Development

If you could trade places with anyone in the world, who would it be? Why?



#### Ice Breaker

What would the world be like if everyone was the same?



Think about life in elementary school. What do you miss about it? What don't you miss?



Think about life as a teenager. What do you like or are excited about? What don't you like or makes you nervous?



What does puberty mean to you?



## Keep going!

How does it affect male and female bodies differently?



What physical changes have you experienced?



What was the hardest change for you? Where did or could you go for advice?



What emotional changes have you experienced?



### Keep going!

What was the hardest change for you? Where did or could you go for advice?



Body changes start at all different times. How would it feel to be one of the first or last to go through these changes?



## Keep going!

Are your friends going through the same body changes? How do you compare?

