

*Join us as we honor America's heart & soul -  
our rural citizens & communities!*

# National Rural Health Day

*Celebrating the Power of Rural!*



**11.21.13**

National Organization of  
State Offices of Rural Health

**COLLABORATION**

**Partnering with  
State Offices of  
Rural Health and  
other stakeholders**

- Improving access to quality health care
- Expanding the rural health workforce
- Reducing oral & behavioral disparities
- Strengthening rural hospitals
- Broadening the reach of health information technology
- Enhancing rural emergency medical services

[www.nosorh.org](http://www.nosorh.org)

**Rural communities - and the people that call them home - are the heart and soul of America.** These are communities where people know each other, listen to and respect each other, and work together for the greater good. They are communities fueled by the creative energy of their leaders - ordinary individuals who are willing to step forward, share their vision, and drive changes that benefit their neighbors.

**But rural communities also face daily challenges keeping our heart “healthy.”** Today more than ever, rural communities must confront accessibility issues, a lack of healthcare providers, an aging population suffering from a greater number of chronic conditions, and larger percentages of un- and underinsured citizens. Rural hospitals, which are frequently the economic foundation of their communities, struggle daily to overcome fiscal hurdles that inhibit their ability to care for citizens. State Offices of Rural Health and other rural stakeholders work together on sharing resources and creating innovative models of care, but more work remains to help overcome the health disparities faced by rural citizens.

**That is why we encourage you to join NOSORH and all 50 State Offices of Rural Health for our third annual National Rural Health Day on November 21, 2013.** National Rural Health Day provides an opportunity to honor the selfless, community-minded, spirit that prevails in rural America. It also gives us a chance to bring to light the unique healthcare challenges that rural citizens face – and showcase the efforts of rural healthcare providers, SORHs and other rural stakeholders in meeting those challenges.

NOSORH, SORHs and others already have a host of events planned on or around November 21, but **we’d love to see more!** Please visit our website or contact Bill Hessert (814.231.1213, [billh@nosorh.org](mailto:billh@nosorh.org)) to learn how you can help spread the word and/or plan your own National Rural Health Day celebration!

[celebratepowerofrural.org](http://celebratepowerofrural.org)

