



# Central Regional Alliance Meeting Minutes

May 9, 2013  
11:00 a.m. – 12:00 p.m.  
Conference Call

- Welcome/Introductions:** Nancy Foster, Joseph Palm, Karlin Kilburn, Pamela Kelley, Carmen Williams, Eduardo Crespi, and Valerie Butler were in attendance and introduced themselves.
- Update from Mr. Joseph Palm:** OMH Chief gave a brief update on activities at the state level as well as what other alliances are engaged in. We have (6) regional alliances across the state, (Central, Eastern, Southwest, Northeast, Northwest, Southeast). Goal for Central Regional Alliance is to increase membership. Mr. Palm also cautioned that our focus needs to be on African Americans and Latinos around domestic violence. The Office of Minority Health participates in lots of activities across the state to improve health equity we could provide \$3,000 a calendar year in financial support, as well as, technical expertise towards and community health event. We currently have a sponsorship form that can be accessed on our website at [www.health.mo.gov](http://www.health.mo.gov). He also shared that Idalia McNulty will be joining OMH as a Health Program Representative III. She is bilingual, English and Spanish.
- Update on Focus Areas: Obesity and Domestic Violence** – The group discussed the possible target population, and inclusion of veterans dealing with combat stress. Nancy is just beginning the curriculum and presentations with young boys and with Centro Latino. Evidence and research which has been effective in addressing mental health and physical violence, (In Her Shoes: Living with Domestic Violence, a simulation). Focus should be mostly on men but foremost the general public, majority of violence lie in the minority community verses upper level communities.
- Follow-up Discussion from Last Meeting: Collaborators, Partners, and New Members:** This agenda item was not discussed.
- Update on What's Possible Around Focus Areas (Funding) – Scope of Work:** Eduardo gave an update on Centro Latino's activities and their recent health literacy expansion into Joplin, MO. Eduardo is also teaming up with Nancy Foster, True North, on a U.S. Department of Justice (DOJ) grant focused on domestic violence and the Latino population. The Alliance was asked to review the narrative sent to DOJ.
- Next Steps:**
  - New partners and collaborators.
  - Narrative of Violence Program at Centro Latino (Project Goals and Objectives).

## Special notes:

Next conference call meeting is August 8, 2013 at 11:00 a.m. Please dial 866-630-9356 to be connected to the call.

## **Grant Narrative**

### True North's Outreach Prevention Education Program (OPEP) -Engaging Boys and Men in Preventing Sexual Assault, Domestic Violence, Dating Violence and Stalking

Program is a collaborative effort of True North of Columbia (the only domestic violence and sexual assault shelter/victim services program in Columbia, Missouri) and Centro Latino (an agency providing services specifically for Latino persons). The project's goal is to engage boys and men between the ages of 14-21 in violence prevention through education and outreach and to create behavioral shifts by providing opportunities for males (ages 18-24) to adopt leadership roles in facilitating violence prevention education activities. To accomplish this goal, project staff will:

- a) Maintain an effective collaboration with agency partners.
- b) Engage male teens in violence prevention activities by providing classroom-based prevention education sessions.
- c) Increase the engagement of male teens in violence prevention activities by facilitating extra-curricular empowerment groups.
- d) Increase the engagement of older males (aged 18-24) in violence prevention by facilitating and promoting leadership roles within empowerment groups.
- e) Engage Latino teens in preventing violence against women by establishing multi-lingual, culturally-relevant, extracurricular empowerment groups.
- f) Engage the Latino community (specifically males aged 18-24) in violence prevention activities by developing, distributing, and posting Spanish-language and culturally-relevant prevention flyers and service brochures.

The project will have served at least 3,000 boys and men ages 14-24 by the funding period's end.