

Rural Spotlight

3rd Quarter



The Month of September is:

National Childhood Obesity Awareness Month

There is no challenge more urgent than protecting the health and wellbeing of our children—now, and as they grow.



Over the past several decades, childhood obesity has grown to epidemic proportions. More than 23 million children and teenagers are obese or overweight. That's roughly one child in every three. Some groups are disproportionately affected.

These youngsters risk developing serious health problems in adulthood, such as heart disease, type 2 diabetes, stroke and several types of cancer. The financial impact is a sobering \$14 billion per year in direct health care costs alone. The psychosocial consequences can hinder these kids academically and socially.

In observance of National Childhood Obesity Awareness Month this September, organizations, advocates and families nationwide are again planning events and activities to build awareness of childhood obesity and ways to combat it.

The fight against childhood obesity gains momentum in September, and the results can last a lifetime. All children deserve a healthy start in life; it's our responsibility to make that possible.

For more information please visit [National Childhood Obesity Awareness Month](#) website. For childhood obesity data specific to Rural Missouri, please view the Missouri Department of Health & Senior Service's [Childhood Obesity in Rural Missouri Report](#), and available [Child and Adolescent Tool Kit](#); or visit the [Centers for Disease Control and Prevention](#).



Quarterly Highlight

2016 Health Infrastructure Investment Program Awards

CONGRATULATIONS to Eight Missouri Health Clinics for receiving the US Department of Health and Human Service's (HHS), Health Infrastructure Investment Program Awards. This funding will be used for facility renovation, expansion, or construction to increase their patient capacity and to provide additional comprehensive primary and preventive health services to medically underserved populations.

As Announced:

"Health centers are cornerstones of the communities they serve," said Secretary Burwell. "Today's awards will empower health centers to build more capacity and provide needed health care to hundreds of thousands of additional individuals and their families."

To view the full article, please visit the [Health and Human Service's](#) website.

Missouri's FY2016 Health Infrastructure Investment Program Award Winners

(Awards totaling \$7,903,440 will serve a projected 19,158 additional patients)

1. Community Health Center of Central Missouri - Jefferson City
2. Douglas County Public Health Services Group, Inc - Ava
3. Family Health Center of Boone County - Columbia
4. Myrtle Hilliard Davis Comprehensive Health Centers, Inc - Saint Louis
5. Northwest Health Services, Inc - St Joseph
6. Pathways Community Behavioral Healthcare - Clinton
7. Richland Medical Center Inc - Richland
8. Swope Health Services - Kansas City

If you, your staff, a rural health facility or hospital in your Community, have received an award or recognition for a job well done; we would love to highlight their accomplishments in our Rural Spotlight Newsletter.

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Upcoming Observances

July

Cord Blood Awareness Month

International Group B Strep

Awareness Month

Juvenile Arthritis Awareness

Month

National Cleft & Craniofacial

Awareness & Prevention Month

28—World Hepatitis Day

August

Children's Eye Health & Safety

Month

National Breastfeeding Month

National Immunization

Awareness Month

Psoriasis Awareness Month

1 –7World Breastfeeding Week

7 - 13 National Health Center

Week

22 - 26 Contact Lens Health

Week

September

Childhood Cancer Awareness

Month

Fruits & Veggies—More

Matters ® Month

Healthy Aging ® Month

National Atrial Fibrillation

Awareness Month

National Food Safety Education

Month

National Preparedness Month

National Sickle Cell Month

National Traumatic Brain Injury

Awareness Month

Newborn Screening Awareness

Month

Ovarian Cancer Awareness

Month

Pain Awareness Month

Prostate Cancer Awareness

Month

Sepsis Awareness Month

Sexual Health Awareness

Month

Sports Eye Safety Month

Whole Grains Month

World Alzheimer's Month

5 - 11 National Suicide

Prevention Week

13 National Celiac Disease

Awareness Day

18 - 24 National Farm Safety &

Health Week

18 National HIV/AIDS & Aging

Awareness Day

22 Falls Prevention Awareness

Day