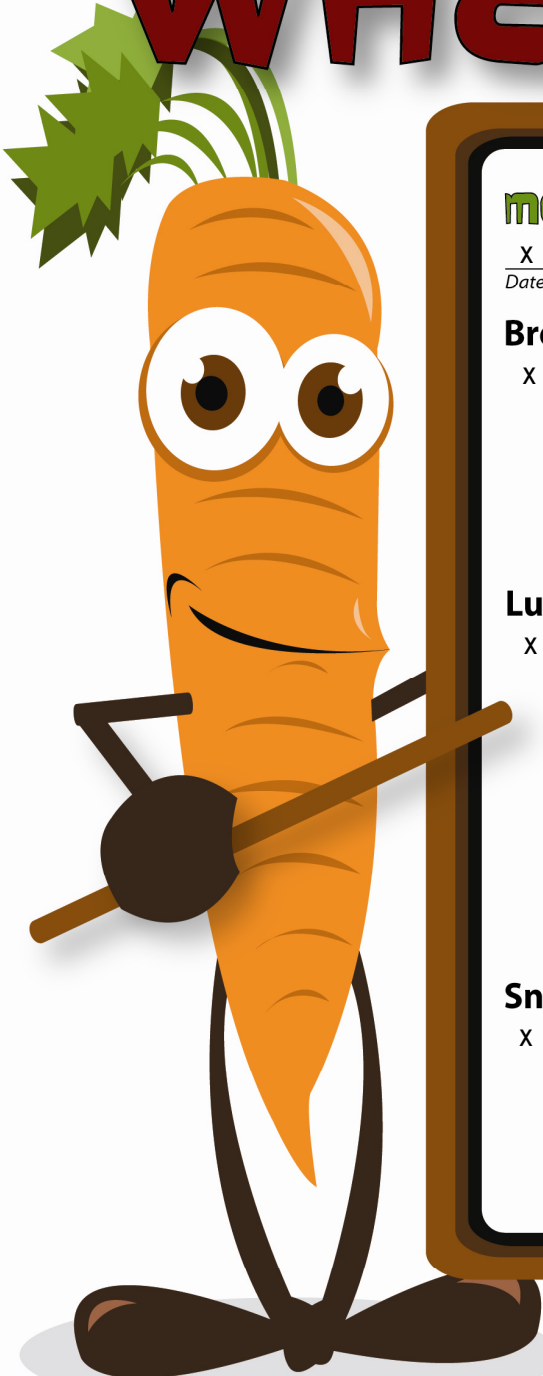


WHAT'S TO EAT THIS WEEK?



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u> X </u> Date	<u> X </u> Date	<u> X </u> Date	<u> X </u> Date	<u> X </u> Date
Breakfast X	Breakfast X	Breakfast X	Breakfast X	Breakfast X
Lunch X	Lunch X	Lunch X	Lunch X	Lunch X
Snack X	Snack X	Snack X	Snack X	Snack X



Carlton Carrot's Menu Template

Use this eye-catching form to post your child care menus for families.

To use the form:

- Save the form on your computer and name it something like “Master Menu Form” or “Original Menu”. Do not type on this copy.
- For each week's menu, save the master as a new Word document. If you accidentally mess up the form and don't know how to fix it, you can always go back to the original.
- When you click on or near each x, a text box will appear. Delete the x and type in your dates and menus for each meal.