

Asthma Management And Education Online Program – An Interactive Resource For Allied Health Professionals

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ABOUT

Asthma Management and Education Online (AME-O) program is an interactive web-based course structured around the National Heart, Lung, and Blood Institute's "Four Components of Asthma Management". AME-O prepares allied health (AH) professionals to deliver comprehensive asthma management and education to patients.

Audience:

Allied health professionals, including respiratory therapists (RT) and nurses in school, public health, and primary care settings who provide asthma care and education to patients

Length of Program:

Approximately 7 hours

Continuing Education Credit:

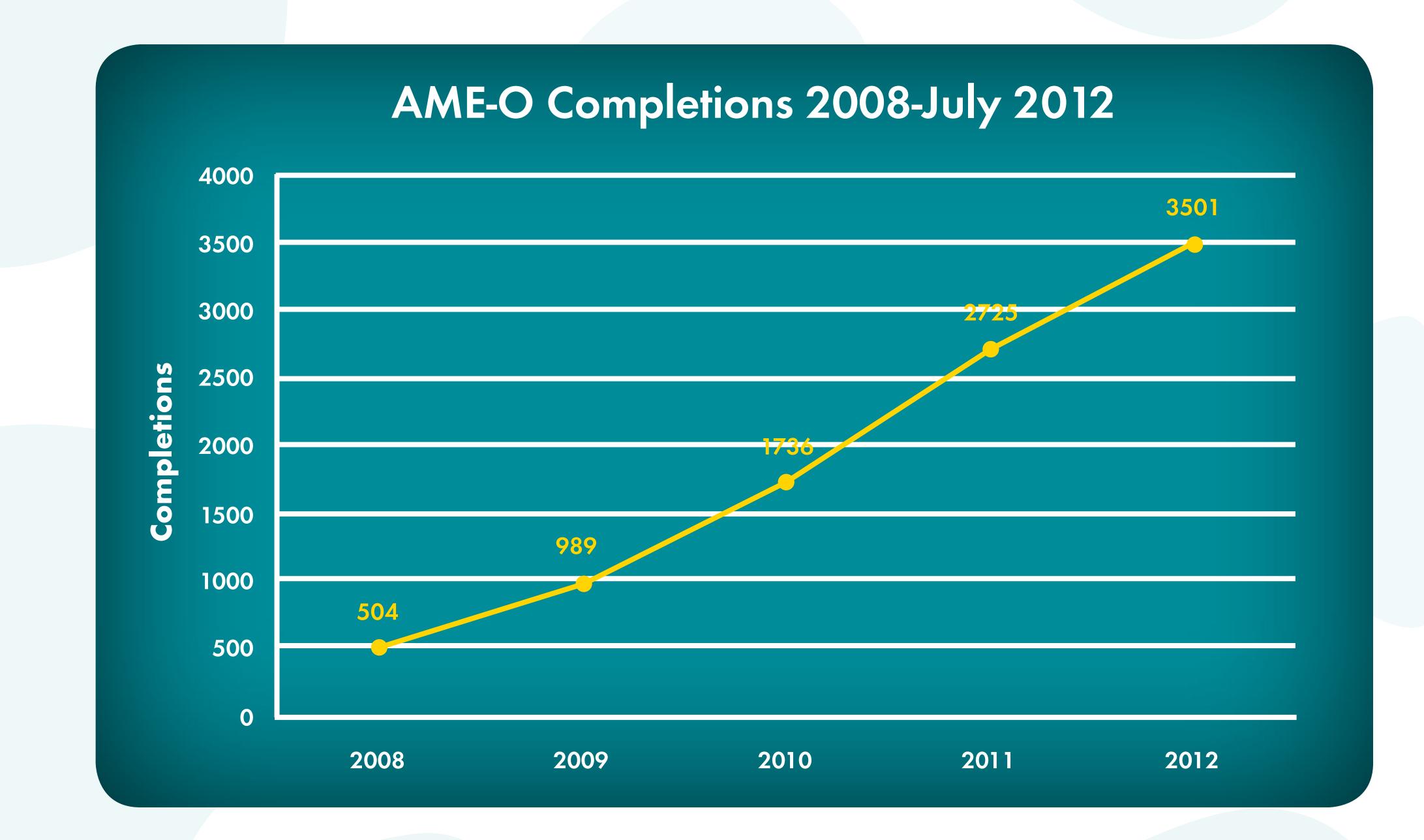
Nurses and RT's earn 7 continuing education credits from the American Nurses' Credentialing Center's Commission on Accreditation (ANCC) or the American Association for Respiratory Care (AARC)

Cost:

No charge

Each component of this web-based course contains sound-enabled, animated lectures and interactive exercises designed to verify competence and qualify participants for CE credit.

There is also a reference section, which includes the lecture transcripts, a hyperlinked glossary of 200 technical terms, and a detailed help book.





GOALS

- Improve the type and quality of care provided to people with asthma
- Reduce exposure to indoor triggers for children and adults with asthma
- Improve communications between patients and health care professionals

COURSE OUTLINE

I. Introduction

- Facts about Asthma
- Myths about Asthma

II. Component 1: Assessment and Monitoring

- Diagnosis and Severity of Asthma
- Measurement of Lung Function

III. Component 2: Control of Environmental Factors

- Environmental Allergens
- Irritants and other factors

IV. Component 3: Pharmacologic Management

- Pathophysiology
- Bronchodialator medication
- Anti-inflammatory medication

V. Component 4: Patient Education

- Partnership with the patient
- Inhaler and Peak Flow Meter technique

Contact Information:

For more information, please contact Liana Burns, Manager of Policy and Programs, at 202-466-7643 ext. 252 or liana@aafa.org

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The Asthma and Allergy Foundation of America (AAFA) is a not-for-profit organization founded in 1953 dedicated to improving the quality of life for people with asthma and allergic diseases through education, advocacy and research.