenient and available to our citizens,” the Governor said. “I have urged all our departments to improve efficiency of state operations during my administration. It is another fine example of improving customer service and taking advantage of technology to better serve Missourians.”

The application can be accessed at <http://www.dss.mo.gov/mhk/appl.htm> and by clicking on the “Complete the Application OnLine” link. Applicants are guided through the process which takes only about 15 minutes to complete. During the application process, applicants may call the MO HealthNet Service Center toll free at 1-888-275-5908 or they can contact their local Family Services Division Office for assistance. Paper applications remain available in local offices, or can be printed from the Internet site. As with paper applications, proof of income, Social Security Numbers and birth certificates are required to complete the process. Documents can be mailed for ease of application. Applicants are notified by mail regarding their eligibility within 30 days (15 days if applying for MO HealthNet for Pregnant Women).



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Dangerous Interior Vehicle Temperatures – Caregivers Beware!

When temperatures exceed 80F (26.7C) potentially lethal temperatures of 105F (40.6C) PLUS can be reached in less than 20 minutes and when temperatures exceed 88F(31.1C) LETHAL readings can be reached in 10 minutes or less. Only minor mitigation is achieved by “cracking” the windows or by having a larger or lighter colored vehicle. Here are the facts:

Each year, an average of 36 children die from hyperthermia after being left unattended in a vehicle.

A child's body does not have the same internal temperature control as an adult's, and can warm three to five times faster. Heatstroke occurs when the body core temperature reaches 104F, and a body core temperature of 107F is usually fatal.

Within 10 minutes, the inside temperature of a vehicle will be almost 20 degrees hotter than the outside temperature, after 30 minutes the vehicle's temperature will be 34 degrees hotter.

Resources For Dangerous Vehicle Temperatures

Null, Jan. San Francisco State University, Department of Geosciences. Hyperthermia Deaths of Children in Vehicles. July 2007

Null, Jan. San Francisco State University, Department of Geosciences. Never Leave Your Child Alone in a Car Fact Sheet. August 2007

CDC, “Injuries and Deaths Among Children and Youth Left Unattended in or Around Motor Vehicles – United States, July 2000-June 2001, “MMWR Weekly 51, no.26

For more information on the topic of Unintentionally Injuries you can also contact Imtiaz Mahmood, Injury Prevention Program Manager, at imtiaz.mahmood@dhss.mo.gov

Information Release from the FDA About New HFA Inhalers

The Food and Drug Administration (FDA) is seeking your help in communicating important child health/safety information to patients and caregivers that have been prescribed the new albuterol inhalers containing HFA. The national transition from CFC propelled inhalers to HFA inhalers is the result of an international environmental treaty that stated CFC was an ozone depleting substance. As of December 31, 2008 the CFC propelled inhalers will no longer be available.

Currently there are three approved HFA inhalers: Proair HFA, Proventil HFA, and Ventolin HFA. In addition, an HFA propelled inhaler containing levalbuterol, a medicine similar to albuterol, is available as Xopenex HFA.

With this transition, school nurses need to advise their students and families of the following:

HFA inhalers may taste/feel different than the CFC inhalers. Notably, the force of the spray may feel “softer”. Patients will need assurance of the drug's same effectiveness as when CFC was used.

The HFA actuator must be cleaned under warm running water once a week in order to prevent it from becoming clogged and the medication not reaching the lungs. Please encourage patients/families to read the cleaning instructions that come with their inhalers.

The HFA inhaler needs to be “primed” before initial use. These instructions also accompany each inhaler and may vary.

Additional information, including a podcast, consumer article, and public service announcement can be found on FDA's website at <http://www.fda.gov/cder/mdi/albuterol.htm>



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New School Wellness Resource

School nurses are all about WELLNESS! With new requirements to form a Wellness Advisory Council if one did not already exist in your school district, everyone can use information/resources to assist in your efforts.

www.healthyweight.net/schools.htm is a new website from the Healthy Weight Network. It contains free school wellness materials and educational handouts that are based on the health-centered philosophy of health and well-being for children and adults of every size. They encourage the healthy living approach based on regular moderate activity, eating well without dieting and providing a nurturing environment. Some examples of their resources are:

Diagram: Healthy Students of All Shapes and Sizes – This visual model helps planners understand how all entities in schools and communities need to work together to promote the goal of healthy children of all sizes.

Guidelines For Child Obesity Prevention: Promoting Healthy Weight in Children – This 4-page paper developed by the Society for Nutrition Education, Weight Realities Division, offers a framework for planning wellness and obesity prevention programs. Special considerations exist to guard against doing harm to vulnerable students. Materials are also available in Spanish.

Continued Resources from healthyweight.net-

Weighing and Measuring Students in School – North Dakota position paper that recommends schools avoid weighing, except for special circumstances, due to potentially harmful emotional effects and misclassifications.

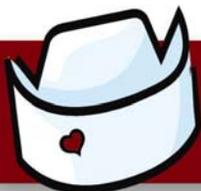
Handouts: Healthy Living Guidelines; Healthy Living at Any Size; Normal Eating; Top 10 Reasons Not to Diet; 5 Health Care Myths; and more. These materials can be printed off for use in committees, presentations, health fairs and newsletters. www.healthyweight.net (click handouts)

Examples of state guidelines designed to help without doing harm to vulnerable students. For more information contact:

Francie M. Berg, MS Editor and Publisher of **Healthy Weight Network**
402 South 14th Street, Hettinger, ND 58639 701-567-2646 fmberg@healthyweight.net

New Website to Address Underage Drinking

Missouri's Youth/Adult Alliance (MYAA) is excited to introduce their new website <http://www.myaa.org>. MYAA is a statewide coalition that assists local community efforts in addressing underage drinking. Their mission is to encourage advocates to reduce youth access to alcohol by implementing environmental and social policy changes in their communities. MYAA strongly promotes that preventing underage drinking is EVERYONE'S RESPONSIBILITY. Check out their website if YOU WOULD LIKE TO HELP MAKE A DIFFERENCE IN YOUR COMMUNITY!



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The Center for Tobacco Policy Research has Moved!

The Center has announced the combining of both Saint Louis University School of Public Health and Washington University's new Institute for Public Health, as an interdisciplinary initiative with ties to many of the university's departments and schools, including the School of Medicine and Siteman Cancer Center. The two resource centers will now provide a shared collaboration of the center, and an even greater resource of information. The new address will be:

Center for Tobacco Policy Research

Washington University in St. Louis

Campus Box 1009

700 Rosedale Avenue, St. Louis, MO 63112 <http://ctpr.wustl.edu>

New Film to Educate Teens About HIV/AIDS and Teen Sexuality

AETC, University of Missouri in Kansas City, Hickman High School in Columbia and Drury University in Springfield are recommending a new film by Paula Mozen, "**3 Girls I Know**". This award winning film is being used in 48 states at many high schools, community organizations, public libraries and University Health and Wellness Centers to educate young people about the consequences and alterations in their lives that can result from sexual decisions. The film is a documentary style film about three young women from three different areas of the country and three different ethnic backgrounds. They discuss the changes in their lives that have resulted from the impact of sexual decisions they have made. The film promotes personal responsibility and the need for greater HIV/AIDS awareness and sexuality education. For more information, go to <http://www.3girlsiknow.com>

State Office of Child Advocacy

The Office of Child Advocate (OCA) investigates complaints regarding allegations of child abuse or neglect. As an independent state office, the OCA operates out of the Truman Building in Jefferson City. The OCA appreciates the vital services provided by school nurses, and stands ready to act as "another set of eyes" in the ongoing effort to ensure the safety and well-being of our children. For more information go to <http://www.oca.mo.gov>

2007 YRBS Data Released

The Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, is pleased to announce the release of the 2007 Youth Risk Behavior Surveillance System *MMWR Surveillance Summary* and the 2007 National Youth Risk Behavior Survey data.

The *Surveillance Summary* includes results from the 2007 National Youth Risk Behavior Survey and results from 39 state and 22 local Youth Risk Behavior Surveys. The *Surveillance Summary*, new fact sheets, National Youth Risk Behavior Survey data files, and technical documentation are located at www.cdc.gov/yrbss. *Youth Online*, a web-based, data exploration system, also has been updated. **For additional information, please contact Danice Eaton, PhD, Division of Adolescent and School Health at 770-488-6143.**

The Youth Risk Behavior Surveillance System monitors six categories of priority health-risk behaviors among high school students – behaviors that contribute to unintentional injuries and violence; tobacco use; alcohol and



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other drug use; sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases(STDs), including human immunodeficiency virus(HIV) infection; unhealthy dietary behaviors; and physical inactivity. It also monitors obesity and asthma. *For answers to questions*, <http://www.cdc.gov/HealthyYouth/yrbs/faq.htm> DESE also has a powerpoint that might be helpful at- http://www.dese.mo.gov/divimprove/curriculum/newwebpages/documents/yrbs_95_07.pdf

News from ACTION FOR HEALTHY KIDS NEWSLETTER – June/July 08

Our Children's Health: Everyone's Challenge, Everyone's Business
By Nick Drzal, co-chair, Michigan Action for Healthy Kids

“Taking care of our health is essential for effective leadership”, was the theme of John Musso’s message in the January 2008 issue of School Business Affairs. Even though this was directed at school officials, it is Mr. Musso’s opinion that this subject applies to all staff within the school environment. He sites that *“according to the CDC, obesity affects more than 72 million American adults and one of every four children walking the halls of our schools”!* These statistics are staggering, however the causes are straightforward: “sedentary lifestyles fueled by our 24/7 fast-food culture, creating what some public health officials have described as the perfect storm for childhood obesity”. As adults, it is difficult to achieve peak performance without being healthy and likewise with our children. Poor nourishment and lack of physical activity can lead to poor attention in the classroom, lower school attendance, and reduced ability to learn, not to overlook the life-long effects of obesity on chronic health conditions such as cardiovascular disease, pulmonary disease, some types of cancer, and a host of emotional/psychological concerns. This is the site for the entire article you may use as reference: www.asbointl.org May 2008 School Business Affairs, an Action for Healthy Kids Partner Organization

NASPE Releases Position Statement on Physical Activity in Schools

The National Association of Sport and Physical Education (NASPE), recently released a new position statement that defines the most important elements of quality physical education and expands on the importance of school staff and parent involvement in comprehensive school physical activity programs. The statement, “Comprehensive School Physical Activity Programs”, is intended to inform and guide schools with physical activity opportunities and employee wellness programs. This is the site for more information: <http://www.naspeinfo.org>

News from PULSE – Monthly Newsletter from the Association of Maternal and Child Health Programs- June 08

Success Stories: MCH and Injury Prevention – Bullying Prevention

The Virginia Department of Health (VDH) implemented the Olweus Bullying Prevention Program in 45 schools across their state reaching almost 40,000 students in two years, beginning in 2006. As many other schools were realizing, the issue of bullying was coming up repeatedly for school staff. It was apparent that bullying had a widespread health impact and was related to depression, suicide, sexual violence, and other issues on which everyone agreed more needed to be done. The VDH researched programs available and the Olweus program was chosen. This is an evidence-based model program by Blueprints for Violence Prevention, the Substance Abuse



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and Mental Health Services Administration (SAMHSA), the Office of Juvenile Justice and Delinquency Prevention, and the United States Department of Education. For more information on Olweus, go to the Stop Bullying Now! website (<http://stopbullyingnow.hrsa.gov>) Representatives from the DHSS School Health Program attended training on Olweus in April 2008, so you may also contact marjorie.cole@dhss.mo.gov for more information. You may also contact Glenn Berry at Missouri Center for Safe Schools berryg@umkc.edu

Finding Funding for Injury and Violence Prevention

“How can we stretch out limited dollars to maximize our impact?” Sound familiar? Here were some tips for finding funding given in this June issue of PULSE:

Understand your needs (do a needs assessment).

Be timely and have a good/clear plan of action.

Look for a “local champion(s)” in your community for support.

Use data to illustrate risks and benefits.

Integrate, partner, and be persistent with your cause.

Demonstrate to others that “you are worthy of funding”, believe in yourself and your cause.

Stay “connected” with those you partner with.

For information on foundations providing resources for injury and violence prevention, check out the National Association of County and City Health Officials (NACCHO) website for the Foundation Funding Guide:

<http://www.naccho.org/topics/hdp/injuryprevention/funding.cfm>

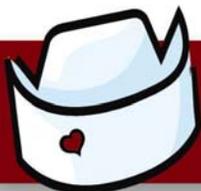
New Youth Health Educator in Bureau of HIV/STD and Hepatitis

Stephanie Washington is the new addition to the program, and is available to do school presentations on a variety of subjects pertaining to HIV and STD prevention. Stephanie also has access to a wealth of prevention materials and literature on this subject. To reach the Section for Disease Control and Prevention, Bureau of HIV, STD, and Hepatitis, Missouri Department of Health and Senior Services, call (573)751-6439.

How to Establish a Healthier School Environment for Your Staff and Students

The Alliance for a Healthier Generation is a joint initiative between the American Heart Association and the William J. Clinton Foundation. Its mission is to tackle one of our nation’s leading health problems – childhood obesity. The goal of the Alliance is to stop the nationwide increase in childhood obesity by 2010 by taking bold, innovative steps to help all children live longer and healthier lives.

The Alliance believes that helping schools is one of the most efficient and effective ways to shape the lifelong health and well-being of children and adolescents. That is why the Alliance has created the **Healthy Schools Program**, which supports schools across the country in creating healthier environments for students and staff. The program takes a comprehensive approach by helping schools improve access to healthier foods, increase opportunities for physical activity and establish school employee wellness programs. The Healthy Schools Program began in 2006 with funding from the Robert Wood Johnson Foundation. Any school in the nation can join the movement to build healthier schools by enrolling in the program at no cost.



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Benefits of joining the Healthy Schools Program include:

National recognition for their small victories and big successes.

Customized support on creating a healthier school environment through a liaison available by phone and email.

Implementation support and tools that are robust and informative to help schools work towards creating a healthier school environment and achieving recognition.

Networking opportunities with schools across the country on the quest for a healthier school.

A resource database that includes great resources and grant opportunities that will help schools implement healthy changes to promote physical activity and healthy eating.

FOR MORE INFORMATION OR TO JOIN TODAY, VISIT: www.healthiergeneration.org/schools or 1-888-KID-HLTH

State Radon Poster Contest

The State of Missouri Radon Program will be coordinating this year's State Radon Poster Contest in partnership with the National Safety Council and the U.S. Environmental Protection Agency for all children ages 9-14. The first place winner's poster will be entered into the National Radon Poster Contest sponsored by the National Safety Council and receive additional recognition. The winner of the National Poster Contest along with a parent and teacher will receive an all-expense paid trip to Washington, D.C., to attend the national award ceremony in January 2009. Details will be sent to the principals of all elementary and middle school/junior high schools in the state in mid-August. This is a great opportunity to involve the youth in Missouri in helping to spread the word about the ***second leading cause of lung cancer after cigarette smoking and the number one cause of lung cancer in non-smokers.*** For more information please contact Patty Osman, Indoor Air Quality and Environmental Surveillance, Bureau of Environmental Epidemiology, at (573)526-5282.

Asthma Program News

In the ***Worth Mentioning*** section of this newsletter, we have received articles from two of the four school districts that received the Community Asthma Linkages in Missouri Grant Award from the Missouri Foundation for Health earlier this summer. The four school districts were from Union, Kennett, Springfield, and School of the Osage. Congratulations!

The School Nursing Awards from the Missouri Asthma Prevention and Control Program at the Department of Health and Senior Services have been awarded. There are 54 awardees and projects must be completed by August 31st, 2008. Notice of these mini-grants was included in the March School Nurse Update. These grants provide funding for asthma care improvement projects conducted during the summer and can include education for coaches, working with parents on improving asthma action plans, developing asthma care recommendations for school officials, providing indoor environmental assessments, or some customized project that would improve the care of students with asthma in their communities.

There are plans to update The School Asthma Manual to include the new Expert panel Review Guidelines (EPR-3) and should be available on line in September 2008.



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If any school district is interested in hosting a training on asthma, please contact Peggy Gaddy RRT MBA, Asthma Program Coordinator, Chronic Disease Prevention and Nutrition Services Missouri Department of Health and Senior Services at peggy.gaddy@dhss.mo.gov. A minimum of 30 participants is requested, not to exceed 35. It can be done in partnership with a local hospital and/or licensed staff from physician offices. There are a limited number of trainings per year, so get your request in early!

Missouri Students WIN 2008 “National Fight the Bite” Poster Contest With the Help of School Nurses!

Missouri elementary students are helping educate the public about mosquito and tick bite prevention with creative posters. Four Missouri students were recognized as finalists by the Center for Disease Control and Prevention and the DEET Education Program in a ceremony in Atlanta this summer. The National winner was able to “attend” this ceremony!

National fifth-grade contest winner Peli Godden attends Disney Elementary School in Springfield. Her classmate Shinyoung Kim won the Missouri fifth grade contest and classmate Caity McDiarmid received an Honorable Mention for her entry. Jacob Otto from Immaculate Conception in Jefferson City won the sixth grade contest.

“I feel that it is important that students are aware of methods to avoid tick and mosquito bites because of Missouri weather and habitats,” says Disney teacher Sara Johnson. “This was a fun and educational way for students to learn this information.”

All winning posters are being shared nationally with public health educators and school nurses and can be seen at www.fightthebitecontest.org. The contest sponsors plan to incorporate the posters in future educational materials.

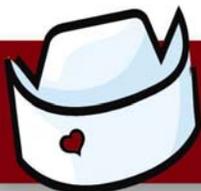
“It is exciting to see our young children grasping the concepts that we are trying to instill in our community and then using their voices to help us educate the public,” says Springfield Greene environmental and community health planner Karen McKinnis. “We hope these three local winners will inspire Springfield and Greene County residents to be more vigilant this year in eliminating mosquito habitat on their property.”

More information about diseases from mosquito and tick bites, repellent use and other prevention strategies can be found at www.dhss.mo.gov or the CDC web sites at www.cdc.gov/westnile and www.cdc.gov/ncidod/diseases/list_tickborne.htm. School nurses across the state helped get the information about the poster contest to the 5th and 6th grade teachers at their schools!

Worth Mentioning

Community Asthma Linkages in Missouri Grant Awards

Kennett school district is very excited about this wonderful opportunity. Last year it was learned that Dunklin County had the highest number of pediatric asthma admissions in Missouri, with only one hospital in the county located in Kennett. Kennett school nurse, Deb Cook knew she needed to do something to address this need, and asthma education was a key component to help with this problem. Key communicators from the hospital, local healthcare community and the school met to address this issue and are very pleased to have been awarded this grant to aid in this effort.



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The grant funding will provide a full time Asthma Care Educator in the school district and in the local pediatrician offices to provide education for patients and their families. School staff will also be provided up to date information to help them in working with students diagnosed with asthma, and community awareness will be addressed along with these issues over the next five years. Funding will also assist students that have been prescribed medications that they cannot afford. Congratulations Kennett!

The Union R-XI School District was also fortunate to receive the Childhood Asthma Linkages in Missouri (CALM) grant from the Missouri Foundation for Health. When Union applied for the grant, the district had over 10% of their student body that listed Asthma and or Asthma related illnesses/complications on their health information sheet. Working with Dr. Zupan of McCauley Clinic in Washington Missouri, the school plans to provide/present a comprehensive asthma program to their students, parents, staff and community. This includes plans to set up a database that will include: onset of disease/illness, medication, exercise program, nutrition, and physician for each student diagnosed with asthma. They will also track student attendance and their academics. Home visits will be made by the school nurse and school social worker to these identified students. Meetings will be held with the local physicians and the community. Funding will help provide needed equipment for students in their homes and for their treatment at school. Parochial schools and private schools within Franklin County are all being invited to share in this project. Union's school nurse Carol Generally will be in charge of this exciting project. Congratulations Union!

Centralia School IPM Project Recognition

Centralia VI school district has received recognition and a plaque at their June Board of Education meeting for their leadership in providing a safe learning environment by reducing risks from pests and pesticides through implementation of the Integrated Pest Management Program (IPM). The Missouri IPM program will be continuing to observe and study Centralia school's efforts to share their experiences and observations of what works and what doesn't at a national level. The IPM program team has been very pleased with the progress the school has made and has shared this at both national and regional meetings. "Centralia is one of the most progressive IPM programs they have had the pleasure to work with". Congratulations Centralia!

Lutie Receives Dental Grant

Lutie School District has received \$400,000 to use over the next four years for dental sealants, exams and cleanings for the five schools in Ozark County and one in Taney County. School nurse Kristi Williams reports this achievement for her school district and for the 2nd, 3rd and 7th graders of these school districts. Congratulations Lutie!

Websites and Dates to Note

The Office of Disaster Readiness newsletter can be found at http://www.dmh.mo.gov/diroffice/disaster/AdvanceNoticeMay08a_001.pdf

The Missouri Department of Health and Senior Services Oral Health Programs website address is www.mohealthysmiles.com



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Websites from the Missouri Department of Health and Senior Services Unintentional Injuries Program

Social networking safety: A Guide for parents

http://www.childrensafetynetwork.org/injury_news/shownews.asp?newsID=660

Bright Futures guidelines for health supervision of infants, children, and adolescents – Third edition

http://www.childrensafetynetwork.org/injury_news/shownews.asp?newsID=659

Bullying

http://www.childrensafetynetwork.org/injury_news/shownews.asp?newsID=669

Child Abuse and Neglect

http://www.childrensafetynetwork.org/injury_news/shownews.asp?newsID=670

19th Annual KIDS COUNT Data Book

http://www.childrensafetynetwork.org/injury_news/shownews.asp?newsID=680

Adolescent Health Care, Issues and Trends 2008 Training, September 17th, 2008

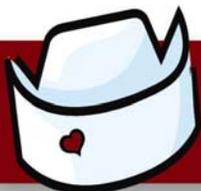
The Department of Health and Senior Services Adolescent Health Program, in partnership with Children's Mercy Hospitals and Clinics, Clay County Public Health Center, Missouri Chapter American Academy of Pediatrics, and other partners are sponsoring a training targeted to health and mental health professionals who care for adolescents. Topics to be addressed include Achieving Quality Health Services for Adolescents, Teen Immunization Update, Eating Disorders, Overweight/Obesity, OTC and Prescription Drug Abuse ("pharming"), Alcohol Use Trends, The Choking Game, and Cutting.

The training will be held at the Clay County Public Health Center in Liberty, Missouri on Wednesday, September 17, 2008. The training brochure will be posted on the Adolescent Health webpage at

<http://www.dhss.mo.gov/AdolescentHealth/Conferences.html> and will include a link to the online registration site. For more information, contact the Missouri Department of Health and Senior Services Adolescent Health Program at (573)751-6510.

The Thirteenth Annual Bi-State Regional Infectious Disease Conference is Friday October 10, 2008, at the St. Louis Airport Hilton. Keynote speaker is from the CDC on MRSA/VRSA and other hot topics such as Effectiveness of Flu Vaccine, Bloodstream Infections, Occupational Medicine Related to Body Substances, STD in Correctional Facilities and more. Speakers are nationally known and local experts in their field. Visit www.bistateidconference.org or contact Pat Giancin at pgiacin@touchette.org. Conference cost of \$85.00 includes continental breakfast and lunch, handouts, CEU's, exhibits and parking.

School Nursing Practice –An Orientation – An Introduction to the Practice of School Nursing(New School Nurse Orientation) September 25-26-27, 2008 at Tan-Tar-A's Resort in Osage Beach. To register go to www.missourischoolnurse.org



SCHOOL NURSE UPDATE

Missouri Department of Health and Senior Services

MU Office of Continuing Medical Education – University of Missouri School of Medicine will present “Pediatric Infectious Disease Telehealth CME Series”, moderated and presented by Dr. Michael S. Cooperstock M.D. from the University of Missouri Department of Child Health. The first in the series will be presented on *September 4th, 2008 from 12 noon until 1 p.m. – “Influenza: Disease and Prevention”*. *The second will be January 29th, 2009 from 12 noon until 1 p.m. – “Immunization Update”*, and the last will be *April 16th, 2009 from 12 noon until 1 p.m. – “Tick Borne Diseases in Missouri”*. Mark your calendar! These teleconferences are open to all interested primary health care team members. They will be received in Jefferson City Department of Health and Senior Services at the 912 Building on Wildwood. Space is limited, so you must contact erin.hart@dhss.mo.gov to attend.

To inquire about other sites you may contact Lindsey Beckman at beckmannli@health.missouri.edu or go to http://telehealth.muhealth.org/general%20information/geninfo_sites.html

Cerner Conference on October 5th and 6th, 2008 at Bartle Hall Convention Center in Kansas City, Missouri. Cost for registration is \$75.00 and includes the meals during the day, and the conference packet. Contact Brie Cantrell, Program Manager, at brie.Cantrell@cerner.com

6th Annual Missouri Health Policy Summit October 31st, 2008, at the Hilton Garden Inn in Columbia, Missouri. Topics will be centered around childhood obesity and health literacy. For information or to register go to <http://som.missouri.edu/CME/>

82nd Annual American School Health Association Conference November 12th-15th, 2008 will be at the Hyatt Regency Downtown Tampa, Florida – “Finding Common Ground in Human Sexuality and Other Adolescent Health Issues”. For more information or to register, contact Mary Bamer Ramsier at MBRamsier@ashaweb.org or go to the web at www.ashaweb.org/annual_conferences.html

Coordinated School Health Conference December 4th-6th, 2008 at Lodge of the Four Seasons in Lake Ozark, Missouri – “School Health: Educating the Whole Child”. For more information or to register go to www.healthykidsmo.org



The Department of Social Services provides many services for Missouri children through the MO HealthNet for Kids (MHK) Program, the state’s healthcare program for children. Two divisions within the department, the Family Support Division and the MO HealthNet Division coordinate to provide these services

Do Your Children Need Health Coverage?

Through the MO HealthNet for Kids program, children receive full, comprehensive coverage including primary, acute and preventative care, hospital care, dental and vision care as well as prescription coverage.

A MO HealthNet for Kids website portal www.dss.mo.gov/mhk/index.htm has been created to help you find information on how to apply, who is eligible, what benefits are offered and how to find a doctor in your area. Make sure to check out the new Online Application!

Children may be eligible for MO HealthNet for Kids (SCHIP) if:

- they are under age 19;
- they have been uninsured for 6 months or more (some exceptions apply); and
- their family's income is below the following amounts:

FAMILY SIZE (Family size includes parents)	Maximum MONTHLY Family Income			
	2	3	4	5
INCOME (Subject to change annually)	\$3,500	\$4,400	\$5,300	\$6,200

Some families may be required to pay monthly premiums.



& other Missouri Health Insurance Programs

1-888-275-5908

Language translation services available

Text Telephone: 1-800-735-2966

TDD Voice Access: 1-800-735-2466

www.dss.mo.gov/mhk/index.htm